

# aapm&r Registry

Better Practice. Better Outcomes.

## For Ischemic Stroke and Low Back Pain

### Providing the full picture of rehabilitation care

Patient-Reported Outcome (PRO) measures are increasingly utilized to evaluate success of rehabilitation care, and many physiatrist stakeholders are using PROs to see the full picture of that care.

The AAPM&R Registry utilizes data from Electronic Medical Records (EMR) and PRO data combined, providing actionable information to improve patients' lives.

### How PRO works in the AAPM&R Registry

Using PROMIS®29, a global tool that is used across clinical diagnoses and settings, assessments are completed by a patient or a proxy to inform clinicians on several data points, such as pain, quality-of-life, goals and more—specifically 29 questions over eight different domains:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Physical Function | <input checked="" type="checkbox"/> Sleep Disturbance                                     |
| <input checked="" type="checkbox"/> Anxiety           | <input checked="" type="checkbox"/> Ability to Participate in Social Roles and Activities |
| <input checked="" type="checkbox"/> Depression        | <input checked="" type="checkbox"/> Pain Interference                                     |
| <input checked="" type="checkbox"/> Fatigue           | <input checked="" type="checkbox"/> Pain Intensity  |

Additional PRO data such as return-to-work, complications and readmissions is also collected. Over time, as patient data is amassed, clinicians can assess patient improvement as well as their overall health status.

An individual login is assigned to each participant allowing them easy access to the Registry and its reports at their convenience—from any place and time.

*“Rehabilitation should be about improving outcomes and changing the face of the specialty. The only way to do that is by standardizing outcomes, analyzing the data and proving that what you do is making a difference.”*

Jim Silwa, MD, FAAPMR,  
Shirley Ryan AbilityLab,  
AAPM&R Registry participant



The American Academy of Physical Medicine and Rehabilitation (AAPM&R) is the national medical specialty organization representing more than 9,000 physicians who are specialists in physical medicine and rehabilitation.

The AAPM&R Registry is a single repository of data that will track “real-world” care nationally to define rehabilitation practice, move rehabilitation forward and improve patient outcomes. The AAPM&R Registry is the first for PM&R and the only symptom vs. diagnostic based registry in existence.