



Navigating the Opioid Crisis: Perils, Pitfalls, and Practical Solutions

November 30-December 1, 2018

NYU Langone Health

New York, NY



SPONSORED DISTRIBUTION OPPORTUNITY

Ability for AAPM&R to distribute handouts to attendees at the course and the hotel. This is a great way to reach a targeted audience with your message.

Fee: \$3,000

EDUCATIONAL GRANT

AAPM&R is seeking support of the educational content. Supporter will be disclosed to learners and faculty on the AAPM&R website, on signage and verbally at the course and on meeting materials.

Fee: \$3,000

BOTH OPPORTUNITIES: \$5,500

"This is a critical course during a critical time for practicing physiatrists across the nation. This practical and unique course brings together the experts and thought leaders from across the country to help you better understand and navigate the rocky waters of pain management in a psychiatric practice. This is a must discourse for all practicing physiatrists that touches upon all medico-legal-societal issues."



Charles Kim, MD, CAC, FAAPMR
Course Director

ABOUT THE COURSE

- 2-Day intensive course for PM&R physicians who treat patients with pain
- Up to 75 learners
- 14 faculty

For detailed information about the important course, including the full agenda and faculty listing, [visit the AAPM&R website](#).

FOR MAXIMUM EXPOSURE, ACT TODAY!

For more information, please contact Sharon Popielewski at (847) 737-6048 or spopielewski@aapmr.org.



Agenda (Subject to change.)

Friday, November 30

7:00 am – 8:00 am	Breakfast & Registration
8:00 am – 8:30 am	Welcoming Remarks, Course Format <i>Course Directors</i>
8:30 am – 9:15 am	The Epidemiology of the Epidemic <i>Maxim S. Eckmann, MD</i>
9:15 am – 10:00 am	So You're Going to Prescribe An Opioid: Monitoring & Management <i>Marco Pappagallo, MD</i>
10:00 am – 10:30 am	Break
10:30 am – 11:30 am	Federal Law and Regulations in Dispensing Controlled Substances <i>James "Jim" Arnold, Chief, Liaison & Policy Diversion Control Division, DEA Headquarters</i>
11:30 am – 12:00 pm	Q&A
12:00 pm – 12:45 pm	Lunch
12:45 pm – 1:45 pm	Interactive Case Discussions: Recognizing and Treating Addiction Moderator: <i>Saloni Sharma, MD, FAAPMR</i> Faculty: <i>Maxim S. Eckmann, MD, Marco Pappagallo, MD, Steven P. Stanos, DO, R. Corey Waller, MD, MS</i> Real-life cases will be presented to highlight different aspects of recognizing and managing patients at risk for or suffering from opioid addiction. Participants are invited to bring their own cases to share and get feedback.
1:45 pm – 2:30 pm	So You're NOT Going To Prescribe Opioids: The Burden of Patient Satisfaction <i>Steven P. Stanos, DO</i> This session will discuss strategies for how to "satisfy" patients and protect your practice while providing appropriate care to patients seeking opioids when they are not clinically indicated.
2:30 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Practice Safety: Protecting Yourself and Your Staff from Violence <i>R. Corey Waller, MD, MS</i> A physiatrist was recently murdered in relation to a refused request for an opioid prescription. This session is to provide participants with strategies for recognizing warning signs that a patient may be dangerous and practical safeguards and strategies for protecting your patients, staff, and self.
4:00 pm – 5:00 pm	Interactive Case Discussion: How to Manage Challenging Patient Encounters Moderator: <i>Charles Kim, MD, CAC</i> Faculty: <i>Maxim S. Eckmann, MD, Marco Pappagallo, MD, Steven P. Stanos, DO, R. Corey Waller, MD, MS</i> This case-based session will focus on unique and challenging patient scenarios that physiatrists may face in day-to-day practice of pain and opioid management. Participants are invited to bring their own cases to share and get feedback.
5:00 pm – 6:30 pm	Reception

Saturday, December 1

7:00 am – 8:00 am

Breakfast

8:00 am – 8:15 am

Welcome and Debrief from Day 1: Any questions or hot topics?

Course Directors

8:15 am – 9:00 am

Opioid Communication with Referral Sources: Educating Other Providers

Saloni Sharma, MD, FAAPMR

This session will include a practical discussion of how to partner with other providers such as ER and primary care physicians to prepare patients for referral when prescribing opioids.

9:00 am – 9:45 am

What is the Evidence that Mindfulness is Effective for Pain and Addiction?

Patricia A. Bloom, MD

Dr. Bloom will use brief experiential practices with participants to demonstrate what mindfulness is, and discuss the theoretical basis for why it alleviates pain, as well as breaks the cycle of addictive behaviors. She will present the leading studies supporting its use as an adjunct to conventional therapy for both acute and chronic pain, as well as studies supporting its efficacy for addiction, including opioid misuse.

9:45 am – 10:15 am

Break

10:15 am – 11:15 am

Cannabis for Pain

Ari C. Greis, DO

This session will discuss the evidence base for cannabis as an option, as well as regulatory issues from a federal perspective, including the ability to prescribe and do research.

11:15 am – 12:15 pm

Interventional Alternatives to Opioids in Pain Management: New Directions

Charles Kim, MD, CAC, Saloni Sharma, MD, FAAPMR,

Ameet Nagpal, MD, MS, MEd, Christopher G. Gharibo, MD

A series of brief lectures will be presented on new directions in interventional alternatives to opioids, including peripheral nerve stimulation, high frequency stimulation, DRG, novel rate of frequency, and ablation procedures.

12:15 pm – 1:00 pm

Lunch

1:00 pm – 2:30 pm

Regenerative Medicine for Pain: Evidence-Based Treatment Strategies

Joanne Borg-Stein, MD and Mehul J. Desai, MD, MPH

This session will provide a comprehensive overview of the current state of regenerative medicine, from PRP to more advanced and cutting-edge methods.

2:30 pm – 2:45 pm

Break

2:45 pm – 4:15 pm

Bringing it All Together:

Swimming with the Sharks - Pitching Non-Opioid Treatment Options

Moderator: *Ameet Nagpal, MD, MS, MEd*

Faculty: *Patricia A. Bloom, MD, Joanne Borg-Stein, MD,*

Mehul J. Desai, MD, MPH, Ari C. Greis, DO, and

Christopher G. Gharibo, MD

Specific clinical cases related to managing chronic pain will be presented to faculty who will then have 5-8 minutes to “sell” their proposed treatment options potentially including acupuncture, biofeedback, yoga, cannabis, mindfulness, regenerative medicine and more; the “sharks” and the audience will engage in a fun and interactive discussion on the best option presented.

4:15 pm – 4:30 pm

What will you take back to your practice? Parting Thoughts and Group Discussion of Key Concepts