

Miguel X Escalon, MD, MPH, FAAPMR

**Your Practice**

I practice at the Icahn School of Medicine at Mount Sinai primarily in neurorehabilitation. I see inpatients with both spinal cord and brain injuries and I really enjoy the longitudinal care that affords. My outpatient work is primarily focused on spasticity management.

**Your life outside of work**

I am a husband and father of three kids (Rose - 6, Sienna - 5 & Javi - 2) and we love to be outside hiking, picking apples or getting into general toddler-related mischief.

**What accomplishments/honors are you particularly proud of that you would like to share with members?**

I am honored to serve as the PM&R residency program director as well as the brain injury fellowship director at Mount Sinai. Building programs and teaching intrepid young minds what it means to be a physiatrist and how to think about patients' lives holistically is very rewarding to me.

**What have we not asked you that you think members should know about you?**

I am proud to be a physiatrist and am excited to be more involved in the academy.