



STEP One: Ultrasound Clinical Applications of the Extremities Course
May 15-16, 2026
Eaglewood Resort & Spa
Itasca, IL

Course Agenda

Friday, May 15

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| 7:00 am – 8:00am | Registration & Breakfast |
| 8:00am – 8:10am | Introduction, Overview, and Acknowledgements <i>William A. Berrigan, MD, and Samuel K. Chu, MD</i> |
| 8:10am – 8:30am | Tissues, Probes and Knobology <i>Debbie Lee, MD</i> |
| 8:30am – 8:55am | Shoulder Regional Anatomy <i>Matthew C. Sherrier, MD</i> |
| 8:55am – 9:05am | Break |
| 9:05am – 9:20am | Tissues, Probes, Knobology Manual Skills Lab <i>All Faculty</i> |
| 9:20am – 12:05pm | Shoulder Scanning Lab <i>All Faculty</i> |
| 12:05pm – 1:05pm | Lunch |
| 1:05pm – 1:25pm | Elbow and Forearm Regional Anatomy <i>Asad R. Siddiqi, DO</i> |
| 1:25pm – 1:50pm | Wrist and Hand Regional Anatomy <i>Alexander Lloyd, MD</i> |
| 1:50pm – 2:00pm | Break |
| 2:00pm – 4:45pm | Elbow, Forearm, Wrist, Hand Scanning Lab <i>All Faculty</i> |
| 4:45pm – 5:00pm | Open Scanning Lab: Practice & Review <i>All Faculty</i> |



Saturday, May 16

7:30am – 8:00am

Breakfast

8:00am – 8:05am

Introduction and Overview

William A. Berrigan, MD, and Samuel K. Chu, MD

8:05am – 8:30am

Hip Regional Anatomy

Stephen C. Johnson, MD, MS

8:30am – 8:40am

Break

8:40am – 11:25am

Hip Scanning Lab

All Faculty

11:25am – 11:35am

Break

11:35am – 12:00pm

Spasticity Management Using Ultrasound

Monika Desai, MD

12:00pm – 1:00pm

Lunch

1:00pm – 1:20pm

Knee Regional Anatomy

Melinda S. Loveless, MD

1:20pm – 1:40pm

Ankle & Foot Regional Anatomy

Ashwin N. Babu, MD

1:40pm – 1:50pm

Break

1:50pm – 4:35pm

Knee, Ankle, and Foot Scanning Lab

All Faculty

4:35pm – 5:00pm

Open Scanning Lab: Review and Summary

All Faculty