

Carla P. Watson, MD, FAAPMR
Chair, Inclusion and Engagement Committee

Tell members a little bit about yourself.

Your Practice

My current practice is employed within a multi-hospital system as a physician advisor working with administration, case management and utilization review within the Midwest region. The clinical piece of my practice involves performing NCS/EMGs and inpatient consults for one of our community hospitals in Evergreen Park, IL.

Your Life Outside of Work

Outside of medicine and within my community, I teach dance classes to high school students as well as provide dance wellness workshops to various dance studios. I have four children ages, 16, 18, 21 and 25 that continue to bounce in and out of the nest. For the past three years, I have enjoyed my role as chair of the Diversity and Inclusion Committee, but I look forward to serving on the Board of Governors. It is an ever-changing climate within our specialty and certainly within the medical field. I accept the challenges that come with creating space for evolution and elevation within AAPM&R.