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Brain Injury:
A Guide for Caregivers
This guide features tips and advice for a patient’s loved ones following a brain injury. It includes a glossary of new terms you may hear in the trauma care setting, as well as a list of online resources.

Spinal Cord Injury:
A Guide for Caregivers
This guide features tips and advice for a patient’s loved ones following a spinal cord injury. It includes a practical overview of spinal cord injury, a glossary of new terms you may hear and a list of resources.

How to Successfully Hire and Manage a Personal Care Assistant:
For People with Spinal Cord Injury
This guide provides practical tips to help people with spinal cord injury through the process of hiring a caregiver, whether privately or through a home care agency.

Living with Stroke:
Strategies to Live a Healthy Life
This guide is a resource about stroke awareness, prevention, and how to manage life after a stroke.

Personal Care Manual:
The Key to Independence
The manual contains a detailed overview of spinal cord injury and how to manage your bowel and bladder program, skin, respiratory system and medications.

Mobile App
Auto Coach
This app helps teach parents to teach teens how to drive safely.

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