

## Faster Patient Recoveries, Shorter Lengths of Stay

**Physical Medicine and Rehabilitation (PM&R) physicians specialize in improving patient strength, cognition and independence. They leverage physical and mental exercise and medical treatments to optimize patient health and prevent complications at all stages of recovery.**



### Consultation with a PM&R Physician may:

- ✓ Shorten length of stay
- ✓ Improve functional outcomes
- ✓ Enhance patient satisfaction
- ✓ Decrease insurance denials for rehabilitative care
- ✓ Speed up transitions to next level of care
- ✓ Decrease hospital costs
- ✓ Optimize therapy revenue



### Improve Quality Metrics

- ✓ Reduce Readmissions
- ✓ Decrease mortality
- ✓ Decrease complication rates
- ✓ Increase discharge to community



### Market Differentiator

- ✓ Stand Out from Other Systems
- ✓ Optimize therapy revenue by having PM&R identify patients who need services
- ✓ Offer well care by preventing decline that leads to admissions

## PM&R DRIVES RECOVERY IMPROVEMENTS AT EACH LEVEL OF CARE

<b>Acute Care</b>	Early PM&R physician consult decreases length of stay and captures complexity for case mix index. Early mobilization programs involving PM&R decrease complications and length of stay.
<b>Inpatient Rehabilitation Facility</b>	PM&R as the director of rehabilitation improves quality metrics, optimizes length of stay.
<b>Skilled Nursing Facility/ Long-term Acute Care Hospitals</b>	PM&R consults and/or leadership reduces readmission.
<b>Outpatient</b>	Transitional care management reduces readmissions. Keeps revenue within the hospital health system.
<b>Community/Home</b>	Maintaining well-being and functional independence in the community. Minimizing caregiver burden.
<b>Virtual Consults</b>	Increases access to care and creates revenue.

## WANT TO LEARN MORE? LET'S CONNECT!

**Partnering with PM&R physicians will improve your healthcare outcomes.  
Let's get started—connect with me to learn more.**



American Academy of  
Physical Medicine and Rehabilitation

[WWW.AAPMR.ORG](http://WWW.AAPMR.ORG)

## REFERENCES

---

---