



**Next STEP Interventional Ultrasound Course:
Hands-On PM&R Applications
November 10-11, 2026
Orlando, FL**

Course Agenda

Tuesday, November 10

7:00am – 8:00am	Registration & Breakfast
8:00am – 8:20am	Introduction to Ultrasound Procedures <i>Zachary P. Bailowitz, MD & Brittany J. Moore, MD</i>
8:20am – 8:40am	Case-Based Pitfalls of Ultrasound Procedures <i>Faculty: TBD</i>
8:40am – 8:55am	Common Shoulder Injections <i>Faculty: TBD</i>
8:55am – 9:00am	Q&A
9:00am – 9:15am	Common Elbow Injections <i>Faculty: TBD</i>
9:15am – 9:30am	Common Wrist/Hand Injections <i>Faculty: TBD</i>
9:30am – 9:45am	Upper Extremity Spasticity <i>Faculty: TBD</i>
9:45am – 9:55am	Q&A / Dry Lab Overview
9:55am – 10:00am	Transition to Dry Lab
10:00am – 10:40am	Dry Lab Stations: Session 1 <i>All Faculty</i>



10:40am – 11:20am	Dry Lab Stations: Session 2 <i>All Faculty</i>
11:20am – 11:30am	Transition to Lectures
11:30am – 11:45am	Common Hip Injections <i>Faculty: TBD</i>
11:45am – 12:00pm	Common Knee Injections <i>Faculty: TBD</i>
12:00pm – 1:00pm	Lunch
1:30pm – 1:45pm	Common Ankle Injections <i>Faculty: TBD</i>
1:45pm – 2:00pm	Lower Extremity Spasticity <i>Faculty: TBD</i>
2:00pm – 2:15pm	Q&A / Cadaver Lab Overview
2:15pm – 2:30pm	Transition to / Prep for Cadaver Lab
2:30pm – 3:30pm	Cadaver Lab Stations: Session 1 <i>All Faculty</i>
3:30pm – 4:30pm	Cadaver Lab Stations: Session 2 <i>All Faculty</i>
4:30pm – 5:30pm	Cadaver Lab Stations: Session 3 <i>All Faculty</i>
5:30pm	Adjourn Day 1



Wednesday, November 11

7:30am – 8:00am	Breakfast
8:00am – 9:00am	Cadaver Lab Stations: Session 4 <i>All Faculty</i>
9:00am – 10:00am	Cadaver Lab Stations: Session 5 <i>All Faculty</i>
10:00am – 10:15am	Break
10:15am – 11:15am	Cadaver Lab Stations: Session 6 <i>All Faculty</i>
11:15am – 12:15pm	Cadaver Lab Stations: Session 7 <i>All Faculty</i>
12:15pm – 1:15pm	Lunch
1:15pm – 2:15pm	Cadaver Lab Stations: Session 8 <i>All Faculty</i>
2:15pm – 3:15pm	Cadaver Lab Stations: Session 9 <i>All Faculty</i>
3:15pm – 3:30pm	Wrap Up & Adjournment