

Rita Glynn Hamilton DO, FAAPMR

Your Practice

I was born and raised in Arkansas. I am an only child. My parents owned a grocery store in the town where I was raised - so I grew up learning to work and deal with all types of people. I am a first generation to go to medical school. My practice is focused on Spinal Cord Injury Medicine. I currently serve as the residency program director. I have been in this position since 2008. I also hold many other administration titles.

Your life outside of work

Outside of work, I love all things outside - especially going to our place in Arkansas on Lake Greeson. I spend a lot of time with my Great Danes - Eddie and Alex and my husband - Scottie.

What accomplishments/honors are you particularly proud of that you would like to share with members?

Finally - this last cycle after many attempts - becoming an SCI model system rehabilitation hospital. Recently I received the Select Medical Physician Champion Award for 2024 and in June I was inducted into the Stamps High School Athletic Hall of Fame. Some of the highlights for me are when a resident that has graduated sends me a picture or a "thank you" note for their time with us. Also, when my patients succeed at life as an SCI with their new normal and let me know how much they appreciate me going along with them on this life journey.

What have we not asked you that you think members should know about you?

A random Rita fact: I grow my hair out and cut it off and donate the inches for wigs every 5 years or so. I love to stay busy with any and all things.