



Step One: Ultrasound Clinical Applications of the Extremities Course

May 15-16, 2026

Eaglewood Resort & Spa

Itasca, IL

Course Agenda

Friday, May 15

7-8 am

Registration & Breakfast

8-8:10 am

Introduction, Overview, and Acknowledgements
William A. Berrigan, MD, and Samuel K. Chu, MD

8:10-8:30 am

Tissues, Probes and Knobology
Debbie Lee, MD

8:30-8:55 am

Shoulder Regional Anatomy
Matthew C. Sherrier, MD

8:55-9:05 am

Break

9:05-9:20 am

Tissues, Probes, Knobology Manual Skills Lab
All Faculty

9:20 am-12:05 pm

Shoulder Scanning Lab
All Faculty

12:05-1:05 pm

Lunch

1:05-1:25 pm

Elbow and Forearm Regional Anatomy
Asad R. Siddiqi, DO

1:25-1:50 pm

Wrist and Hand Regional Anatomy
Alexander Lloyd, MD

1:50-2 pm

Break

2-4:45 pm

Elbow, Forearm, Wrist, Hand Scanning Lab
All Faculty

4:45-5 pm

Open Scanning Lab: Practice & Review
All Faculty

Saturday, May 16

7:30-8 am

Breakfast

8-8:05 am

Introduction and Overview

William A. Berrigan, MD, and Samuel K. Chu, MD

8:05-8:30 am

Hip Regional Anatomy

Stephen C. Johnson, MD, MS

8:30-8:40 am

Break

8:40-11:25 am

Hip Scanning Lab

All Faculty

11:25-11:35 am

Break

11:35 am-12 pm

Spasticity Management Using Ultrasound

Monika Desai, MD

12-1 pm

Lunch

1-1:20 pm

Knee Regional Anatomy

Melinda S. Loveless, MD

1:20-1:40 pm

Ankle & Foot Regional Anatomy

Ashwin N. Babu, MD

1:40-1:50 pm

Break

1:50-4:35 pm

Knee, Ankle, and Foot Scanning Lab

All Faculty

4:35-5 pm

Open Scanning Lab: Review and Summary

All Faculty