

Stuart M. Weinstein, MD, FAAPMR

President

Tell members a little bit about yourself.

Your Practice

I've been employed at the University of Washington in Seattle for 16 years. Prior to that, I was in private practice for 15 years. Currently, I am a clinical professor in the Department of Rehabilitation Medicine, based at Harborview Medical Center, Outpatient Sports & Spine Clinic

Your Life Outside of Work

I enjoy writing poetry, reading about space and space travel, collecting mechanical wristwatches and books on baseball.

What accomplishments/honors are you particularly proud of that you would like to share with members?

My journey through AAPM&R has included serving as the president of PASSOR, chair of the Academy Integration Workgroup that re-integrated PASSOR and designed the original council model, founding editor-in-chief of *PM&R* (the purple journal), and now president of the Academy.

What special skills or unique attributes do you bring to the Board of Governors?

My leadership style is based on the acronym "LLAST" – implying durability and sustainability:

- Listen – to all voices, perspectives, and opinions
- Learn – about what you do not know; be informed
- Act – when it is time to make a decision, vote with conviction
- Support – the Board's decisions, even if you disagree
- Trust – that we all are fully engaged and committed to serve

What do you most look forward to in your service on the Board?

- Process – discourse, sharing ideas and debating, reaching consensus
- Outcomes – strategically helping members thrive in the future of healthcare