Incoming Board Member Questionnaire

Response ID:11 Data

1. (untitled)

1. Full/Formal Name (please include designations)

Ameet Nagpal, MD, MS, MEd, MBA

2. For internal/Board Meeting purposes, how do you want your name to appear on meeting tent cards?

Ameet Nagpal, MD, MS, MEd, MBA (if it's just first name then "Ameet")

3. Tell members a little bit about yourself -- your practice; your life outside of work.

My Practice:
I am the Division Chief and System Medical Director of PM&R at Medical University of South Carolina (MUSC). My clinical practice includes the treatment of chronic pain using conservative and interventional treatment options. A great deal of my time, however, is spent in administration and overseeing our complicated PM&R program that is predominantly centered in Charleston but is growing across our 19 hospitals across the state of South Carolina.

Life Outside of Work:
I have a beautiful wife who is an OB/GYN here in Charleston, and two children (David - 12, and Shayna - 8). We also have a cat (Cheerios) and a dog (Nutella). Whenever I'm not at work, I spend as much time as I can with my family. I am also an avid New York sports fan (Mets, Giants, and Knicks).

4. What accomplishments/honors are you particularly proud of that you would like to share with members?

When I arrived at MUSC 4 years ago, PM&R was absent, in spite of the fact that we have a Level 1 trauma center and we are a quarternary care healthcare destination. Since I started, we have hired 12 full time physicians, grown throughout our healthcare system, started a residency, and produced a sizeable research platform in just a short 4 years.

5. What have you advanced in your local community outside of or in conjunction with your medical practice?

Our patients in the Lowcountry had little to no access to physiatric care before MUSC began building a robust PM&R clinical program. We did have inpatient rehabilitation hospitals, but there was very little follow-up for the majority of patients. We have now built a strong program in Charleston, we are building one across the state of South Carolina, and as we graduate residents, it is my hope that they will stay here and continue to offer more and more services to patients that were not available previously.

6. What special skills or unique attributes do you bring to the Board of Governors?

I have been a volunteer with AAPM&R for 14 years and I am well versed in the organizational activities that the Academy provides for physiatrists across the country and the world. Additionally, I have a long-standing history of building academic medical programs in two different healthcare systems during my career, and that background will be integral to my involvement with the Academy.

7. What is a current or future challenge to the Academy or the specialty that you look forward to addressing as a Board Member?

Restrictions from CMS and insurance payers have tightened and tightened over my career. It only continues to worsen and these restrictions are strangling healthcare, specifically for our most vulnerable populations. I am excited to advocate for our patients with the Academy to work with CMS and other payers to loosen restrictions on the physician-patient dyad.

8. What have we not asked you that you think members should know about you?

A fun fact about me is that I once owned 2% of a brewery and I have a particular passion and love for craft beer.

9. Please upload a professional headshot. This headshot will be posted on the Academy's website.

If you do not have a professional headshot, let us know in the Comments section below.

Comments: I have a headshot but apparently the file is too large to upload here, I can e-mail it separately.