Amy J. Houtrow, MD, PhD, MPH, FAAPMR
Secretary of the Board of Governors

Tell members a little bit about yourself:

Your practice—I am the division chief for pediatric rehabilitation medicine in the department of PM&R at the University of Pittsburgh. My practice is focused on children with disabilities at the UPMC Children's Hospital of Pittsburgh.

Your life outside of work—I enjoy traveling the world, the theatre, dining at great restaurants and spending time with loved ones.

What accomplishments/honors are you particularly proud of that you would like to share with members?
While being elected into the National Academy of Medicine was definitely an incredible honor, I feel like it is the smaller things that really matter—the connections to patients, the joy we share with them when they make gains and the impact of our role in their well-being.

What have you advanced in your local community outside of or in conjunction with your medical practice?
I participate on the medical board for the Mighty Penguins, our local sled hockey team. I help organize a super fun annual fundraiser for them to be able buy equipment and provide scholarships to kids in need. Our residents battle the faculty and then we go on to play the sled hockey team (they crush us).

What special skills or unique attributes do you bring to the Executive Committee of the Board?
As a pediatric physiatrist, I bring the life course perspective. I love a hearty debate and really understanding the issues at hand. Also, I like to bring a little levity to our meetings—some might call them shenanigans.

What is a current or future challenge to the Academy or the specialty that you look forward to addressing as a Board Member?
I look forward to helping leverage the Academy to elevate the specialty of PM&R as essential leaders in the care of people with disabilities.

What have we not asked you that you think members should know about you?
"Though she be but little, she is fierce." Shakespeare's Midsummer Night's Dream