#aapmr21  IN-PERSON & VIRTUAL
NOVEMBER 11-14

2021 ANNUAL ASSEMBLY PROGRAM

The AAPM&R Annual Assembly is physiatry’s premier educational and networking event. This year, the Academy is planning two exceptional experiences so that ALL physiatrists can be a part of the Annual Assembly, whether attending IN-PERSON or VIRTUALLY. Join us November 11-14 in Nashville, TN and online, where we’ll be Reimagining Our Future Through Technology and Science.

aapmr.org/2021

REIMAGINING OUR FUTURE THROUGH TECHNOLOGY AND SCIENCE
We hope that you will join us for physiatry’s premier annual meeting—the 2021 Annual Assembly (AA). We recognize the clinical, practice and institutional challenges that you may still be facing in light of the continuing pandemic, and we want to support you by convening our PM&R community for a truly unique conference experience.

Our theme for 2021 is Reimagining Our Future Through Technology and Science. It is truly fitting, as we are reimagining virtually every aspect of our personal and professional lives because of the pandemic. Assembly content will address these changes and provide actionable solutions to equip physiatrists for success. We also expect that you will take away a better understanding of how science and technology can combine to advance our specialty now and into the future.

This year, the Academy is planning two exceptional experiences so that ALL physiatrists can be part of the Assembly. We are reimagining the Assembly with both in-person and virtual options so you can customize your event experience. No matter how you attend, rest assured you will receive all the great education, valuable networking, cutting-edge research and enjoyment that you have come to expect from AAPM&R’s Annual Assembly.

The AA program includes in-person, live-stream and on-demand presentations, exhibits, research posters, Job and Fellowship Fair, in-person Skills Labs and pre-conference courses, networking events and other exciting ways to participate. The 2021 Assembly offers 70+ clinical and practice symposia (20 of which will be live-streamed), divided into various clinical and practice themes so you can customize your educational experience with topics that are most important to you. Plus, access to all recorded and on-demand sessions is included with your registration, whether you choose to join us in-person or virtually. You will have the opportunity to earn more than 100 CME credits!

I encourage you to read on to appreciate everything that awaits you. If you have not attended an Annual Assembly in a while, this is a unique opportunity for you to re-connect with your PM&R community and enjoy a truly memorable conference experience. If you are a returning attendee, we are looking forward to seeing you again this year, in Nashville or online!

Join me as we will be Reimagining Our Future Through Technology and Science.

Register now at aapmr.org/2021.

Stuart M. Weinstein, MD, FAAPMR
AAPM&R President
Register now because the fun starts earlier than ever before! We are offering a variety of virtual programs and activities for all registrants in the weeks leading up to the in-person event in Nashville. Mark your calendars for these exciting, real-time, interactive events!

**Road to Nashville**

**Medical Student Program**
- Thursday, August 12 from 5 pm-8 pm (CT)
Our virtual experience kicks off with the Medical Student Program, where students can explore the growing field of physiatry. Participants will hear from attendings about the diverse practice environments within the specialty, see PM&R procedures and demonstrations and connect with their peers. The program isFREE to all medical students who are AAPM&R members. Watch for more details coming soon!

**Residency Fair**
- Tuesday, August 17 from 5 pm-8 pm (CT)
- Thursday, August 19 from 5 pm-8 pm (CT)
Medical students, mark your calendars! AAPM&R is hosting one virtual residency fair on two dates this year. You’ll be able to register to attend one or both fairs – whichever is most convenient for you – browse participating programs and book meetings with representatives ahead of time. Keep an eye out for details, coming soon!

**Pre-Conference Courses**
**IN-PERSON in Nashville**
- Tuesday, November 9 and Wednesday, November 10
  8 am-5 pm (CT)
Education takes center stage at #AAPMR21 and it all starts with our pre-conference sessions in-person in Nashville—Next Step Interventional Ultrasound: Hands-on PM&R Applications and Interventional Spasticity Management Applications. You must be enrolled in the AAPM&R STEP Certificate Programs and/or have completed STEP pre-requisite components to attend these courses. Go to aapmr.org/step for more information.

**Community Sessions**
- October 11-15, Monday-Thursday
  9 am-9 pm (CT), Friday 9 am-5 pm (CT)
- October 18-22, Monday-Thursday
  9 am-9 pm (CT), Friday 9 am-5 pm (CT)
- October 25-29, Monday-Thursday
  9 am-9 pm (CT), Friday 9 am-5 pm (CT)
We’re hosting more than 30 virtual Community Sessions throughout October so you can connect and collaborate with your peers. Participate in sessions created by community leaders to address your community’s unique needs and challenges. See pages 12-13 for a complete list of Community Sessions.

**Quiz Bowl Qualifying Rounds**
- ROUND 1: Tuesday, September 21 at 7 pm (CT)
- ROUND 2: Tuesday, October 12 at 7 pm (CT)
- FINAL ROUND: LIVE-STReAMED FROM NASHVILLE November 12 at 5 pm (CT)
Residents, get ready for our Quiz Bowl Qualifying Rounds. Test your PM&R knowledge and compete with other residency programs online. The final two teams standing will then compete in-person in Nashville on Friday, November 12 at 5 pm (CT) for bragging rights. Plans are still in the works, we’ll reach out to you soon with all the details.
This year, the Academy is planning two exceptional experiences so that ALL physiatrists can be part of the Assembly. We are reimagining the Assembly with both in-person and virtual options, so you can customize your event experience. No matter how you attend, rest assured you will receive all the great education, valuable networking, cutting-edge research and fun that you have come to expect from AAPM&R’s Annual Assembly.

In-Person in Nashville

Nothing can replace the in-person event experience—the excitement of getting ready for a show, traveling to a destination city, meeting peers face-to-face, attending educational sessions tailored to your needs—not to mention all the great networking. Now, as COVID-19 restrictions ease, we are once again able to host an in-person Annual Assembly. We can’t wait for you to join us in Nashville, November 11-14 where we’ll be Reimagining Our Future Through Technology and Science. The safety of our attendees, staff and local Nashville community remain our top priority. We are actively monitoring and following guidance from local health officials and national mandates to implement appropriate safety measures in Nashville. Further details and information are available at aapmr.org/assembly-faq.

Virtually, from Anywhere

The nature of events has changed. In 2020, organizations across the globe transformed their in-person events into engaging virtual experiences. The Academy was no exception; however, despite some challenges, we flourished in the virtual event space. Our 2020 virtual Assembly broke attendance records and we’re poised to do it again for 2021!

We’ve designed the virtual experience to be engaging and interactive so that all attendees—in-person or virtual—get a full Annual Assembly experience. Our virtual program offers the flexibility to participate from anywhere, anytime. Enjoy 24/7 access to the best educational content, valuable networking and cutting-edge research that you’ve come to expect from AAPM&R’s Annual Assembly. Everything from our annual meeting with less time away from work or family. All you need is a computer.

REGISTER BEFORE SEPTEMBER 15 to receive early-bird registration discounts and lock in your reservation before in-person spaces fill up.

All educational sessions, registration, scientific posters and the PM&R Pavilion will be held at the:

Music City Center
201 Rep. John Lewis Way South
Nashville, TN 37203

Plenary Sessions

Four in-person plenary sessions will be live-streamed from Nashville, where thought-leaders will share their insights on how they’ve overcome adversity to leave a lasting impact on their respective fields. Don’t forget about your peer presenters on Sunday! Hear our PhyzTalks finalists who will share their compelling and inspirational physiatry-focused stories with the PM&R community.

See below for a comparison of the in-person and virtual Annual Assembly event experiences.

ROAD TO NASHVILLE (AUGUST – OCTOBER)

August 12-19
Medical Student Program and Residency Fair (Live Virtual)
September 21 and October 12
Quiz Bowl Qualifying Rounds (Live Virtual)
October 11-29
Community Sessions (Live Virtual)

LIVE FROM NASHVILLE (NOVEMBER 11-14)

Thursday, November 11, 11 am-12:30 pm (CT)
Opening Plenary and Presidential Address
Stuart M. Weinstein, MD, FAAPMR and Erik Antonsen, MD, PhD, FAAEM, FACEP
Dr. Antonsen will discuss how the effects on human health and function from deep space travel can inform and enhance physiatric care on Earth.

Friday, November 12, 3:45 pm-4:45 pm (CT)
Plenary Session, Ayanna Howard, PhD
Dr. Howard will discuss her career in robotic science, and how robotic technology can be incorporated into rehabilitation to enhance functional outcomes.

Saturday, November 13, 12:30 pm-1:30 pm (CT)
S3rd Walter J. Zeiter Lecture and Awards Video Presentation
Julie K. Silver, MD, FAAPMR
Dr. Silver will be addressing patient care and workforce disparities.

Sunday, November 14, 8 am-10 am (CT)
Brunch and Closing Plenary Session: PhyzTalks Finalists

#AAPM21—TWO CONFERENCES IN ONE

In-person in Nashville and Virtually, from Anywhere!
Physiatry’s Event of the Year!

TOP-NOTCH EDUCATION

Clinical and Practice Symposia

Enjoy 60 clinical and practice symposia in addition to four plenary sessions, broken into various clinical and practice themes so you can customize your educational experience with what’s most important to you. Can’t attend all the sessions? No worries—they’ll be recorded for future viewing and available to all registered attendees with the opportunity to earn more than 100 CME credits. *20 symposia will also be live-streamed virtually.

HANDS-ON AND DEMONSTRATION EXPERIENCES

Skills Labs

Skills Labs are available once again in-person for 2021! These three-hour immersive educational experiences offer a blend of didactic and hands-on learning. Choose from 10 interactive sessions this year. Visit aapmr.org/2021 for dates and topics. Register early as space is limited. Additional registration and fees apply for these in-person labs.

Learning Center

Step inside the Learning Center—located in the PM&R Pavilion—to experience additional education from AAPM&R and sponsoring companies. Through our hands-on demonstration stations and “Center Stage,” thought-leaders will provide interactive education and technology demonstrations. Visit aapmr.org/2021 for the most up-to-date listing of these activities and plan to make them part of your in-person Assembly experience. Advanced registration and additional fees are not required.

RESEARCH AND TECHNOLOGY

Research Hub

The Annual Assembly is the place to hear first-hand the important trends and research from recognized industry professionals, peers and experts—in person in Nashville. Tour our Research Hub, located in the PM&R Pavilion, and discover the highest quality PM&R research. You will be able to tailor your research experience by viewing live “best of” poster presentations, reviewing all posters through video kiosks at your leisure and hearing pre-recorded audio presentations online.

*Posters and pre-recorded presentations also available virtually.

PM&R Pavilion

AAPM&R’s Annual Assembly brings in the exhibitors that you want to meet, and they are happy to see you again in-person in the PM&R Pavilion. Explore exhibiting organizations and learn about the cutting-edge products, services and solutions they offer to enhance patient care and your practice. See pharmaceutical, device and technology companies, publishers, institutions and more—all on our massive show floor! Visit aapmr.org/2021 to view the floor plan and a complete list of exhibitors.

*Virtual exhibit hall also available.

Continue Learning All Winter Long—Your Assembly “Encore”

All registrants will have access to all recorded and on-demand Assembly sessions included with their registration, with the chance to earn more than 100 AMA PRA Category 1 Credits™.

FOR YOUR CAREER

Career Corner

Visit the Career Corner in the Learning Center to learn more about the Academy’s career development resources. Attendees who are in Nashville will be able to meet representatives and staff who will help answer your career-related questions and provide advice about navigating all aspects of the specialty. We’ll also be offering CV review appointments. All sessions are meant to be casual, interactive and informative. Advanced registration and additional fees are not required. Watch for more details as we get closer to the event. *Also available virtually.

AAPM&R’s In-Person Job and Fellowship Fair

Wednesday, November 10 from 6:30 pm-9 pm (CT)

Looking for your dream job? Interested in available opportunities? Join us for AAPM&R’s Job and Fellowship Fair—the largest PM&R-specific career fair. Meet with representatives from institutions and practices across the country. Build new professional networks, get and give advice and find your future position or fellowship opportunity. *Virtual Job and Fellowship Fair held separately.

NETWORKING AND FUN

President’s Reception—PM&R Block Party

Friday, November 12 from 6:30 pm-8 pm (CT)

Street-side, between the Music City Center and Omni Nashville!

This year, we’re shutting down the streets to top off your week in Music City! Reconnect and celebrate with your friends and colleagues at an exclusive block party, right in the heart of downtown Nashville. Take in live, musical entertainment that has made Nashville famous, and enjoy drinks and appetizers before heading out on the town. This outdoor reception, planned just for Annual Assembly attendees, will allow everyone to gather safely and comfortably; however, the venue is dependent on weather and tickets will not be refundable after the event. Tickets are $40 for attendees and non-attendee guests. Children under age three are free.

Community Networking

After participating in our live virtual Community Sessions throughout October, connect with your Member Communities in Nashville, where we’ll host in-person networking sessions the morning of Thursday, November 11. A complete list of Community Sessions is available on pages 12-13.

AND MORE!

The Oasis

Thursday, November 11 from 7:15 am-8 am (CT)

Welcome Reception

Thursday, November 11 from 5 pm-7 pm (CT)

State Society Meetings

Saturday, November 13, 5:30 pm (CT)

Hotel Discounts

AAPM&R offers discounted rates for Annual Assembly attendees exclusively at several area hotels—see below.

See page 25 for pricing and registration information. Visit aapmr.org/2021 for the most up-to-date information on the in-person Assembly experience. For safety updates and more, read our FAQs at aapmr.org/assembly-faq.
#AAPMR21—VIRTUALLY, FROM ANYWHERE
Physiatry’s Virtual Event of the Year!

Plenary Sessions
Join all of your colleagues in attendance during four plenary sessions, in which all attendees—in person or virtual—will come together to hear PM&R thought leaders share their insights. Read more on page 7 or visit aapmr.org/plenary.
*Also included for in-person registrants.

Clinical and Practice Symposia
As part of your virtual event experience, enjoy 20 live-streamed and 10+ pre-recorded clinical and practice symposia, broken into various themes so you can customize your educational experience with what’s most important to you. All sessions will be recorded for future viewing and available to all registered attendees with the opportunity to earn more than 100 CME credits.
*Also included for in-person registrants.

Research Hub
The virtual experience will allow you to view and hear first-hand the important trends and research from recognized professionals, peers and experts. Posters will be available online to view at any time along with pre-recorded audio. When touring the virtual Research Hub, you will be able to see and hear what research is taking place within the field of PM&R.
*Also included for in-person registrants.

PM&R Pavilion and Sponsored Content
Get the virtual scoop on all the latest and greatest PM&R technologies in the interactive PM&R Pavilion. Companies will be sharing content through various channels in the online platform. You’ll be able to view videos, attend sessions and download information.
*Also included for in-person registrants.

FOR YOUR CAREER
AAPM&R’s Virtual Job and Fellowship Fair
Join us for AAPM&R’s Job and Fellowship Fair—the largest PM&R-specific career fair—now available virtually. Interact with representatives from institutions and practices across the country—all from your home or office—with our new, interactive virtual platform and get a jump start on your next career move.
*Also included for in-person registrants.

Career Corner
AAPM&R will host a virtual Career Corner throughout the meeting. Attendees will be able to schedule online appointments for CV reviews, receive career guidance from fellow members and learn about the Academy’s career development resources via our online platform.
*Also included for in-person registrants.

NETWORKING AND FUN
Virtual Networking Events
We’re bringing the fun online. Connect with your PM&R community during a variety of virtual networking events. Watch for more details coming soon.

Member Resource Center
Connect with Academy staff in the Member Resource Center and discover how you can help play a role in advancing the specialty. Learn about all AAPM&R initiatives (current and what’s coming soon), as well as resources and solutions for physiatrists looking to succeed in today’s post-pandemic environment.
*Also included for in-person registrants.

See page 25 for pricing and registration information. Visit aapmr.org/2021 for the most up-to-date information on the virtual Assembly experience. Have questions? Read our FAQs at aapmr.org/assembly-faq.

Continue Learning All Winter Long—Your Assembly “Encore”
All registrants—including virtual attendees—will have access to all recorded and on-demand Assembly sessions included with their registration, with the chance to earn more than 100 AMA PRA Category 1 Credits™.

Next Steps for #AAPMR21 Virtual Registrants
Registered virtual attendees will receive participation instructions closer to the Assembly. In the meantime, your Academy will be sending updates, highlights and tips to maximize your virtual experience!
Be sure to mark your calendar for our Pre-Assembly Events, including Community Sessions and the Quiz Bowl!
Available in the weeks leading up to the Annual Assembly

- October 11-15 — Monday–Thursday from 9 am–9 pm (CT), Friday 9 am–5 pm (CT)
- October 18-22 — Monday–Thursday from 9 am–9 pm (CT), Friday 9 am–5 pm (CT)
- October 25-29 — Monday–Thursday from 9 am–9 pm (CT), Friday 9 am–5 pm (CT)

The fun starts earlier than ever before with 30+ live Community Sessions offered virtually to all registrants in the weeks leading up to the in-person Assembly. Participate in sessions created by community leaders to address your community’s unique needs and challenges. Log in throughout October to connect and collaborate with your peers who share similar interests. These sessions will also be available on-demand for registrants.

Adaptive Athletes and Sports, Amputee/Limb Loss Restoration Rehabilitation
Advocacy for Equitable Access to Physical Activity and Sport
Wednesday, October 27, 6 pm-7:30 pm (CT)

African American Physiatrists
Medicolegal Physiatry Opportunities and African American Physiatrists
Wednesday, October 20, 6 pm-7:30 pm (CT)

African American Physiatrists and LatinX in Physiatry
Critical Conversations: Recognizing and Mitigating Workplace Bullying
Thursday, October 28, 5 pm-6 pm (CT)

Alternative Pain Medicine
Multidimensional Pain Management: Exploring Nutrition and the Mind-Body Connection
- Part 1: Thursday, October 14, 12 pm-1:30 pm (CT)
- Part 2: Tuesday, October 26, 6 pm-7:30 pm (CT)

Brain Injury Medicine Current Fellows and Future Candidates
Neurorehabilitation Career Paths: A Panel Discussion of the Multiple Options Your Fellowship Training Can Take You
Wednesday, October 13, 3 pm-4:30 pm (CT)

Business of Healthcare Physiatrists
Part 1: How I Got Here: Mapping the Journey to Leadership
Tuesday, October 12, 1 pm-2:30 pm (CT)
Part 2: Lessons Learned on the Road to Executive Leadership
Wednesday, October 20, 1 pm-2:30 pm (CT)

Cancer Rehabilitation Medicine
Cancer Rehabilitation: Advocacy, Telemedicine, and Experiences During COVID-19
Tuesday, October 19, 4:30 pm-6 pm (CT)

Cancer Rehabilitation Medicine and Pediatric Rehabilitation
Part 1: Building Pediatric Cancer Rehabilitation Programs: Pearls and Pitfalls of Program Development
Friday, October 29, 10-30 am-12 pm (CT)
Part 2: Multidisciplinary Case Studies in Pediatric Cancer Rehabilitation
Friday, October 29, 12 pm-1:30 pm (CT)

Central Nervous System
Part 1: Adult Rehabilitation Care of Persons Aging with Acquired CNS Disorders and Neurodevelopmental Disabilities
Tuesday, October 12, 6:30 pm-8 pm (CT)
Part 2: Transition of Care: Neurorehabilitation Journey through Different Settings of Healthcare
Thursday, October 21, 6:30 pm-8 pm (CT)

Central Nervous System/Pediatric Rehabilitation
“Dear Physiatrist” Let’s Talk about Transition of Care for People with Acquired and Developmental Disabilities
Tuesday, October 19, 6:30 pm-8 pm (CT)

Exercise as Medicine
Exercise As Medicine: From Lab to Practice-Translating Science into Programmatic Enhancements
Thursday, October 28, 12 pm-3 pm (CT)

Geriatric Rehabilitation
Hot Topics in Geriatrics and Rehabilitation
Tuesday, October 26, 12 pm-3 pm (CT)

Inpatient Consultants
PM&R Consultations: More Than Just Disposition
Thursday, October 14, 3 pm-6 pm (CT)

Inpatient Rehabilitation
Hotbeds of Infection: Preventing Outbreaks on the Rehab Unit
Thursday, October 14, 12 pm-1:30 pm (CT)

LGBTQIA+ in Physiatry
Inaugural Community Networking Session
Thursday, October 21, 3 pm-4 pm (CT)

Medical Educators
Diversity and Inclusion in PM&R Medical Education
Thursday, October 14, 6 pm-7:30 pm (CT)

Muslim Physiatrists
Principles of Assessment: Providing Feedback
Monday, October 11, 1 pm-2 pm (CT)

Neuromodulation and Pain Medicine and Spine Medicine
Pain and Spine
Thursday, October 14, 6 pm-7:30 pm (CT)

Pediatric Rehabilitation
Cerebral Palsy Challenges: Dystonia, Sexuality and Intimacy, and Mimickers
Tuesday, October 26, 7:30 pm-9 pm (CT)

Pediatric Sports Medicine
Concussion Management in Children With and Without Disabilities
Wednesday, October 27, 6 pm-7:30 pm (CT)

Performing Arts Medicine
Performing Arts Medicine Community
- Part 1: Monday, October 25, 7:30 pm-9 pm (CT)
- Part 2: Wednesday, October 27, 7:30 pm-9 pm (CT)

Physiatry in Skilled Nursing Facilities
Physiatric Practice in the SNF: Success During and After the COVID-19 Pandemic
Thursday, October 28, 6 pm-9 pm (CT)

Research in Physiatry
Opportunities to Engage In and Optimize the Quality of Physiatry Research
Thursday, October 28, 6 pm-7:30 pm (CT)

Running Medicine
New Evidence on Clinical Exam, Functional Assessment and Injury Prevention in Runners
Monday, October 25, 7 pm-8:30 pm (CT)

South Asian Physiatry
COVID-19 Across the Continents: A Panel Discussion
Monday, October 11, 7:30 pm-9 pm (CT)

Sports Medicine
Prevention Strategies of Common Sports Injuries
Thursday, October 21, 6 pm-7:30 pm (CT)

Women Physiatrists
How to Navigate Business in Medicine
Monday, October 18, 3pm-4pm (CT)

Member Community Networking
Join your peers on Thursday, November 11 in Nashville for more networking. The list of communities that will be meeting will be available at aapmr.org/communitysessions in early July.
Registrants will have access to these On-Demand Sessions in early November and can watch them at their leisure during the Annual Assembly and as part of the 2021 AA Rewind.

2020 Scott F. Nadler PASSOR Musculoskeletal Research Grant Recipient: From Platelet Dust to Extracellular Vesicles: Mechanistic Study of Platelet-rich Plasma and Its Role in the Treatment of Osteoarthritis
Kuntal Chowdhary, MD, FAAPMR

A Tale of Two Pandemics: Managing the Pain Crisis During the COVID-19 Pandemic
Saloni Sharma, MD, FAAPMR

Electrodiagnosis of Brachial Plexopathies
Sandra L. Hearn, MD, FAAPMR

Fitness for Every Body: Adapting Exercise for Physical and Cognitive Impairments
Amy M. West, MD, EdM, FAAPMR; Alec Zirkenbach, CCFT, AIT

Global Health in the Post-COVID World
Stephanie E. Rand, DO, FAAPMR

Horses and Zebras in the Spasticity Zoo
Sandra L. Hearn, MD, FAAPMR

Mastering Outpatient Coding for 2022
Matthew J. Grennon, MD, FAAPMR

Medical Cannabis Update 2021: What Do We Tell Our Patients & Our Colleagues?
Mitchell Prywes, MD, FAAPMR

Proximal Hamstring Tendinopathy: Current Concepts and Emerging Technology
Kelly C. McNam, DO, FAAPMR

Rolling with the Punches: An Interdisciplinary Model for Treating the Neurobehavioral Patient
Christopher M. Falco, MD

The Future of Rehabilitation Medicine: Peak Performance, Technology, Populations and the Science of Treating the Whole Person
Jeffrey S. Meyers, MD, FAAPMR

The Future of Spasticity Management in Cancer
Charles H. Mitchell, DO, FAAPMR

There will also be a live Q&A on Friday, November 12 from 10 am-10:45 am (CT).

*All times are Central Standard Time (UST-6). Content subject to change.

REGISTRATION
AAPMR.ORG/2021
— IN-PERSON IN NASHVILLE—SCHEDULE-AT-A-GLANCE

**TUESDAY, NOVEMBER 9**
8 AM-5 PM (CT)  
PRE-CONFERENCE COURSES: NEXT STEP INTERVENTIONAL ULTRASOUND AND INTERVENTIONAL SPASTICITY MANAGEMENT APPLICATIONS (DAY 1)

**WEDNESDAY, NOVEMBER 10**
8 AM-5 PM (CT)  
PRE-CONFERENCE COURSES: NEXT STEP INTERVENTIONAL ULTRASOUND AND INTERVENTIONAL SPASTICITY MANAGEMENT APPLICATIONS (DAY 2)
5:45 PM-6:15 PM (CT)  
SPONSORED SESSION FOR RESIDENTS BY MEDTRONIC
6:30 PM-9 PM (CT)  
IN-PERSON JOB AND FELLOWSHIP FAIR IN NASHVILLE

**THURSDAY, NOVEMBER 11**
8 AM-10:30 AM (CT)  
MEMBER COMMUNITY NETWORKING
11 AM-12:30 PM (CT)  
OPENING PLENARY & PRESIDENTIAL ADDRESS (LIVE-STREAMED)
12 PM-7 PM (CT)  
PM&R PAVILION OPEN
12:30 PM-2 PM (CT)  
LUNCH & VISIT PAVILION
12:45 PM-1:45 PM (CT)  
SPONSORED EDUCATIONAL THEATERS
2 PM-5 PM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
5 PM-7 PM (CT)  
WELCOME RECEPTION
7 PM (CT)  
STATE SOCIETY MEETINGS

**FRIDAY, NOVEMBER 12**
8:30 AM-9:30 AM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
9:30 AM-4 PM (CT)  
PM&R PAVILION OPEN
10 AM-11 AM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
11 AM-12:30 PM (CT)  
LUNCH & VISIT PAVILION
11:15 AM-12:15 PM (CT)  
SPONSORED EDUCATIONAL THEATERS
12:30 PM-1:30 PM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
1:45 PM-2:45 PM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
3 PM-4 PM (CT)  
CORPORATE SESSIONS & BEST OF RESEARCH
4:45 PM-5:45 PM (CT)  
PLENARY SESSION (LIVE-STREAMED)
5 PM-5:45 PM (CT)  
QUIZ BOWL FINAL ROUND
5:45 PM-6:45 PM (CT)  
RESIDENT RECEPTION
6:30 PM-8 PM (CT)  
PRESIDENT’S RECEPTION

**SATURDAY, NOVEMBER 13**
8:30 AM-9:30 AM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
9:30 AM-12:30 PM (CT)  
PM&R PAVILION OPEN
10 AM-11 AM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
11 AM-12:30 PM (CT)  
LUNCH & VISIT PAVILION
11:15 AM-12:15 PM (CT)  
SPONSORED EDUCATIONAL THEATERS
12:30 PM-1:30 PM (CT)  
S3RD WALTER J. ZEITLER LECTURE AND AWARDS PRESENTATION (LIVE-STREAMED)
2 PM-3 PM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
3:30 PM-4:30 PM (CT)  
CONCURRENT LIVE SYMPOSION (INCLUDING LIVE STREAMED SESSIONS)  
LEARNING CENTER RESEARCH HUB
5:30 PM (CT)  
ALUMNI RECEPTIONS

**SUNDAY, NOVEMBER 14**
8 AM-10 AM (CT)  
BRUNCH AND CLOSING PLENARY SESSION FEATURING PHYSICIAN TALKS (LIVE-STREAMED)
# First-Time Attendee Meet-Up
- 7:15 am - 8 am (CT)
- Registration, Member Resource Center Open
- Member Community Networking

## Opening Plenary Keynote and Presidential Address:
- Stuart M. Weinstein, MD, FAAPMR and Erik Antonsen, MD, PhD, FAAEM, FACEP

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**TIME** | **CLINICAL AND PRACTICE SYMPOSIA** | **LEARNING CENTER/RESEARCH HUB** | **SKILLS LABS** | **LEARNING CENTER/RESEARCH HUB**
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| 2 pm - 3 pm (CT) | Electrodagnosis: Challenging Dilemmas in Interpretation [EMG/NEUROMUSCULAR] Faren H. Williams, MD, MS, FAAPMR | 1801. Sonographic Evaluation of the Thigh [OSK/SPORTS & ULTRASOUND] Ryan C. Kruse, MD, FAAPMR | 1801. | LEARNING CENTER
- Ultrasoundography for Common Entrapment Neuropathies of the Upper Extremity [EMG/SPORTS] Mohammed Emam, MD, MBCI, FAAPMR
- Ultrasound: The Data Is In: How AAPM&R’s Registry Early Adopter Sites Are Engaging Patients to Collect Valuable Data in Low Back Pain and Ischemic Stroke [BOLD] Michael Hatzakis, Jr., MD, FAAPMR

- Ultrasound: The Data Is In: How AAPM&R’s Registry Early Adopter Sites Are Engaging Patients to Collect Valuable Data in Low Back Pain and Ischemic Stroke [BOLD] Michael Hatzakis, Jr., MD, FAAPMR
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| 5 pm - 7 pm (CT) | Welcome Reception in the PM&R Pavilion | Welcome Reception in the PM&R Pavilion | | RESEARCH SPOTLIGHT
- AAPM&R’s Registry Demonstrations: Clinical Dashboards and PRO Module [BOLD] 
- AAPM&R’s Registry Demonstrations: Clinical Dashboards and PRO Module [BOLD] 

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*All times are Central Standard Time (UST-6). Content subject to change. ☑️ = Paid Ticket Required. ☑️ = Live-Streamed Session.*
**RESIDENT RECEPTION**
**PM&R PAVILION OPEN**
**BREAK**
**ABPMR: QI and You: Optimizing Your ABPMR CC Requirement to Add Value**
**Medical Cannabis Update 2021: What Do We Tell Our Patients & Our Colleagues? Live Q&A**
**Top Papers in Pediatric Rehabilitation: A Summary of the Most Impactful Articles**
**SKILLS LABS**
**A Game of CLUE: Can You Deduce the Different Causes for the Same Presenting Neck and Upper Extremity Efficacy of Early Rehabilitation of Post COVID-19 Survivors - Single Center Experience**
**AYANNA HOWARD, PHD**
**Burnout, Moral Injury and Physician Suicide Prevention: Strategies for Wellness as a Group**
**AAPM&R'S GME ACADEMIC LEADERS LUNCH**
**BREAK**
**Clinical Pearls: Practical Ways to Add Integrative & Lifestyle Medicine to Your Practice**
**RESIDENT RECEPTION**
**PM&R PAVILION OPEN**
**QUIZ BOWL FINAL ROUND (INVITATION ONLY)**
**AYANNA HOWARD, PHD**
**BREAK**
**BREAK**
**LUNCH AND SPONSORED EDUCATION**
**REGISTRATION, MEMBER RESOURCE CENTER OPEN**

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**1:45 pm-2:45 pm (CT)**
Efficacy of Early Rehabilitation of Post COVID-19 Survivors - Single Center Experience
Ning Cao, MD, FAAPMR, Thomas K. Watanabe, MD, FAAPMR
Past, Present, and Future of Pediatric Rehabilitation: Research Updates and State of the Field
Kevin P. Murphy, MD, FAAPMR
A Game of CLUE: Can You Deduce the Different Causes for the Same Presenting Back and Lower Extremity Symptoms?
PAIN AND SPINE: Patricia Z. Zheng, MD, FAAPMR

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**2:45 pm-3:45 pm (CT)**
Academy Efforts in Value-Based Physiatry
Christopher J. Staandert, MD, FAAPMR
Let’s Get Ready to Rumble: Understanding Tendon Structure and Function to Improve Patient Outcomes
[MUSK/SPORTS]: Brian J. Krabak, MD, MBA, FACSM, FAAPMR
Practice Models for Young Physiatrists - Welcome to the Real World
IN-TRAINING/EARLY CAREER: Craig C. DiTommaso, MD, FAAPMR

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**3:45 pm-4:45 pm (CT)**
Medical Cannabis Update 2021: What Do We Tell Our Patients & Our Colleagues? Live Q&A
10 am-10:45 am (CT)
A Game of CLUE: Can You Deduce the Different Causes for the Same Presenting Neck and Upper Extremity Symptoms?
PAIN AND SPINE: Patricia Z. Zheng, MD, FAAPMR
Integrating Robotic Therapies into Inpatient Rehabilitation - Physiatry Leads the Way
NEW TECHNOLOGIES: Christina Kwasnica, MD, FAAPMR
Clinical Management of Intentional Sports Injuries (Athlete Abuse) in Ambulatory Settings
[MUSK/SPORTS]: Yetsa A. Tsuklki-Wosornu, MD, MPH

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**4:45 pm-5:45 pm (CT)**
Evaluating Physical Medicine and Rehabilitation Residents in Subacute Rehab Facilities: Opportunities and Barriers
LEADERSHIP: R. Samuel Mayer, MD, MEHP, FAAPMR
PHIT Fire 2021: Reinventing Our Future
IN-TRAINING/EARLY CAREER: Donald Kastliron, MD, Charles Kenyon, DO, MS, CSRS
Revamping Musculoskeletal Care for Adults with Spastic Cerebral Palsy
[SPASTICITY]: Healyung Kim, MD, FAAPMR

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**5:45 pm-6:45 pm (CT)**
2022 MIPS: Preparing Your Practice for Reporting and Strategies to Improve Performance
[PRACTICE]: Mark E. Huang, MD, FAAPMR
Prescribing Exercise in the 2020s: Novel Strategies for the Musculoskeletal Physiatrist
[MUSK/SPORTS]: Prakash Jayabalan, MD, PHD, FAAPMR
Your First Job: Searching, Signing, and Starting
IN-TRAINING/EARLY CAREER: Sima Desai, MD, FAAPMR; Timothy K. Tiu, MD, FAAPMR

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**6:30 pm-7:30 pm (CT)**
2023 Advanced Musculoskeletal Ultrasound of the Ankle/Foot
[MUSK/SPORTS & ULTRASOUND]: Ajmaly C. De Castro, MD, FAAPMR
1804: Abdominopelvic Pain: Clinical Evaluation with Complementary Ultrasonography and Intervention
[MUSK/SPORTS & ULTRASOUND]: Runia Nalampare, DO, FAAPMR

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**7:30 pm-8:30 pm (CT)**
Beyond Musculoskeletal Ultrasound: Ultrasound Use Cases for Inpatient and Clinic Settings
CLINICAL TECHNIQUES: Tim M. Griswold, MD, FAAPMR, Kyle D. Josephson, MD
Sideline Medicine: Assessment and Management of Acute On-field Injuries
[MUSK/SPORTS & ULTRASOUND]: Timothy K. Tiu, MD, FAAPMR
ABPMR Live Demo: ABPMR Certification Dashboard

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8:30 am-9:30 am (CT)  
Financial Education for Students, Residents, Fellows and Early-Career Physicians  
Nikhil Verma, MD

Integrating Advanced Technologies into Your Practice  
Melhu J. Desai, MD, MPH, FAAPMR

ABPMR: Accountability, Honor, and Integrity: Professionalism in Medicine and PM&R

Approach to Posterior Shoulder and Upper Back Pain: Case-Based Discussions  
Brian C. Liem, MD, FAAPMR

9:30 am-12:30 pm (CT)  
PM&R PAVILION OPEN

10 am-11 am (CT)  
COPE COVID: Cognitive and Psychological Effects of COVID-19 Patients in Acute Rehabilitation  
Susan Malterer, DO, FAAPMR

Musculoskeletal Pain of Pregnancy: Epidemiology, Biomechanics, Diagnosis, and Treatment  
Ameel S. Nagpal, MD, MS, Med, FAAPMR

Teaching to Teach: Focus on Millennial Learners  
[IN-TRAINING/EARLY CAREERS] [PRACTICE]  
Matthew T. Haas, MD

11 am-12:30 pm (CT)  
LUNCH AND EDUCATIONAL THEATER

11:30 am-12:25 pm (CT)  
AAPM&R ANNUAL BUSINESS MEETING (IN-PERSON ONLY)

12:30 pm-1:30 pm (CT)  
S3RD WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION  
[NEW TECHNOLOGIES]  
JULIE K. SILVER, MD, FAAPMR

1:30 pm-2 pm (CT)  
BREAK

2 pm-3 pm (CT)  
2021 PASSOR Legacy Award and Lectureship: “Answer Your Email” and Other Pearls for Success  
Jonathan Finnoff, DO, FAAPMR

New Technologies in Cancer Rehabilitation Medicine  
Diana M. Molinares-Mejia, MD, FAAPMR

ABPMR: The Impact of Oil in PM&R: All Roads Lead to Quality

Going to PROM: Enhancing Value-Based Care with Patient-Reported Outcome Measures  
[IN-TRAINING/EARLY CAREERS] [PRACTICE]  
Sean R. Smith, MD, FAAPMR

3 pm-3:30 pm (CT)  
BREAK

3:30 pm-4:30 pm (CT)  
Imaging of Neurologic Decline Following Traumatic Brain Injury  
Daniel H. Daneshvar, MD, PhD, FAAPMR

Multidisciplinary Approach to Treating Scoliosis - Viewpoints from a Physical Therapist, Physiatrist, and Surgical Perspecitive  
[IN-TRAINING/EARLY CAREERS]  
Aaron J. Yang, MD, FAAPMR

Demystifying Sports Hernia/Core Muscle Injury: Multidisciplinary Approach  
Gene Talmody, DO, FAAPMR

5:30 pm (CT)  
ALUMNI RECEPTIONS

*All times are Central Standard Time (UST-6). Content subject to change.  
= Paid Ticket Required.  
= Live-Streamed Session.
RESILIENCE... INNOVATION... GRIT...

Thank you to our physicians, trainees, and staff for their tremendous work during the pandemic. Despite the challenges of highly demanding patient care and dynamic situations at home, Penn PM&R is persevering.

Our Good Shepherd hospital partners and their clinical rehabilitation staff are demonstrating formidable determination. Together, we continue to meet our patient care missions through these trying times.

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Donor Appreciation Reception (by invitation only)
- Thursday, November 11: 7:30 pm (CT)
- Cumberland 1, Level 3, Omni Hotel
Once a year, the Foundation for PM&R has the opportunity to thank our donors for their support in a social setting. This year, the reception will feature this year’s Research Grant Award winners presenting brief summaries of their winning research proposals. Remote participation will also be available.

Rehab 5k Run/Walk & Roll and Residency Program Challenge
- Friday, November 12: 6:30 am
- Shelby Bottoms Greenway and Nature Center
Take advantage of the early-bird discount and join your colleagues for this early morning run to raise money for physiatric research! You can also enroll your residency program now in the competition for fastest runners, largest team and more. The option to participate virtually is also available. Contact Phyllis Anderson at panderson@foundationforpmr.org or call 847-737-6062.

Presentation of Foundation for PM&R Awards and Grants
- Saturday, November 13: 12:30 pm-1:30 pm (CT)
- Grand Ballroom, Convention Center
The Foundation for PM&R will be presenting $100,000 in research grant awards, including Richard S. Materson ERF New Investigator Research Grants, Gabriella E. Molnar-Swafford, MD, Pediatric PM&R Grant and the Scott F. Nadler PASSOR Musculoskeletal Research Grant. We will also announce the 2021 Gabriella E. Molnar-Swafford Pediatric PM&R Lifetime Achievement Award winner.

Presentation of Results from 2020 Nadler Research Grant Winner
Available on-demand
Kuntal Chowdhary, MD of the University of Pittsburgh Medical Center will present the results of her 2020 Scott Nadler PASSOR Research Grant study, “From Platelet Dust to Extracellular Vesicles: Mechanistic Study of Platelet-rich Plasma and Its Role in the Treatment of Osteoarthritis.”
Three Ways to Register for #AAPMR21
Your Academy understands that travel plans may be up in the air at this time; therefore, please know that you will not incur any fees or penalties for canceling or changing your Annual Assembly registration at any time, for any reason. However, we encourage you to register early and take advantage of the discounted early-bird rates, which end on September 15!

- **Online.** Download a copy of the registration form online and mail your completed form with payment by October 29, 2021 to the P.O. Box listed on the registration form.
- **Fax.** Download a copy of the registration form online and fax your completed copy to (847) 563-4191. Registrations with credit card payments can be faxed until November 5 at 4 pm (CT). After this date/time, all registrations must be completed online or in-person at the Assembly.

Your registration fee does not include Pre-Conference Courses, ticketed three-hour Skills Labs or the President’s Reception.

### 2021 Annual Assembly Registration Fees

<table>
<thead>
<tr>
<th>REGISTRATION CLASS</th>
<th>EARLY-BIRD RATES (NOW THROUGH SEPTEMBER 15)</th>
<th>STANDARD/ONSITE RATES (SEPTEMBER 16 FORWARD)</th>
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<td>In-Person + Virtual</td>
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<td><strong>MEMBER</strong></td>
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<td>Physiatrist/Fellow, Part-Time Fellow, Associate, International</td>
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### REGISTRATION ADD-ONS

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### CANCELLATION POLICY

Now through November 5, AAPM&R will give a full refund for the Annual Assembly, for any reason. A full refund will be issued to any registrant upon request, without any fees or penalties, no matter when they registered for the Annual Assembly. When possible, cancellations with advance notice are appreciated. Read the complete policy at aapmr.org/2021.

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### Transformative Care at Its Best

Our regional footprint offers 192 inpatient rehabilitation beds, 10 rehabilitation and musculoskeletal clinics, and 21 outpatient therapy sites. Here’s what to know:

- **Nation’s first rehabilitation hospital** to be an AHRQ designated Patient Safety Organization for EQUADRM™
- **12 CARF-accredited programs**, including the world’s first CARF-accredited cancer rehabilitation program
- **Comprehensive, integrated rehabilitation services** offered at Atrium Health Carolinas Medical Center, ranked as a Best Regional Hospital by U.S. News & World Report
- **Robust academic medical center** with a PM&R Residency, Brain Injury and Cancer Rehabilitation Fellowships, and one of the region’s largest PM&R research programs
- **Next-generation academic health system** is being created by Atrium Health, Wake Forest Baptist Health combination
  - William Bockenek, MD, chief medical officer of Atrium Health Carolinas Rehabilitation, has been named the enterprise chair of the PM&R Academic Department
  - Walter Davis, MD, section chief, orthopaedic surgery at Wake Forest School of Medicine, has been named the north, central and western, NC, section chief of the PM&R Academic Department

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### New Rehabilitation Hospital

Scheduled to Open 2022

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### Atrium Health Carolinas Medical Center

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### Atrium Health

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### #AAPMR21 — REGISTRATION
AAPM&R gratefully acknowledges the companies listed below for their support in 2021 (as of May 5, 2021). This compliant support allows AAPM&R to carry out its mission of advancing the specialty and helps reduce the financial dependence on members and attendees. AAPM&R is especially grateful for their continued commitment to AAPM&R and the specialty throughout the pandemic. A complete list of supporters for 2021 will appear in the Official Program, distributed onsite at the Annual Assembly.

**PLATINUM LEVEL**
- Allergan
- MERZ

**GOLD LEVEL**
- Encompass Health
- IPSEN
- Medtronic

**SILVER LEVEL**
- MOSS Rehab Eastern Healthcare Network
- SAOL Therapeutics

**2021 INSTITUTION PARTNERS COUNCIL (IPC) PARTICIPANTS**

**TIER 1**
- Rusk Rehabilitation at NYU Langone Health

**TIER 2**
- University of Louisville School of Medicine
- University of Rochester School of Medicine
- University of Texas Southwestern Medical Center
- University of Minnesota Medical Center
- U.S. PHYSIATRY...

**TIER 3**
- Medtronic
- AbilityLab
- AbilityLab
- AbilityLab
- AbilityLab

**TIER 4**
- Rusk Rehabilitation at NYU Langone Health
- Encompass Health
- IPSEN
- Medtronic

**2021 INDUSTRY RELATIONS COUNCIL (IRC) PARTICIPANTS**

**TIER 1**
- Allergan

**TIER 2**
- MERZ

**TIER 3**
- IPSEN

**TIER 4**
- Medtronic

Join these organizations in 2022! Learn more at aapmr.org/support.

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THE LEADER IN PROVIDING QUALITY REHABILITATION CARE

**NAMED BEST REHAB FACILITY**
- More than 40 years of providing quality rehabilitation to obtain optimal function and independence
- Comprehensive inpatient and outpatient services for both adults and pediatrics

**SPECIALIZED SERVICES**
- Amputation
- Brain injuries
- Cardiopulmonary disorders
- Neuromuscular disorders
- Pain and sports medicine
- Spinal cord injuries
- Stroke
- Trauma and orthopedics

**ACCREDITATION COUNCIL FOR GRADUATE CONTINUING MEDICAL EDUCATION (ACGME) PROGRAMS INCLUDE:**
- Physical Medicine & Rehabilitation Residency Program
- Pain Medicine Fellowship
- Brain Injury Medicine Fellowship

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Hackensack Meridian Health  
JFK Johnson Rehabilitation Institute

JFKJohnsen.org | 732-321-7070
MossRehab doesn’t just practice rehabilitation medicine, we push the boundaries of what’s possible. As one of the few rehab hospitals with its own in-house research institute and designated as a Traumatic Brain Injury Model System of Care – recognizing MossRehab as a center of excellence in the research and clinical care of TBI – we create the roadmap that the rest of the field follows. That means our patients benefit from the latest advances and leading-edge ideas in brain injury rehabilitation. So if you or a loved one has sustained a brain injury, trust the rehab expertise that other hospitals look to for guidance.