Incoming Board Member Questionnaire

Response ID:14 Data

1. (untitled)

1. Full/Formal Name (please include designations)

Jonathan Harris Whiteson

2. For internal/Board Meeting purposes, how do you want your name to appear on meeting tent cards?

Jonathan Whiteson

3. Tell members a little bit about yourself -- your practice; your life outside of work.

I was born and grew up in London... Completed medical school there and a 5-year residency in internal medicine. Came to NYC in 1994 for my wife (Janine - American!) and for PM&R. Fell in love with cardiac and pulmonary rehab as a PGY2 and never looked back! Since completing cardio-pulmonary rehab fellowship in 1999 I have practiced in all areas of the care continuum - ICU / acute care consults, IRF, SNF, outpatient, focusing on cardiac and pulmonary rehab. I was medical director of the cardiac and pulmonary rehab program and vice chair of clinical operations at Rusk, NYU Langone Health until May 2026. I was appointed chair of the department of rehabilitation in May 2026.

Outside of work I have enjoyed watching my two boys become fine young men! Harris is doing internal medicine residency at Cedars Sinai, LA, on his way (he hopes!) to becoming a heart transplant cardiologist. Ellis will graduate from Emory and heading into the investment banking world. I am proud of the caring human beings they are! The true love-of-my-life: Janine, my wife / life partner for over 40 years (we met in '85 and married in '91) - a continuous journey of discovery and growth! I love reggae! I play soccer when my knees allow me! I love to eat 'clean' - from the earth...and would cook more if Janine would let me but she's the boss of that department, so I just eat!

4. What accomplishments/honors are you particularly proud of that you would like to share with members?

It has been an honor to be a part of AAPM&R's Board of Governors as chair of the Specialty Brand Expansion committee. I am passionate about bringing PM&R's value to our patients and to all stakeholders and constituents in healthcare. I look forward to continuing to represent all physiatrist's through my ongoing BOG work.

5. What have you advanced in your local community outside of or in conjunction with your medical practice?

6. What special skills or unique attributes do you bring to the Board of Governors?

I am deeply 'patient-centric' in my perspectives - we are here to 'serve' patients in need of physiatric expertise. It is that focus on exceptional patient experiences and outcomes that drives me in all areas of my work and especially on the Board of Governors.

Beyond that, I am not so sure I have 'special skills' or a 'uniqueness' that others on the BOG don't have. We are a 'diverse' group bringing our individual backgrounds, personalities and professional paths forming a kaleidoscopic perspective and a vibrant balance our board needs.

7. What is a current or future challenge to the Academy or the specialty that you look forward to addressing as a Board Member?

I have always believed the specialty of Physical Medicine and Rehabilitation spanned the world of medicine - the youngest to the oldest, the continuum of care from ER / ICU to community, for all acute and chronic disabling conditions. Ensuring we have a balanced PM&R workforce to meet all current and future needs of patients and health systems is essential to the strength and survival of our specialty.

8. What have we not asked you that you think members should know about you?

9. Please upload a professional headshot. This headshot will be posted on the Academy's website.

If you do not have a professional headshot, let us know in the Comments section below.

Comments: i will send headshot separately...