



PhyzFeed FAQs

1. What is PhyzFeed?

PhyzFeed is a member-exclusive microlearning experience that delivers quick, engaging content (called “streams”) focused on physiatry. It’s designed to keep you sharp on key clinical topics, emerging research and real-world practice scenarios—plus fun facts about the specialty and news from AAPM&R. Everything is delivered straight to your inbox.

2. What is a "stream"?

A stream is a series of short, scenario-based questions on a particular topic area that help you learn and retain key information. Most streams take less than 2 minutes a day to complete.

3. How do I sign up for a stream?

You’ll receive an initial invitation via email with a link to login to PhyzFeed. Just click the link, create your profile (or log in) and you will be able to sign up for streams from there. You will only receive notifications for new questions if you are signed up for a stream. Notifications of new streams will be made as they become available.

4. How often will I receive questions?

streams are set to deploy a few days each week while enrolled in an active stream, dependent on the stream you sign up for. You will only receive notifications if you are actively signed up for a stream. Notifications are sent on the specific days that questions are scheduled to launch. If you're not enrolled in a stream, you won't receive any notifications.

5. How long does each question take?

Most participants complete each question in under 2 minutes. You can answer on-the-go—no long-time commitment needed.

6. What happens if I answer incorrectly?

You will receive the correct answer along with an explanation. For questions eligible for points on the leaderboard, you will receive 25 pts for attempting a correct answer.

7. Will I receive credit for completing streams?

Streams do not offer CME or any other credit.

8. Can I opt out of a stream once I've started?

There are two ways to opt-out of a stream and notifications from PhyszFeed:

- To opt out of a stream you've previously joined, go to the "My Streams" tab, select the desired stream, and click the "Unenroll Me" button.
- You can reach out to AAPM&R Member Services and request your removal from the PhyszFeed platform at memberservices@aapmr.org or call (847) 737-6000.

9. Who do I contact if I need help?

If you run into any issues, please contact memberservices@aapmr.org or call (847) 737-6000.