



## STEP One: Ultrasound Clinical Applications of the Extremities Course

May 15-16, 2026

Eaglewood Resort & Spa

Itasca, IL

### Course Agenda

#### Friday, May 15

7:00am – 8:00am	<b>Registration</b> – <i>Outside Linden Ballroom</i> <b>Breakfast</b> – <i>Burnham Restaurant Private Dining Room</i>
8:00am – 8:10am	<b>Introduction, Overview, and Acknowledgements</b> William A. Berrigan, MD, and Samuel K. Chu, MD <i>Trillium Amphitheater</i>
8:10am – 8:30am	<b>Tissues, Probes and Knobology</b> Debbie Lee, MD <i>Trillium Amphitheater</i>
8:30am – 8:55am	<b>Shoulder Regional Anatomy</b> Matthew C. Sherrier, MD <i>Trillium Amphitheater</i>
8:55am – 9:05am	<b>Break / Transition to Scanning Lab</b>
9:05am – 9:20am	<b>Tissues, Probes, Knobology Manual Skills Lab</b> All Faculty <i>Linden Ballroom A &amp; B</i>
9:20am – 12:05pm	<b>Shoulder Scanning Lab</b> All Faculty <i>Linden Ballroom A &amp; B</i> <b><i>Break from 10:35am – 10:50am</i></b>
12:05pm – 1:05pm	<b>Lunch</b> <i>Burnham Restaurant Private Dining Room</i>



1:05pm – 1:25pm	<b>Elbow and Forearm Regional Anatomy</b> Asad R. Siddiqi, DO <i>Trillium Amphitheater</i>
1:25pm – 1:50pm	<b>Wrist and Hand Regional Anatomy</b> Alexander Lloyd, MD <i>Trillium Amphitheater</i>
<b>1:50pm – 2:00pm</b>	<b>Break / Transition to Scanning Lab</b>
2:00pm – 4:45pm	<b>Elbow, Forearm, Wrist, Hand Scanning Lab</b> All Faculty <i>Linden Ballroom A &amp; B</i> <b><i>Break from 3:15pm – 3:30pm</i></b>
4:45pm – 5:00pm	<b>Open Scanning Lab: Practice &amp; Review</b> All Faculty <i>Linden Ballroom A &amp; B</i>
<b><u>Saturday, May 16</u></b>	
<b>7:30am – 8:00am</b>	<b>Breakfast</b> <i>Burnham Restaurant Private Dining Room</i>
8:00am – 8:05am	<b>Introduction and Overview</b> William A. Berrigan, MD, and Samuel K. Chu, MD <i>Trillium Amphitheater</i>
8:05am – 8:30am	<b>Hip Regional Anatomy</b> Stephen C. Johnson, MD, MS <i>Trillium Amphitheater</i>
<b>8:30am – 8:40am</b>	<b>Break / Transition to Scanning Lab</b>
8:40am – 11:25am	<b>Hip Scanning Lab</b> All Faculty <i>Linden Ballroom A &amp; B</i> <b><i>Break from 9:55am – 10:10am</i></b>



<b>11:25am – 11:35am</b>	<b>Break / Transition to Trillium Amphitheater</b>
11:35am – 12:00pm	<b>Spasticity Management Using Ultrasound</b> Monika Desai, MD <i>Trillium Amphitheater</i>
<b>12:00pm – 1:00pm</b>	<b>Lunch</b> <i>Burnham Restaurant Private Dining Room</i>
1:00pm – 1:20pm	<b>Knee Regional Anatomy</b> Melinda S. Loveless, MD <i>Trillium Amphitheater</i>
1:20pm – 1:40pm	<b>Ankle &amp; Foot Regional Anatomy</b> Ashwin N. Babu, MD <i>Trillium Amphitheater</i>
<b>1:40pm – 1:50pm</b>	<b>Break / Transition to Scanning Lab</b>
1:50pm – 4:35pm	<b>Knee, Ankle, and Foot Scanning Lab</b> All Faculty <i>Linden Ballroom A &amp; B</i> <b><i>Break from 3:05pm – 3:20pm</i></b>
4:35pm – 5:00pm	<b>Open Scanning Lab: Review and Summary</b> All Faculty <i>Linden Ballroom A &amp; B</i>