

Jonathan H. Whiteson, MD, FAAPMR
Chair, Specialty Brand Expansion Committee

Tell members a little bit about yourself.

Your Practice

Born in London... Completed medical school there as well and did 5 years as a resident in internal medicine. Came to NYC for my wife (Janine - American!) and for PM&R. Fell in love with cardiac and pulmonary rehab as a PGY2 and never let go! Now I run the cardiac and pulmonary rehab program at Rusk, NYU Langone Health through the continuum of care. I have practiced in all areas of the care continuum - ICU / acute care consults, IRF, SNF, outpatient. Now more administrative / strategic for our department, as well as outpatient work. Also, the Long COVID patients.

Your Life Outside of Work

Outside of work I have enjoyed watching my two boys become young men! Harris is in medical school and Ellis is an undergrad at Emory. I am proud of the good human beings they are! I have two true loves-of-my-life: Janine, my wife / life partner for nearly 40 years (we met in '85 and married in '91), and Rosie, our 8 year old Havanese 'puppy' - forever young! I love reggae! I play soccer when my knees allow me! I love to eat 'clean' - from the earth...and would cook more if Janine let me but she's the boss of that department, so I just eat!

What accomplishments/honors are you particularly proud of that you would like to share with members?

I'm proud to be on this Board! It is an honor and an accomplishment to be invited / accepted.

What special skills or unique attributes do you bring to the Board of Governors?

I am not so sure I have 'special skills' or a 'uniqueness' that others on the BOG don't have, other than our individual backgrounds, personalities and paths bring the kaleidoscopic perspective that a balanced board needs. I am but one color in the mix.