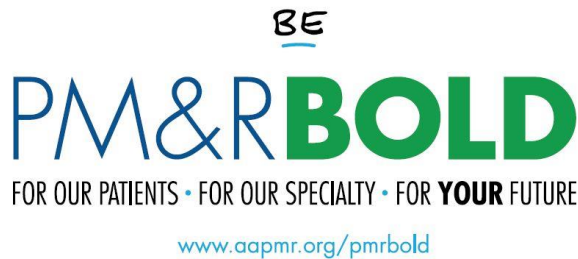


Academy News

Visioning PM&R BOLD Summit



Plans are well underway for the Visioning PM&R Bold Summit on February 25-26 at the Hilton Hotel in Rosemont, IL. This Summit will focus on gathering feedback about the main themes from member input as well as the systemic barriers the specialty will face. One key output that we will work toward is formulating vivid descriptions of the vision(s) with structure/detail that may be used to move physiatry toward the vision(s) that emerge from the research. These descriptions and vision(s) will help inform the detailed strategic planning discussions at the April 2017 Board of Governors meeting.

Dr. Geiringer's work with staff on the Summit invitations has resulted in an impressively diverse attendee list of 50 physiatry thought-leaders and innovative thinkers. Attendees have been sent a formal Report in advance of the Summit, and will be asked to come prepared to think/talk about the specialty of physical medicine and rehabilitation holistically. To ensure all aspects of the specialty are represented in discussions, the clinical focus, practice setting, and contributions to the specialty were considered in selecting attendees.

Watch for more updates on the Summit's work regarding this important initiative in *Connection* and *The Physiatrist*.

Medical Education

Annual Assembly

Planning is well underway for the 2017 Annual Assembly, with the theme of: "*Thriving Through Transformation.*"

Educational Sessions

AAPM&R received 210 submissions for session proposals as of December 1. All session proposals are currently under review by Program Planning and Practice Preparedness Committees. These committees will also be building sessions to meet any identified gaps in their areas.

Quick Links to the Q1 2017 Leadership Update items:

[Academy News](#)

[Medical Education Committee](#)

[Quality, Practice, Policy, and Research Committee](#)

[Membership Committee](#)

[Member Councils](#)

[PM&R Journal](#)

[PM&R Knowledge NOW®](#)

[Corporate Relations](#)

[Foundation for PM&R](#)

[Leadership Directory](#)

[2017 Event Calendar](#)

Learning Center

The Annual Assembly will feature the newly-implemented Learning Center, where attendees will find a wide range of educational resources from hands-on demonstration stations for practicing novel techniques and enjoy live presentations from leading experts within the AAPM&R Theater area.

Abstracts

The Call for Abstracts was extended to January 9, and 731 abstract submissions were received by the new deadline, including 532 Case Reports and 199 Research Abstracts. Abstracts are currently under review by the Evidence Committee. For the first time, we will be conducting a late-breaking abstract submission process in the spring/summer for a very limited number of abstracts.

Call for Faculty

The Academy released for the first time a separate Call for Faculty, inviting members to indicate their areas of interest and expertise as potential faculty. To date, we have received completed surveys from 164 members. This information is being shared with the planning groups as they build sessions.

Precourses

Planning for the precourses is well underway. We will feature 5 precourses at this year's Annual Assembly.

- Fundamentals of Ultrasound (STEP Program); *Course Director: Dr. Chris Visco*
- Imaging for the Physiatrist; *Course Directors: Drs. Andre Panagos and Marwa Ahmed*
- Cancer Rehabilitation; *Course Directors: Drs. Mary Vargo and Jennifer Baima*
- Spasticity; *Course Directors: Drs. Thomas Watanabe and Andrea Toomer*
- Leadership; *Course Director: Dr. Kathleen Bell*

The Fundamentals of Ultrasound course will be a two-day course taking place on Tuesday and Wednesday, October 10-11. All other courses will take place on Wednesday, October 11.

2017 SAE-P Development

Below is a list of SAE-Ps currently in development for 2017.

- Informatics (in conjunction with PMR Journal Supplement).
- Cancer Rehabilitation (in conjunction with PMR Journal Supplement)
- Spasticity (refresh of the product that will expire in 2017)
- Geriatrics (refresh of the product that will expire in 2017)
- Spinal cord injury (significant update from the 2007 product)

The Academy is pursuing approval of the Informatics SAE-P through the American Board of Preventive Medicine for MOC points as well.

MOC|3 Online Review Courses Update

The MOC|3 Pediatric Rehabilitation Online Review Course is currently being redesigned, and is slated to launch in March 2017.

Online Products (non-MOC)

A new online product was launched in December 2016 titled, "Spasticity and Dystonia: Case-based Learning Course." This 3-module series, featuring Drs. Marilyn Pacheco, Daniel Moon and Cindy Ivanhoe, offers 3.5 CME Credits.

SAE-R

The SAE-R exam took place January 27-28, and was administered by a new vendor. We had our highest participation to date, with 96 programs and 1,338 residents participating.

Ultrasound STEP Program

The new Ultrasound STEP (Skills, Training, Evaluation and Performance) Certificate program will launch at the Annual Assembly in October, with the updated two-day Fundamentals of Ultrasound pre-course. This program is designed to provide a standardized, comprehensive training path in ultrasound in physiatry, including training in both MSK and neuro components.

The program will include several components, including a pre-test, the fundamentals course, an online curriculum, an interventional course, a case log, a post-test and a hands-on skills assessment. Individuals who pass the assessment components will earn a certificate. Individuals may choose to participate in individual components a la carte.

The two-day interventional course will be held in August and will target previous participants in the fundamentals pre-course. These participants will be offered the opportunity to take part in the course and skills assessment as pilot participants at a significant discount.

GME Committee

A call for GME committee members was sent to membership and the Councils in December and several names have been submitted or recommended. The membership of this committee will be evaluated and finalized in the next several weeks.

CME Re-accreditation

The Academy has submitted its official intent to apply for re-accreditation. Activities will be selected for audit in March, and the Self-Study (re-accreditation report) is due in July.

Quality, Practice, Policy, and Research

The Quality Practice, Policy and Research Committee welcomes Dr. Scott Laker as the new Committee Chair. The Committee will be meeting March 3-4 at Academy headquarters.

The QPPR and the Health Policy and Legislation Committee recently approved signing on to 2 separate coalition letters sent to Congress and the incoming Administration. The first multi-society letter, originally drafted by the AMA, the American Society of Anesthesiologists, the Healthcare Transformation Task Force, and the National Coalition for Health Care encouraged the new Administration to work with organized medicine and continue on the path of value-based care and exploring new payment models. The second letter from the Consortium for Citizens with Disabilities encouraged Senators to oppose the Senate Concurrent Budget Resolution released on January 3 that would eliminate access for affordable, accessible and comprehensive health care services in the Patient Protection and Affordable Care Act (ACA).

On December 16, 2016, AAPM&R submitted comments on the final rule for the Medicare Merit-Based Incentive Payment System (MIPS) and Alternative Payment Models (APMs). Our comments expressed concern with the applicability of the Physical Medicine measure set for physiatrists and the premature removal of measures and measure groups from MIPS. The Academy also requests consideration of adding physiatry to the list of specialties approved for the medical home model. Finally, we thanked CMS officials for establishing the Pick your Pace program and not weighting Resource Use in MIPS for 2017.

Evidence, Quality, and Performance Committees

- Members of the Evidence, Quality, and Performance Committees attended the following meetings:
 - January 27-28, 2017, the Evidence, Quality, and Performance Committees held their annual in-person meeting.
 - In November 2016, Dr. Richard Zorowitz attended the Council of Medical Specialty Societies Patient Reported Outcomes Conference.
 - In October 2016, Performance and Quality Metrics committee member, Dr. John Leshner, attended the Physician Consortium for Performance Improvement (PCPI) Conference.
- The Evidence, Quality, and Performance Committees completed the following activities:
 - In December 2016, Dr. Marlis Gonzalez-Fernandez from the Evidence Committee testified on the applicability of H-CAHPS Pain Measures during the [National Quality Forum Measure Applications Partnership Hospital Workgroup Meeting](#).
 - Committee members submitted comments to the RAND Corporation on the suitability of PROMIS items related to sleep disturbance and participation in social roles across post-acute care settings.
 - Drs. Alberto Esquenazi, Marlis Gonzalez-Fernandez, Danielle Melton, and Heikki Uustal provided comments directly to the Agency for Health Research and Quality (AHRQ) regarding an AHRQ Systematic Review on Lower Limb Prosthesis (LLP).
 - In November 2016, the EQPC sent a letter to the Center for Medicare and Medicaid Services (CMS) in regards to the IMPACT Act Cross-Setting Quality Measure on Pressure Ulcers.
 - Levels of Evidence were published for applicable articles in the *PM&R* Journal for the first time in the October 2016 issue.
- The Clinical Practice Guidelines (CPG) Committee completed reviews of the American College of Occupational and Environmental Medicine (ACOEM) guideline for Traumatic Brain Injury, the American Academy of Otolaryngology—Head and Neck Surgery Foundation (AAO-HNSF) guideline for Dysphonia (Hoarseness), the American Academy of Orthopedic Surgeons (AAOS) guideline for Carpal Tunnel Syndrome and 2 different versions of Osteoarthritis of the Hip guidelines.
- The Evidence, Quality, and Performance Committee nominated members to serve as liaisons on the AAOS-ASSH Workgroup for Quality Measures for Management of Carpal Tunnel Syndrome, the AAOS Workgroup for Performance Measure Development for Surgical Management of Osteoarthritis of the Knee (SMOAK), and the US RAND criteria development workgroup for the appropriate treatment of vertebral compression fractures (VCF).
- The joint AAPM&R and AANS Spine Quality Outcomes Database (SQOD) Steering Committee met in-person in January 2017 to focus on data capture moving beyond regulatory requirements. The SQOD continues to pilot extraction of spine-specific data from EHRs and continues to accept participants.

Reimbursement and Policy Review Committee (RPRC)

- On January 3, RPRC Chair Dr. Purcell submitted comments on behalf of AAPM&R to CMS staff regarding a proposed supplementary payment for services provided to patients with mobility impairment. CMS has implemented a G code for these services in 2017, however the code is not currently valued. [The Academy comment letter recommends that CMS work with AAPM&R to appropriately describe and value this service.](#)
- On January 3, RPRC Chair Dr. Purcell submitted comments on behalf of AAPM&R in response to a CMS request for information on Patient Relationship Categories. Under MACRA, CMS is required to implement a mechanism for clinicians to code their relationship with each patient for each patient encounter. AAPM&R has supported the CMS proposal to create modifiers for clinicians to indicate their patient relationships. However, we have concerns about the implementation of the modifiers and have encouraged CMS to consider a pilot program to ensure the modifiers are used appropriately and without confusion. [The comment letter also encourages CMS to conduct extensive clinician and coder education prior to implementing the modifiers.](#)
- AAPM&R Advisor Dr. Matthew Grierson attended the January RUC meeting in Bonita Springs, FL. The RUC agenda included a number of proposals relevant to psychiatry.
- On December 10, the RPRC met via webinar. The committee discussed topics including the 2017 Medicare Physician Fee Schedule, CPT/RUC Issues, Skilled Nursing Facilities payment denials, the 2017 Member Compensation Survey, and member education.

Health Policy and Legislation Committee (HP&L)

- On January 24, 2017, U.S. Representatives Glenn ‘GT’ Thompson (R-PA) and G.K. Butterfield (D-NC) reintroduced legislation that would direct CMS to cover physician-prescribed recreational therapy services. H.R. 626, the Access to Inpatient Rehabilitation Therapy Act of 2017, would amend the Social Security Act to include recreational therapy among the therapy methods that can be considered part of an intensive rehabilitation therapy program in an inpatient rehabilitation hospital or unit. The bill would restore all physician-prescribed therapies as part of a patient’s coverage. Dr. Steve R. Geiringer, AAPM&R President, provided a quote for Congressman Thompson’s press release and AAPM&R will continue to advocate for enactment of this bill.
- The PAC Coalition met on Tuesday, January 31, to discuss strategy and next steps on possible post-acute care value-based purchasing legislation in the new Congress. While the coalition members believe there is no appetite to tackle PAC reform now, several members believe that could change as Congress settles in and it becomes more obvious where ACA Reform is heading. The coalition is also concerned that CMS could move ahead with some of its own proposals. MedPAC releases its Spring Report in March 2017, and everyone believes they will propose across-the-board cuts to IRF, SNF, LTCH and Home Health payments and recommend Congress implement a Unified PAC Payment proposal ahead of the Impact Act implementation. The coalition is drafting a new letter to Congress and is working on getting a meeting with HHS Secretary Price.
- The federal judge administering the Settlement Agreement in the Medicare “Improvement Standard” case (*Jimmo v. Burwell*) ordered the Secretary of Health & Human Services to carry out a Corrective Action Plan to remedy the Department’s noncompliance with the Settlement. In August, 2016, Chief Judge Christina Reiss, of the District of Vermont, held that the HHS Secretary had not accurately implemented the *Jimmo* Settlement’s required Educational Campaign. The Academy was an original named party when the suit was first filed and coordinated with community partners and coalitions on various efforts in support of the case.

State Activities

- Your Academy welcomes the new State Advocacy Subcommittee (SAS) members: Stuart Glassman, MD, Chair; Emerald Lin, MD; Glenna Tolbert, MD; Lydia L. McNeary, MD; and Paul L. Jett, MD, MBA. This subcommittee is housed under the Health Policy and Legislation (HPL) Committee and charged with responding to advocacy issues that arise at an individual state level and have implications at the national level. The committee will also identify the state level issues and what issues may be expected in the coming year.
- On February 2, 2017, the Oregon Health Evidence Review Commission’s Evidence-based Guidelines Subcommittee met to discuss draft coverage guidance on Low Back Pain–Corticosteroid Injections. This meeting was open to the public and staff notified all members in the weekly *Connection* newsletter and notified members in Oregon through a targeted VoterVOICE email. Last May, the Academy, as part of the MPW, signed on to a letter commenting on Oregon Health Authority’s (OHA) decision to eliminate coverage of epidural steroid injections (ESI). [After hearing the statements, OHA has elected to reconsider its initial ruling to more thoroughly explore the research regarding transforaminal epidural steroid injections.](#)

Innovative Payment and Practice Models Workgroup

- The IPPM Workgroup met at the Annual Assembly to discuss publication of the low back study conducted with the assistance of consultant firm Dobson DaVanzo. A white paper summarizing the methodology and results is being finalized, and plans are underway to publish the study results and recommendations. The workgroup also spoke briefly about possibilities for the next project to be taken up.
- The IPPM Co-Chairs and staff met by phone with members of the American Academy of Family Physicians to discuss possible routes of collaboration and ways to make AAFP members more aware of physiatry and what unique benefits it can bring in treatment of their patients (this was largely spurred by information obtained during the course of the Spine Model study). AAFP has sent us a request for proposals to speak at their [2017 Conference on Practice Improvement](#), which will be forwarded to interested members.

Practice Preparedness Committee

- On their January 18 call, the Practice Preparedness Committee finalized the practice program for the 2017 Annual Assembly. A total of 15 practice-related proposals were submitted to the Program Planning Committee

for consideration as they built the Assembly program. Proposal topics include post-acute care, MACRA, leadership, telemedicine, and legislative updates.

- Dr. Kathleen Bell will be directing the 2017 Practice Precourse that will focus on leadership, with the target audience being physiatrists in private and academic practice settings. In addition to members in leadership roles, outside leadership consultants will also be recruited to present at the precourse. Practice Preparedness Committee Chair, Dr. Michael Lupinacci, is supporting Dr. Bell with faculty recruitment. Leadership topics will be narrowed down once a co-director is identified.
- The committee will have their first in-person meeting on May 5-6. During the meeting, the committee will:
 - Review practice topics that are affecting the membership
 - Look at what the Academy is currently offering to help meet the practice needs outside of the Assembly
 - Discuss the 2018 Practice Precourse
 - Discuss practice resources that could be developed for 2018

Membership

On January 11, the Membership Committee participated in an interactive webinar, utilizing the technology from the Visioning PM&R Bold Virtual Town Halls. The committee reviewed membership data, participated in polls, and discussed ways the Academy can impact retention of early career physiatrists. This conversation set the stage for discussions at the committee's in-person meeting, March 10-11 in Rosemont.

Dues Cycles and Data

On November 3, the 2017 calendar* dues cycle launched. As of February 4, 77% of Fellow and Associate members have renewed, which is slightly ahead of renewal rates this time last year. Members have received print and electronic invoices with reminders of the complimentary Maintenance of Certification (MOC) resources and other, key Academy initiatives (i.e., Visioning PM&R Bold, Psychiatry is More Than, and the Spine Quality Outcomes Database).

Transitional*** cycle members receive an 18-month membership for a fee of \$645, and includes Associates (2-years post residency) and Fellows (2-years post residency). Invoiced in July, currently 63% have renewed, which is up 5% from early December. Marketing communication efforts continue to encourage renewal and engagement with the Academy since a renewed membership would run through December 31, 2017. A payment plan has been extended as option for members in this cycle.

Members on the Academic** cycle were also billed back in July. As of February 4, 98% of residents have renewed, and 67% of members one-year post residency (including those in fellowship) have renewed. Although 33% of members who are one-year post residency have technically been "dropped" from Academy membership, marketing communication efforts continue to encourage renewal and highlight new, practice-related resources for early career physiatrists.

*Calendar cycle members include Fellows, Associates (3-years post residency), International, Part-time Fellows.

**Academic cycle members include Medical Students, Residents, Associate Fellows, and Associates 1-year post residency.

***Transitional cycle members include Associates (2-years post residency) and Fellows (2-years post residency)

Academy Leadership Program

Recruitment efforts for the 2017 Leadership Program kicked off in January and will remain open until March 31. Marketing efforts are focusing on raising awareness of the program and targeting early career members, specifically those who are 3-10 years into practice. Since its launch, the Academy has already received a robust response to the application process.

Additionally, plans are underway for the Leadership Fellows' Advocacy Session in Washington, DC. Staff in Rosemont and DC are working with the Academy's lobbyists and the HP&L Committee on content and advocacy training for that session. Advocacy Day was well received by the last class of Leadership Fellows, and this class is looking forward to the event. Finally, a Leadership Program Committee Meeting is being planned to strengthen the oversight and volunteer input into this program.

Member Councils

Resident Physician Council (RPC)

RPC Board Activity:

- RPC Board members attended the Winter Board Meeting at the Academy office on January 7-8, where they discussed a variety of topics including early career resources, and Annual Assembly resident content.
- RPC Board members will update current medical student and resident resources currently available on aapmr.org.
- Dr. Tow will continue working with the RPC Board to prepare additional information to be included within the eBook library proposal to be presented to the Membership Committee in 2017.

Committee/Liaison Activity:

- Resident newsletter and Facebook posts were published and distributed to resident members.
- The 2017 Ambassadors have been nominated. We currently have 54 institutions represented. RPC Board members are recruiting additional ambassadors from those programs that do not yet have one. An orientation webinar was hosted in December and is available online for ambassadors who were unable to attend.
- The Chief Resident database continues to grow, with 60 currently represented with Chief Residents as compared to 48 in 2016.

PM&R Journal

The Academy's flagship journal, *PM&R*, is now in its ninth year of publication. Our current Publishing Agreement with Elsevier concludes December 2018 and a comprehensive RFP process is underway. A Journal Publishing RFP Committee has been appointed and the final decision will be reached in Fall 2017.

Dr. Stuart Weinstein's term as editor-in-chief will also conclude at the end of 2018. A call for editor will be circulated and EIC Search Committee formed in the coming weeks.

Production is underway for the Informatics supplement, guest edited by Dr. Mark Huang, which will publish in May and have an accompanying SAE-P. A second supplement on Cancer Rehabilitation, guest edited by Dr. Julie Silver is slated for the Fall, also with SAE-P.

PM&R Knowledge NOW®

PM&R Knowledge NOW® recently accepted 30 topics as part of the Fall 2016 Content Development Cycle, with another 28 topics awaiting final approval from the Editors. All of these topics were originally published 3 years ago and, like all PM&R Knowledge NOW® content, are subject to refresh/revision on a 3-year cycle. Authors are now being recruited for the Spring 2017 Content Development Cycle in which another 50-60 topics will be written/refreshed. The PM&R Knowledge NOW® Editorial Board leaders recently conducted a review of the PM&R Knowledge NOW® Table of Contents and identified 20 new topics to develop.

Now that PM&R Knowledge NOW® has achieved its original goal of 300+ published topics and processes are ongoing to refresh content, the initial goals and objectives of PM&R Knowledge NOW® are being revisited to determine if it is appropriately positioned for the long term to meet the future educational needs of members. In the near term, staff has been exploring low-cost alternatives to the current member-facing content platform. We are looking to increase member engagement with the site (which has been flat), provide better search functionality, allow it to be crawled by Google (meaning it will show up in searches), and allow topics to be printed. The new site will launch Spring 2017.

Corporate Relations

Areas of Focus and What's New in 2017

Corporate Support and Career Services continue to look for new ways to meet and exceed revenue goals in 2017. We also plan to look for ways to drive traffic to the PM&R Pavilion as a way to provide value to both the exhibitors and attendees. Below are a few updates and goals for 2017:

- **Learning Center in the PM&R Pavilion at the Annual Assembly (AA)** – this will not only provide additional, complimentary hands-on learning opportunities for attendees, but will also help increase traffic in the PM&R Pavilion.
- **Lunch and Learn Presentations (formerly Product Theaters) will also be in the PM&R Pavilion** – as a way to centralize activities, Lunch and Learn Presentations will be held in the PM&R Pavilion. Our goal is to educate attendees about these opportunities for additional learning while at the Annual Assembly.
- **Satellite Symposia** – as an added value to attendees, Breakfast Satellite Symposia will be offered at the 2017 AA. Again, our goal is to educate attendees about the opportunities for additional learning while at the AA, and in this case, earn additional CME.
- **Career Corner in the PM&R Pavilion.** The Career Corner was introduced in 2016 as a service to attendees to learn about AAPM&R's Career Service opportunities. In 2017, the Career Corner will include kiosks to encourage more employers to exhibit not only at the Job Fair, but also in the PM&R Pavilion.

Institution Partners Council (IPC)

The Institution Partners Council (IPC) was launched in late 2014 as a way to formalize engagement with institutions and come together in support of the specialty of PM&R and the vision and mission of AAPM&R. We thank those organizations who are participating in the program and ask others to consider joining in 2017. Information about the program can be found [here](#).

Current IPC organizations include:

- Loma Linda University Health, Tier 1

- MedStar, NRH, Tier 1
- Rusk Rehabilitation at NYU Langone Medical Center, Tier 1
- Shepherd Center, Tier 2
- SIMED, Tier 1
- Spaulding, Tier 1
- University of Colorado Denver, Tier 3
- University of Louisville, Tier 1
- UT Southwestern, Tier 2

IPC Testimonial

"We are always eager to support AAPM&R and its important work in advancing the field of rehabilitation medicine--especially in today's changing landscape of health care. The Institution Partners Council (IPC) has given us a great opportunity to do that, and it has offered us strong channels to share news and information about the work we are doing at Rusk with our peers across the country."

Steven R. Flanagan

Howard A. Rusk Professor of Rehabilitation Medicine
 Chair, Department of Rehabilitation
 Medicine Medical Director, Rusk Rehabilitation
 NYU Langone Medical Center

Foundation for PM&R

Research

May 1 is the application deadline for the Aspen Spinal Bracing, Richard Materson ERF New Investigator, Gabriella Molnar Pediatric PM&R and Scott Nadler Musculoskeletal Research Grants, offering a total of \$80,000. Details and application forms can be found on our website www.foundationforpmr.org/research-grants/.

The following research grant awards were presented at the February AAP meeting in Las Vegas:

- **Justus Lehmann Research Grant** - Jonathan Akins, Widener University, "Biomechanics of Turn-specific Functional Outcome Measures in Lower-limb Prosthesis Users"
- **Midcareer Investigator Research Grant** - Ellen Casey, University of Pennsylvania, "An In Vivo Longitudinal Evaluation of the Impact of Oral Contraceptives on Connective Tissue and Neuromuscular Control"
- **Milbank SCI Rehabilitation Research Grant** - Michelle Trbovich, South Texas Veterans Health Care System, "Capsaicin 8% Patch for Spinal Cord Injury Focal Neuropathic Pain"
- **Milbank TBI Rehabilitation Research Grant** - Shirley Shih, Spaulding Rehabilitation Hospital, "Brain-derived Neurotrophic Factor and Age-related Functional Recovery after TBI"

Research Priorities

The Research Priorities Task Force is **finalizing interviews with physiatric research program directors** from across the country to determine their needs, how the Foundation's funding fits into their programs, and new ways in which the Foundation could support physiatric research. If your leaders and/or research council would like to comment, contact Phyllis Anderson, Executive Director, at panderson@foundationforpmr.org or 847-737-6062.

Call for Nominations

Nominations are being sought for the **2017 Gabriella Molnar Pediatric PM&R Lifetime Achievement Award**. Please send a letter of nomination to Phyllis Anderson, Executive Director, at panderson@foundationforpmr.org.

At least one **Director-at-Large seat** will be available on the **Foundation Board of Directors** this fall; send an email with your organization's nomination to Phyllis Anderson, Executive Director, at panderson@foundationforpmr.org.

Americans with Disabilities Fund: Rx for Exercise

The *Rx for Exercise* program now has 3 free resources available to help physiatrists prescribe physical activity to their patients with disabilities:

- ***Rx for Exercise: A Physician's Toolkit (Android app)*** – Down for free at <https://play.google.com/store/apps/details?id=com.connectionsmtg.fpmr>. (An iOS version will be available on the App Store by the end of January.)
- ***Rx for Exercise Prescription Pad*** – Email jvince@foundationforpmr.org and provide your name and address; a 100-sheet, 4"x6" exercise prescription pad will be mailed to you.
- **Online Resources** – The *Rx for Exercise* program can be found on the Foundation for PM&R website at: <http://foundationforpmr.org/rx-for-exercise/>.

For more information, contact Jennifer Vince, Americans with Disabilities Fund Manager, at jvince@foundationforpmr.org or 312-593-4470.

Fundraising

The Foundation hosted a **Rehab 5k Run/Walk & Roll** event in conjunction with the AAP Meeting.

Our **Spring Fund Drive** launched in mid-February. All Board members of our sister societies are asked to make a donation (www.foundationforpmr.org/donate-now/) to show their commitment to physiatric research, so we can tell our donors we have 100% support from the leaders in the field. If your society or institution would be willing to send an email to their members/employees in support of the Foundation, contact Phyllis Anderson, Executive Director, at panderson@foundationforpmr.org or 847-737-6062. The Foundation can now accept donations **via smart phone**; text "PMRresearch" to 50155.

Leadership Directory

2017 appointments have been made, and the Academy would like to help you engage with your peers. To that end, we've added a new feature to this report—a Directory of the Board of Governors, Council and Committee Chairs, and Academy Leadership Program Fellows. We encourage you to connect directly with your leadership peers to discuss any and all PM&R-related issues.

BOARD OF GOVERNORS

Name	Title	Company	Email
Steve R. Geiringer, MD	President	Wayne State University	sgrehabdoc@gmail.com
Darryl L. Kaelin, MD	President-Elect	University of Louisville Physical Medicine and Rehabilitation Program	d.kaelin@louisville.edu

Peter C. Esselman, MD	Vice President	University of Washington	esselman@u.washington.edu
Gregory M. Worsowicz, MD MBA	Past President	University of Missouri	worsowiczg@health.missouri.edu
Jonathan Finnoff, DO	Secretary	Mayo Clinic Sports Medicine Center	finnoff@msn.com
Michelle S. Gittler, MD	Treasurer	Schwab Rehabilitation Hospital & Care Network/University of Chicago PM&R Program	michelle.gittler@sinai.org
D.J. Kennedy, MD	Member-at- Large	Stanford University Physical Medicine and Rehabilitation Program	djkenned@stanford.edu
Robert J. Rinaldi, MD	Member-at- Large	University of Texas Southwestern Medical Center	robert.rinaldi@UTSouthwestern.edu
Charlotte H. Smith, MD	Member-at- Large	U.S. Physiatry	charlotte.smith@usphysiatry.com
Deborah A. Venesy, MD	Member-at- Large	Cleveland Clinic	venesyd@ccf.org
Steven R. Flanagan, MD	Strategic Committee Chair, Medical Education	Rusk Rehabilitation, NYU- Langone Medical Center	steven.flanagan@nyumc.org
Scott R. Laker, MD	Strategic Committee Chair, Quality, Practice, Policy, and Research	University of Colorado, Denver	scott.laker@ucdenver.edu
Michael Saffir, MD	Strategic Committee Chair, Membership	Orthopaedic Specialty Group	saffirmd@aol.com
Stuart M. Weinstein, MD	Editor-in- Chief, <i>PM&R</i>	University of Washington Sports and Spine Physicians	smw25@uw.edu

G. Sunny Sharma, MD	RPC Liaison	VA Greater Los Angeles Healthcare System (UCLA) PM&R Program	gsunnysharma@gmail.com
Leon Reinstein, MD	Member	Sinai Hospital of Baltimore	ireinste@comcast.net

MEMBER COUNCIL CHAIRS

Name	Member Council Chair	Company	Email
Steven Kirshblum, MD	Central Nervous System Rehabilitation	Kessler Institute for Rehabilitation - West Orange	skirshblum@kessler-rehab.com
Deepthi S. Saxena, MD	General and Medical Rehabilitation	Lafayette Regional Rehab Hospital	dsaxena@me.com
Kevin R. Vincent, MD PhD	Musculoskeletal Medicine	University of Florida	vincekr@ortho.ufl.edu
Martin Grabois, MD	Pain Medicine and Neuromuscular Medicine	Baylor College of Med/Houston PMR Alliance Ed Ofc	mgrabois@bcm.edu
Jill R Meilahn, DO	Pediatric Rehabilitation and Developmental Disabilities	Marshfield Clinic	jmeilahn@yahoo.com

COMMITTEE CHAIRS

MEMBERSHIP COMMITTEE AND RESIDENT PHYSICIAN COUNCIL

Name	Committee	Company	Email
Michael Saffir, MD	Membership	Orthopaedic Specialty Group	saffirmd@aol.com
G. Sunny Sharma, MD	Resident Physician Council (RPC) Board	VA Greater Los Angeles Healthcare System (UCLA) PM&R Program	gsunnysharma@gmail.com

MEDICAL EDUCATION COMMITTEE AND SUBCOMMITTEE CHAIRS

Name	Committee	Company	Email
Steven R. Flanagan, MD	Medical Education	Rusk Rehabilitation, NYU-Langone Medical Center	steven.flanagan@nyumc.org
Kerrie M. Reed, MD	CME Committee	Rush University Medical Center	kerrie@reed.org
R. Samuel Mayer, MD	PM&R Knowledge NOW® Editorial Board	Johns Hopkins Hospital	rmayer2@jhmi.edu
Andre Panagos, MD	Program Planning Committee	Spine and Sports Med of New York PC	anp@ssmny.com
Atul T. Patel, MD MHSA	Self-Assessment Examination Committee	Kansas City Bone and Joint Clinic	apatel@kcbj.com

QUALITY, PRACTICE, POLICY, AND RESEARCH COMMITTEE AND SUBCOMMITTEE CHAIRS

Name	Committee	Company	Email
Scott R. Laker, MD	Quality, Practice, Policy, and Research	University of Colorado, Denver	scott.laker@ucdenver.edu
Armando S. Miciano, Jr., MD	Clinical Practice Guidelines Committee	Nevada Rehabilitation Institute	drmiciano@me.com
Joseph E. Hornyak, IV, MD PhD	Evidence Committee	University of Michigan Physical Medicine and Rehabilitation Program	jhornyak@umich.edu
Thiru M. Annaswamy, MD MA	Evidence, Quality and Performance Committee	Dallas VA Med Center	thiru.annaswamy@va.gov
Jennifer M. Zumsteg, MD	Health Policy and Legislation Committee	University of Washington	zumsteg@uw.edu
Amy J. Houtrow, MD PhD MPH	Performance and Quality Metrics Committee	Children's Hospital of Pittsburgh of UPMC	houtrow@upmc.edu
Michael F. Lupinacci, MD	Practice Preparedness Committee	U.S. Physiatry	Michael.Lupinacci@usphysiatry.com

Michelle A. Stern, MD	Presidents Council Executive Committee	NorthBronx Healthcare Network Jacobi Med Center	docmstern@aim.com
Annie D. Purcell, DO	Reimbursement and Policy Review Committee	Redding Spine and Sports Med	anniedavidson@gmail.com

COMMITTEES OF THE BOARD

Name	Committee	Company	Email
Jonathan Finnoff, DO	Audit Committee	Mayo Clinic Sports Medicine Center	finnoff@msn.com
Peter C. Esselman, MD	Awards Committee	University of Washington	esselman@u.washington.edu
Peter C. Esselman, MD	Compensation Committee	University of Washington	esselman@u.washington.edu
Alberto Esquenazi, MD	Conflict Advisory Committee	MossRehab Physical Medicine Associates	aesquena@einstein.edu
Jonathan Finnoff, DO	Corporate Relations Committee	Mayo Clinic Sports Medicine Center	finnoff@msn.com
Michelle S. Gittler, MD	Finance Committee	Schwab Rehabilitation Hospital & Care Network/University of Chicago PM&R Program	michelle.gittler@sinai.org
David G. Welch, MD	Investment Committee		hclewgd@gmail.com
Alberto Esquenazi, MD	Journal Oversight Committee	MossRehab Physical Medicine Associates	aesquena@einstein.edu
Gregory M. Worsowicz, MD MBA	Nominating Committee	University of Missouri	worsowiczg@health.missouri.edu

ACADEMY LEADERSHIP PROGRAM FELLOWS

Name	Company	Email
Mehul J. Desai, MD MPH	International Spine, Pain and	drdesai@ispcenter.com

	Performance Center	
Carl D. Gelfius, MD	Nationwide Children's Hospital	cgelfius@gmail.com
Corinne M. Layne Stuart, DO	West Virginia University	stuartcorinne@yahoo.com
Annie D. Purcell, DO	Redding Spine and Sports Medicine	reddingspineandsports@gmail.com
Monica E. Rho, MD	Rehabilitation Institute of Chicago	morho20@gmail.com
Jeffrey Radecki, MD	Lehigh Valley Health Network	jeffrey.radecki@lvhn.org
Aurora C. Wong, MD	North Mississippi Medical Center	rorylue@gmail.com
Alexios G. Carayannopoulos, DO	Rhode Island Hospital Comprehensive Spine Center	ACarayannopoulos@lifespan.org
Shane J. Burr, MD	The Physician Network	sburr@sfmc-gi.org
Monica Verduzco-Gutierrez, MD	UT Health Dept of Physical Med and Rehabilitation	monica.verduzco- gutierrez@uth.tmc.edu

Event and Committee Meeting Schedule for 2017

Dates	Meeting Name	Location/Hotel	City, State
January 7-8	Resident Physician Council Board Meeting	Office	Rosemont, IL
January 27-28	Evidence Quality and Performance Committee Meeting	Hilton Rosemont Chicago O'Hare	Rosemont, IL
February 3-4	Ultrasound Task Force Meeting	Office	Rosemont, IL
February 18	Practice Preparedness Committee Meeting	Office	Rosemont, IL
February 21	BoG Conference Call	Evening	
February 25-26	Visioning PM&R BOLD Summit	Hilton Rosemont Chicago O'Hare	Rosemont/Chicago
March 3-4	Quality Practice, Policy and Research Committee Meeting	Office	Rosemont, IL
March 11-12	Membership Committee Meeting	Office	Rosemont, IL
March 12-14	Health Policy and Legislation Committee Meeting	Courtyard by Marriott	Washington, DC
March 17-18	Reimbursement and Policy Review Committee Meeting	Hilton Rosemont Chicago O'Hare	Rosemont, IL
March 17-18	Medical Education Committee Meeting	Office	Rosemont, IL
April 22-23	Senior Editorial Board Meeting	The Edgewater	Seattle, WA
April 24-25	Leadership/Advocacy Meeting	PPSV	Washington, DC
April 27-29	Board of Governors	The St. Regis Deer Valley	Park City, UT
May 5-6	Practice Preparedness Committee Meeting	TBD	Rosemont, IL
May 6-7	Self-Assessment Committee Meeting	Office	Rosemont, IL
June 17	AA Strategic Oversight Committee Meeting	Office	Rosemont, IL
Sept. 7	Council Advisory Panel	Loews Chicago O'Hare	Rosemont, IL
Sept. 8-10	Board of Governors	Loews Chicago O'Hare	Rosemont, IL
October 10-11	Preconference Courses	Colorado Convention Center/Hyatt Regency Denver	Denver, CO
October 12-15	Annual Assembly	Colorado Convention Center/Hyatt Regency Denver	Denver, CO