

American Academy of Physical Medicine and Rehabilitation

Physicians Adding Quality to Life®

MSK/Sports

- Ankle Tendon Injury Update: From Front to Back
- Adhesive Capsulitis: Pearls and Pitfalls
- Clinical Pearls in Pediatric Sports Medicine
- Game of Bones: Joint Biomechanics, Injury Patterns and Implications for Clinical Practice
- AMSSM Exchange Lecture: Mental Health and Sports
- Return to Sport after Injury: A Practical Approach to the Decision Making Process
- MSK Radiology Fundamentals Elbow
- Point-Counterpoint: Rotator Cuff Tears

CNS/Spasticity

- Practical and Ethical Issues for Swallow Recovery in Rehabilitation Planning: Dysphagia and Discharge Delays
- Recovery in Concussion: What Works, Who Gets Better and Why?
- Electrodiagnosis of Weakness: An Interactive, Case-Based Approach
- Aging with Neurologic Conditions: Post-Polio Syndrome, Cerebral Palsy, Spina Bifida
- Ultrasound Literature Review in Focal Peripheral Entrapment Neuropathies and Ultrasound Evaluation of Disorders of the Phrenic Nerve/Diaphragm Muscle and Neuromuscular Ultrasound and Electrodiagnostic Correlates: Upper Limb
- I'll Have the Combo Platter Please: Using Multiple Techniques for Spasticity Management
- Maximizing Stroke Recovery: Debating the Controversies
- What's Shaking? Evaluation and Management of Post Stroke and Brain Injury Movement Disorders
- Management of the Upper Extremity Spasticity with Phenol Neurolysis and Cryoneurolysis
- Neurogenic Obesity after Spinal Cord Injury
- Quality in EMG: Past, Present, and Future
- From CT to Shunt and Beyond: The Value of Physiatry in Recognition and Management of Hydrocephalus after Brain Injury
- Gait Disorders with Spastic Hemiparesis: Treatment with Nerve Blocks, Botulinum Toxins and Orthotics
- Practice Management Principles for your Spasticity Clinic
- Behavioral Concerns after Traumatic Brain Injury
- Electrodiagnostic Cases: Challenges in Interpretation of Data for the Expert
- Outpatient Management of Neurological Sequelae of COVID-19

Pain and Spine

- Navigating and Troubleshooting Lumbosacral Fluoroscopic Procedures
- Advancing the Chronic Low Back Pain (CLBP) Interventional Pain Treatment Algorithm: A Panel Discussion
- Navigating and Troubleshooting Cervical Fluoroscopic Procedures
- The Great Neuromodulation Debate A Case-Based Learning Exercise/Advancements in Spinal Cord Stimulation: From Indications to Technologies
- Pelvic Pain Conditions Causing Deep Gluteal Pain-Thinking Beyond the Disc to Solve the Puzzle
- Newest Updates on LCDs



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- A Paradigm Shift: Understanding Vertebrogenic Low Back Pain
- A Lifestyle Medicine and Integrative Health Approach to Low Back Pain
- The Future of Pain Medicine: Where Are We Headed?
- Get to the Point! Complementing your Physiatric Practice with Acupuncture

Pediatric

- Research in Pediatric Rehabilitation: Top Research in 2021-2022
- Building Palliative Care into Physical Medicine and Rehabilitation Training and Practice
- Using Ultrasound to enhance care in the Pediatric Rehabilitation Patient
- Pertinent Topics in Pediatric Cancer Rehabilitation: A Review and Update
- Past, Present and Future of Pediatric Rehabilitation: Research Updates and State of the Field

Cancer

- A Comprehensive Breast Cancer Prehabilitation Program: Bridging the Gap Between Rehabilitation and Supportive Oncology
- Telemedicine in Cancer Rehabilitation: Practice, Data, Disparities
- Cancer-Related Myelopathy Rehabilitation: Current Concepts, Challenges and Prognosis
- Sarcopenia in Cancer: The Need for Collaboration Between Medical Nutrition and Rehabilitation
- You CAN Do It: Tips for Incorporating Cancer Rehabilitation into Your Existing PM&R Practice
- Overcoming Multifactorial Challenges of Providing Rehabilitation to Cancer Patients

Specialty Medicine

- Updates in the Evaluation and Management of Breathing Disorders in Post Acute Sequelae of COVID/ Updates in the Evaluation and Management of Cardiovascular and Autonomic Disorders in Post-Acute Sequelae of COVID/ Updates in the Evaluation and Management of Fatigue in Post-Acute Sequelae of COVID
- Women's Health in Spinal Cord Injury: Educating Ourselves and our Patients
- Decision Making in the Use of FDA Approved Treatments for Spinal Muscular Atrophy
- Physical Medicine and Rehabilitation Physicians as Disability Educators in Medical Schools: Rationale and Strategies for Success
- Rehabilitation Considerations for Patients with Advanced Heart Failure
- Strength Training in the Older Adult: The Fountain of Youth
- Health Equity and Disability

Skill Labs

- Sonographic Evaluation of the Thigh
- Ultrasound Guided Chemodenervation Procedures for the Upper and Lower Limbs
- Diagnostic and Interventional Ultrasound Applications in Thoracic Outlet Syndrome
- Ultrasound-Guided Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head,
 Neck and Paraspinal Muscles for Spasticity Management
- Protocoled Sonographic Evaluation of Upper Extremity Neuropathies
- Abdominopelvic Pain: Clinical Evaluation with Complementary Ultrasonography and Intervention
- Point-of-Care Foot and Ankle Ultrasonography in Outpatient PM&R Clinic



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 Tools for Diagnosis and Management of Lymphedema and Soft Tissue Disorders Associated with Lymphedema

Practice Management

- Post Acute-COVID Conditions: Update on Evaluation and Treatment Techniques
- Taking the Mystery out of SNF Practice
- Improving Mobility and Managing Risk for Fragile Patients via Telemedicine and Patient-Reported Outcome Measurement
- How to Implement a New Sports Medicine Interdisciplinary Service Line in a Large Academic and Community Hospital Network
- Physiatrists' Expanding Leadership in Lifestyle Medicine
- Thank You, Next: Practice Considerations for Early Career Physiatrists and Physiatrists Transitioning Practices
- Switching up Transitions for You: Helping Patients Navigate Healthcare Transitions
- Does Physiatry Play a Role in Value-Based Post-Acute Care?
- Trauma-Informed Care for Individuals Admitted to the Acute Rehabilitation Unit

In-Training/Early Career

- Looking Good on Paper: How to Write Support Letters and Personal Statements
- What You Are Getting Into Perspectives from Academic, Private, and Hybrid Practice Physiatrists
- Attendinghood 101: Making the Transition Into Becoming a Well Rounded Physiatrist
- Financial Education and Wellness for the Early and Mid Career Physiatrist

Academy Sessions

- Spasticity Practice Guidance for Physiatrists
- How PM&R Physicians Demonstrate their Value to the C-Suite
- AAPM&R Advocacy
- Avoiding Documentation Traps
- The Secrets to Making Data Your Friend
- Essential Knowledge and Skills in Cancer Rehabilitation
- Academy Efforts in Physiatry-Led Alternative Payment Models
- Selling Your Value Workshop/Course
- Strategies for the Changing Quality Landscape