

Audio Visual Submission Procedures and

Guidelines for Oral Presentations

PRE-SUBMISSION OF ELECTRONIC PRESENTATIONS THROUGH THE INTERNET

Annual Assembly presenters are requested to read this material in order to properly upload their presentation visuals in advance of the meeting. The system used is a web-enabled presentation delivery and management system that will allow American Academy of Physical Medicine and Rehabilitation Annual Assembly presenters the opportunity to upload their PowerPoint presentations directly to a Annual Assembly presentation server prior to arriving on-site for the symposium.

This pre-submission upload site is now live and can be accessed from your web browser. The deadline for pre-submitting your presentation electronically will be Friday, October 19, 2018.

The pre-submission upload process of your presentation is broken into three parts: the Login, the Upload, and the Confirmation.

- **1. Login -** The e-mail notification referenced above will provide a URL, "unique identifier," and password. This "unique identifier" and password will be queried against DW's database of presenters and if validated by the server, you will be sent to the Upload page.
- **2. Upload** On this page, you will be presented with a "data grid" which displays information about when and where you are presenting. You will be asked to create a folder on your hard drive, name the folder according to our instructions and put your presentation and any accompanying files within it. You will then use a special "applet" on the web page to find the folder you just created on your hard drive and upload it. During the upload process, you will see a progress bar that "accurately" indicates the amount of time left before the upload is complete.
- **3. Confirmation** After the files are successfully written to the server, you will be sent to the confirmation page, where you are shown a listing of the files that were successfully uploaded to the server. During this process, an email is created and sent to you and the DW technical crew, reiterating this same information. Also, our internal presentation database is updated, to indicate the date and time that you uploaded your presentation. You will then be asked to logout to finish the process.
- **4. Onsite Confirmation** All Speakers are required to upload their presentations through the Pre-Submission Site and/or the Speaker Ready Room to properly distribute your presentation to the presentation room. Presenters with presentations that are not loaded in the presentation server will be sent back to the Speaker Ready Room to submit their presentation.

Please keep in mind that this electronic pre-submission presentation delivery system will benefit those presenters with high-speed internet access or those electronic presentations *below* 50 MB in size with a dial-up service account. Presenters with large, embedded video movie files within their PowerPoint presentations should make it a point to deliver their presentation media to the speaker ready room for review and loading of their presentation onto the show server *in person*, at your allotted time frame. Otherwise, the upload process of your presentation on-line could take a very long time, even with high-speed connectivity to our site.

SPEAKER READY ROOM CHECK-IN PROCEDURES

- Presentation Upload Required- All Speakers are required to upload their presentations
 through the Pre- Submission Site and/or the Speaker Ready Room to properly distribute your
 presentation to the presentation room. Presenters with presentations that are not loaded in
 the presentation server will be sent back to the Speaker Ready Room to submit their
 presentation.
- If you pre-submitted your presentation, please come to the Speaker Ready Room Convention Center, Room W223B₂ a minimum of 3 hours in advance of your talk.
 Otherwise, take your presentation to Speaker Ready Room, a minimum of 3 hours in advance of your talk.
- Upon arrival at the Speaker Ready Room, a technician will check you in, upload your
 presentation if necessary and then assign you to one of the preview stations where you will be
 able to review and finalize your presentation.
- Once you have finalized your presentation, there will be limited opportunity to make further changes. Please make every effort to finalize your presentation for AM sessions by closing time the day prior and for afternoon sessions by 11:30 am that day.
- Speaker Ready Room personnel are not responsible for your devices, i.e. memory cards, disks, laptops, etc.
- Internet connectivity is not available in oral session rooms.

If you are attending the Annual Assembly convention *only for the day of your session*, you are still required to load your presentation in the Speaker Ready Room as early as possible to test and load your presentation file into the presentation server. An audio/visual technician will be on duty in each individual workshop room to ensure a smooth transition between speakers in meeting rooms, to answer any equipment questions and to adjust lighting and sound levels to your requirements.

UNDER NO CIRCUMSTANCES WILL PRESENTERS BE ALLOWED TO E-MAIL PRESENTATIONS TO SID.

SPEAKER READY ROOM HOURS

The Annual Assembly Speaker Ready Room is located in Room W223B which is located on Level 2 of the Orange County Convention Center. The hours of operation are:

Wednesday, October 24 – 1:00 pm–7:00 pm Thursday, October 25 – 7:00 am–5:00 pm Friday, October 26 – 7:00 am–5:00 pm Saturday, October 27 – 7:00 am–5:00 pm Sunday, October 28 – 7:30 am–9:00 am

AUDIO/VISUAL & COMPUTER EQUIPMENT

A Windows PC computer will be setup next to the podium in each workshop session room with the following configuration:

- Processor: a minimum Pentium IV 3.0 GHz
- 1 GB RAM
- 1024 x 768 at 24 bit color depth
- Microsoft Windows 10 Professional
- Microsoft Office 2016
- Windows Media Player (Version 10)
- QuickTime (Latest Version)
- Flash Player (Latest Version)
- Adobe Acrobat Reader (Latest Version)

All electronic files must be submitted in the Speaker Ready room using one of the software formats listed below:

- PowerPoint 2016 or earlier version
- Operating System: Media should be PC Formatted
- Web Browser: Microsoft Edge and Chrome
- Plug-Ins: Quick-Time 10, Adobe Acrobat DC
- Video Playback: Windows Media Player 12; Quick-Time 10
- PDF Reader: Adobe Acrobat DC
- Unix Users: Bring HTML Files or Adobe Acrobat X

*Note: ALL Quick-Time users should make sure to submit their presentation to the Speaker Ready Room AT LEAST 24 hours in advance, due to additional processing time that will be required.

Please submit your presentation utilizing one of the following media types:

- USB Mini Drives Any brand as long as they do not require drivers.
- CD-ROM a.k.a CD-R
- CD-RW (not recommended)
- Memory Cards (Memory Stick, MicroDrive, Secure Digital, Multimedia, Smart Media, Compact Flash)

<u>Audio-Visual Equipment that will be setup in each workshop session room:</u>

- Minimum 3300 lumen LCD projector (1280 x 720 screen resolution)
- Audio Direct Box for computer audio connection to the meeting room PA system
- Table Microphones
- Podium Microphone
- Projection Screen
- Microphone Mixer

GUIDELINES FOR COMPATIBILITY

Aspect Ratio: This year we will be continuing projecting in 16:9 as opposed to 4:3 in previous years.

<u>Fonts:</u> The presentation systems will be loaded with **Standard Windows Fonts**. If your presentation contains any special fonts, you must provide a copy of the font, to be loaded on the presentation system. To be safe, use Arial or Times New Roman to create your presentation. Please pay special attention to fonts, if you use scientific notation within your presentation, as this is often written using a non-standard font.

Formatting: Presentations are most readable when using a dark background (Blue, for example) and bright lettering (Yellow or White). It is often helpful to step 8-10 feet back from your computer screen and make sure that your slides are readable. Stay away from small fonts which will be illegible from the back of the room, and break up a complex slide into a series of slides, to make it more intelligible.

<u>Slide Master:</u> Make use of the Slide Master capability of PowerPoint, to standardize the look of your presentation. That way, if you need to change the bullets or fonts, they can be changed globally. (You won't have to edit each slide individually)

Embedded Images: The maximum display resolution of our presentation machines is 1024 x 768. When inserting images into a PowerPoint presentation, you should reduce their Image Size (in an external program, like Photoshop) to approximate their on-screen size in the Presentation. If you insert large scanned images, or large images from a digital camera (above 1024x768), PowerPoint will have to re-size the image to fit the screen "on-the-fly" during your presentation. This will cause your presentation to be much larger (in MB) than it needs to be and can often cause unwanted pauses and slow performance during slide advance.

<u>Linked Media Files:</u> If you will be using Linked Media Files, please create a folder on your machine and store your presentation and all the media files within that folder. That way when you transfer the files to us, you will be sure to transfer all the appropriate files, and their relative location will remain the same.

Media files fall into three categories:

- 1) Files that can be played within PowerPoint natively
- 2) Files that can be played within PowerPoint, with the addition of an appropriate "Codec"
- 3) Files that **cannot** be played within your PowerPoint presentation and require an external viewer.

<u>Windows Media:</u> Generally, any media file that can be played within Windows Media Player, can be linked to your PowerPoint Presentation (and be played from within it). Please pay close attention to the Codec that was used to encode the file. If you're not sure what it is, please contact the person who created the file. Some examples of Codec's that are supported directly for playback within your presentation are: MPEG1, Indeo 5 and Cinepak, If you are using a "non-standard" codec, you will have to provide a copy of it to us at least 24 hours in advance, so we may install it on the presentation machine.

<u>QuickTime</u> movies will not always play within your PowerPoint presentation. However you can create an "Action Button" which will allow you to click on an icon in your PowerPoint slide and it will spawn the appropriate viewer application and load the movie for you. Because of this limitation, you may want to consider compressing your movie file into an appropriate Windows Media format.

<u>Macintosh Users:</u> There are a number of challenges involved in transferring PowerPoint presentations between the Mac and Windows. Fonts are often a problem, and you may want to consider using Times New Roman. If you have any embedded images, please convert them to JPEG before inserting them into your Presentation. (Otherwise they may not transfer properly) If you are using QuickTime movies in your presentation, you will incur the same limitations outlined above.

Unix Users must have HTML files or PDF files in Adobe Acrobat X.

<u>Acrobat Reader:</u> You are welcome to bring your files in Acrobat's PDF format; however, editing these files at the meeting will not be possible.

<u>HTML presentations:</u> Make sure that your files are portable. Data will be copied from your media to the networks hard drive. If files are not portable, you could lose links between pages.

Web Server: Web Server is not on the network so please plan accordingly.

<u>Other Plug-Ins or Active X controls:</u> These cannot be installed into the network. If your presentation takes advantage of a function not built into the Edge browser or the Plug-Ins mentioned above, you may have difficulties on site.

Please contact assembly@aapmr.org with questions.

PREPARATION OF YOUR PRESENTATION

- Graphics must be well designed, simple, and readable by everyone in the audience. It is worthwhile to use professional preparation services, if possible.
- Use as few graphics as needed that can be discussed in the time allotted. As a general rule, use one graphic for each one or two minutes of presentation time.
- Presentations are most readable when using a dark background (blue, for example) and bright lettering (yellow or white). If is often helpful to step 8-10 feet back from your computer screen and make sure that your slides are readable. Stay away from small fonts which will be illegible from the back of the room, and break up a complex slide into a series of slides.
- Devote each graphic to a single fact, idea, or finding. Illustrate major points or trends, not detailed data.
- Do not show long or complicated formulas or equations. Each graphic should remain on the screen at least 20 seconds.
- Use the absolute minimum number of words in the title, subtitle, and captions. Remember that standard abbreviations are acceptable.
- Use bold characters not fancy serifs.
- Table preparation: Do not use more than three or four vertical columns and six to eight horizontal rows. If there are any more columns or rows, the information will not be readable. Do not use ruled vertical or horizontal lines; they distract the eye and clutter the graphic. Whenever possible, present data using bar charts or graphs instead of tables.

- Graph preparation: Generally, do not use more than one or two curves on one diagram; a maximum of three to four curves may be shown, but only if well separated. Label each curve; do not use symbols and a legend. Do not show data points unless scatter is important.
- Colored graphs are very effective. Color adds attractiveness, interest and clarity to slide and viewgraph illustrations and should be used whenever possible. If you use color, remember that contrasting colors are easier to see.
- Critically examine every graphic and view them under adverse light conditions before presenting at a meeting. It is sometimes impossible to provide excellent light conditions at meetings.
- An introductory and concluding graphic can greatly improve the focus of your talk.

FONT LIST

If the typeface you are using in your presentation does not show up in this list, your text will not display in the exact lettering style you want, and may change the precise positioning and flow of text.

Abadi MT Condensed Light Regular Abadi MT Condensed Light Italic Abadi MT Condensed Light Bold Abadi MT Condensed Light Bold Italic Academy Engraved LET Plain Academy Engraved LET Italic Academy Engraved LET Bold

Academy Engraved LET Bold Italic Albertus Extra Bold Bold Albertus Extra Bold Bold Italic Albertus Medium Regular Albertus Medium Italic Albertus Medium Bold Albertus Medium Bold Italic Antique Olive Regular Antique Olive Italic Antique Olive Bold

Antique Olive Bold Italic Arial Regular Arial Italic Arial Bold Arial Bold Italic

Arial Alternative Regular
Arial Alternative Italic
Arial Alternative Bold
Arial Alternative Bold Italic
Arial Alternative Symbol Regular
Arial Alternative Symbol Italic
Arial Alternative Symbol Bold
Arial Alternative Symbol Bold Italic

Arial Black Regular Arial Black Italic

Arial Black Bold Arial Black Bold Italic Arial Narrow Regular Arial Narrow Italic **Arial Narrow Bold** Arial Narrow Bold Italic Baskerville Regular Baskerville Italic Baskerville Bold Baskerville Bold Italic Binner Gothic Regular Binner Gothic Italic Binner Gothic Bold Binner Gothic Bold Italic Blackletter686 BT Regular Blackletter686 BT Italic

Blackletter686 BT Bold Italic Book Antiqua Regular Book Antiqua Italic Book Antiqua Bold Book Antiqua Bold Italic Bookman Old Style Regular Bookman Old Style Italic Bookman Old Style Bold Bookman Old Style Bold Italic

Blackletter686 BT Bold

Botanical Regular Botanical Italic Botanical Bold Botanical Bold Italic Broadway BT Regular Broadway BT Italic Broadway BT Bold
Broadway BT Bold Italic
Brush Script Regular
Brush Script Italic
Brush Script Bold
Brush Script Bold Italic
Calisto MT Regular
Calisto MT Italic
Calisto MT Bold
Calisto MT Bold Italic

Calligraph421 BT Roman Calligraph421 BT Italic Calligraph421 BT Bold Calligraph421 BT Bold Italic

Cataneo BT Regular
Cataneo BT Italic
Cataneo BT Bold
Cataneo BT Bold Italic
Centaur Regular
Centaur Italic
Centaur Bold
Centaur Bold
Centaur Bold Italic
Century Gothic Regular
Century Gothic Italic
Century Gothic Bold

Century Gothic Bold Italic CG Omega Regular CG Omega Italic CG Omega Bold CG Omega Bold Italic CG TImes Regular CG Times Italic CG Times Bold CG Times Bold Italic

Clarendon Condensed Bold Clarendon Condensed Bold Italic

Comic Sans MS Regular
Comic Sans MS Italic
Comic Sans MS Bold
Comic Sans MS Bold Italic
Copperplate Gothic Bold Regular
Copperplate Gothic Bold Italic
Copperplate Gothic Bold Bold
Copperplate Gothic Bold Bold Italic
Copperplate Gothic Light Regular
Copperplate Gothic Light Italic

Copperplate Gothic Light Bold Italic Coronet Italic Coronet Bold Italic Courier Regular Courier Italic

Courier Bold

Copperplate Gothic Light Bold

Courier Bold Italic Courier New Regular Courier New Italic Courier New Bold Courier New Bold Italic

David Transparent Regular

David Regular
David Italic
David Bold
David Bold Italic

David Transparent Italic
David Transparent Bold
David Transparent Bold Italic
Fixed Miriam Transparent Regular
Fixed Miriam Transparent Italic
Fixed Miriam Transparent Bold
Fixed Miriam Transparent Bold Italic

Garamond Regular
Garamond Italic
Garamond Bold
Garamond Bold Italic
Gill Sans Regular
Gill Sans Italic
Gill Sans Bold
Gill Sans Bold

Gill Sans Condensed Regular
Gill Sans Condensed Italic
Gill Sans Condensed Bold
Gill Sans Condensed Bold Italic
Gill Sans Ultra Bold Regular
Gill Sans Ultra Bold Italic
Gill Sans Ultra Bold Bold
Gill Sans Ultra Bold Bold
Gill Sans Ultra Bold Bold
Haettenschweiler Regular
Haettenschweiler Italic
Haettenschweiler Bold
Haettenschweiler Bold
Haettenschweiler Bold Italic

Highlight LET Plain
Highlight LET Italic
Highlight LET Bold
Highlight LET Bold Italic
HolidayPi BT Regular
HolidayPi BT Italic
HolidayPi BT Bold
HolidayPi BT Bold Italic
Impact Regular

Impact Regular
Impact Italic
Impact Bold
Impact Bold Italic
John Handy LET Plain
John Handy LET Italic
John Handy LET Bold
John Handy LET Bold Italic

Jokerman LET Plain Jokerman LET Italic Jokerman LET Bold Jokerman LET Bold Italic La Bamba LET Plain La Bamba LET Italic La Bamba LFT Bold La Bamba LET Bold Italic Letter Gothic Regular Letter Gothic Italic Letter Gothic Bold Letter Gothic Bold Italic LinePrinter Regular LinePrinter Italic LinePrinter Bold LinePrinter Bold Italic

Lotus Postal Barcode Regular Lotus Postal Barcode Italic Lotus Postal Barcode Bold Lotus Postal Barcode Bold Italic

LotusWP Box Roman
LotusWP Box Italic
LotusWP Box Bold
LotusWP Box Bold Italic
LotusWP Icon Roman
LotusWP Icon Bold
LotusWP Icon Bold
LotusWP Icon Bold Italic
LotusWP Int A Roman
LotusWP Int A Italic
LotusWP Int A Bold
LotusWP Int A Bold Italic
LotusWP Int B Roman
LotusWP Int B Italic
LotusWP Int B Italic
LotusWP Int B Bold

LotusWP Int B Bold Italic
LotusWP Type Roman
LotusWP Type Italic
LotusWP Type Bold
LotusWP Type Bold Italic
Lucida Console Regular
Lucida Console Italic
Lucida Console Bold
Lucida Console Bold
Lucida Handwriting Italic
Lucida Handwriting Bold
Lucida Handwriting Bold
Lucida Handwriting Bold Italic

Lucida Sans Italic Lucida Sans Bold Italic Lucida Sans Unicode Regular Lucida Sans Unicode Italic Lucida Sans Unicode Bold Lucida Sans Unicode Bold Italic Lydian Regular
Lydian Italic
Lydian Bold
Lydian Bold Italic
Marigold Regular
Marigold Italic
Marigold Bold
Marigold Bold Italic
Marlett Regular
Marlett Italic
Marlett Bold
Marlett Bold
Marlett Bold Italic

Marth A Regular

Math A Italic
Math A Bold
Math A Bold Italic
Math B Regular
Math B Italic
Math B Bold
Math B Bold Italic
Math C Regular
Math C Italic
Math C Bold
Math C Bold
Italic
Math C Bold Italic
Matisse ITC Regular
Matisse ITC Regular
Matisse ITC Bold
Matisse ITC Bold
Matisse ITC Bold

Mekanik LET Plain

Mekanik LET Italic

Mekanik LET Bold
Mekanik LET Bold Italic
Milano LET Plain
Milano LET Italic
Milano LET Bold
Milano LET Bold Italic
Miriam Regular
Miriam Italic
Miriam Bold
Miriam Bold Italic
Miriam Fixed Regular
Miriam Fixed Italic
Miriam Fixed Bold
Miriam Fixed Bold
Miriam Fixed Bold Italic
Miriam Fixed Bold Italic
Miriam Fixed Bold Italic
Miriam Transparent Regular

Miriam Transparent Bold Miriam Transparent Bold Italic MisterEarl BT Regular MisterEarl BT Italic MisterEarl BT Bold MisterEarl BT Bold Italic Monotype Corsiva Regular

Miriam Transparent Italic

Monotype Corsiva Bold Italic

Monotype Sorts Regular

Monotype Sorts Italic

Monotype Sorts Italic

Monotype Sorts Bold

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Monotype Sorts Bold Italic Photina Casual Black Regular MS Outlook Regular Photina Casual Black Italic MS Outlook Italic Photina Casual Black Bold MS Outlook Bold Photina Casual Black Bold Italic MS Outlook Bold Italic Pump Demi Bold LET Plain News Gothic Regular Pump Demi Bold LET Italic News Gothic Italic Pump Demi Bold LET Bold Pump Demi Bold LET Bold Italic News Gothic Bold

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Rage Italic LET Bold

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News Gothic MT Bold ItalicRockwell BoldNimrod RegularRockwell Bold ItalicNimrod ItalicRockwell Condensed BoldNimrod BoldRockwell Condensed Bold Italic

Rage Italic LET Bold Italic

Nimrod Bold Italic

OCR A Extended Regular

OCR A Extended Italic

OCR A Extended Bold

OCR A Extended Bold

OCR A Extended Bold Italic

Odessa LET Plain Rod Italic Odessa LET Italic Rod Bold Odessa LET Bold Rod Bold Italic Odessa LET Bold Italic Ruach LET Plain OldDreadfulNo7 BT Regular Ruach LET Italic OldDreadfulNo7 BT Italic Ruach LET Bold OldDreadfulNo7 BT Bold Ruach LET Bold Italic OldDreadfulNo7 BT Bold Italic Scruff LET Plain One Stroke Script LET Plain Scruff LET Italic One Stroke Script LET Italic Scruff LET Bold One Stroke Script LET Bold Scruff LET Bold Italic

One Stroke Script LET Bold Italic Smudger LET Plain Onyx Regular Smudger LET Italic Smudger LET Bold Onyx Italic Onyx Bold Smudger LET Bold Italic Onyx Bold Italic Square721 BT Roman Orange LET Plain Square721 BT Italic Orange LET Italic Square721 BT Bold Orange LET Bold Square 721 BT Bold Italic Staccato222 BT Regular Orange LET Bold Italic ParkAvenue BT Regular Staccato222 BT Italic ParkAvenue BT Italic Staccato222 BT Bold ParkAvenue BT Bold Staccato222 BT Bold Italic

ParkAvenue BT Bold Italic Symbol Regular

Symbol Italic

Symbol Bold Symbol Bold Italic Tahoma Regular Tahoma Italic Tahoma Bold

Tahoma Bold Italic
Tempus Sans ITC Regular
Tempus Sans ITC Italic
Tempus Sans ITC Bold
Tempus Sans ITC Bold Italic
Times New Roman Regular
Times New Roman Italic
Times New Roman Bold
Times New Roman Bold Italic

Tiranti Solid LET Plain Tiranti Solid LET Italic Tiranti Solid LET Bold Tiranti Solid LET Bold Italic Trebuchet MS Regular Trebuchet MS Italic Trebuchet MS Bold Trebuchet MS Bold Italic

Univers Regular Univers Italic Univers Bold Univers Bold Italic

Univers Condensed Regular Univers Condensed Italic Univers Condensed Bold Univers Condensed Bold Italic University Roman LET Plain University Roman LET Italic University Roman LET Bold University Roman LET Bold Italic

Verdana Regular
Verdana Italic
Verdana Bold
Verdana Bold Italic
Victorian LET Plain
Victorian LET Italic
Victorian LET Bold
Victorian LET Bold Italic
Webdings Regular
Webdings Italic
Webdings Bold
Webdings Bold Italic
Westminster Regular
Westminster Italic

Westminster Bold
Westminster Bold Italic
Westwood LET Plain
Westwood LET Italic
Westwood LET Bold
Westwood LET Bold Italic

Wingdings Regular
Wingdings Italic
Wingdings Bold
Wingdings Bold Italic
Wingdings 2 Regular
Wingdings 2 Italic
Wingdings 2 Bold
Wingdings 2 Bold Italic
Wingdings 3 Regular
Wingdings 3 Italic
Wingdings 3 Bold
Wingdings 3 Bold
Wingdings 3 Bold Italic