

aapm&r

American Academy of
Physical Medicine and Rehabilitation

mē[®]

my education & beyond

Your guide to **mē[®]**—AAPM&R's
home for the essential clinical
and practice resources
physiatrists need for continuing
education and certification.

www.me.aapmr.org

mē[®]

Resource Guide



Resource Guide

Maintenance of Certification® (MOC®) Resources	2
MOC 2 SAE-Ps	3
MOC 3 Study Tools	4
MOC 4 PIPs	5
 Educational Resources by Member Council	 6-10
Central Nervous Systems Rehabilitation	6-7
General and Medical Rehabilitation	7
Musculoskeletal Rehabilitation	8
Pain Medicine/Neuromuscular Medicine	9
Pediatric Rehabilitation/Developmental Disabilities	10
 Practice Preparedness Resources	 11
 Resident Resources	 12
 STEP Certificate Program	 13
 My Education (ME)	 14

Maintenance of Certification® (MOC®)

Maintenance of Certification® (MOC®) was developed by the American Board of Medical Specialties (ABMS) to improve patient care by ensuring continuous lifelong learning and professional development throughout a physician’s medical career. For board-certified physiatrists, the American Board of Physical Medicine and Rehabilitation (ABPMR) sets MOC requirements that are customized to the specialty and ensures compliance with ABMS Standards.

Recognizing that physicians participating in the certification process want a variety of options to meet these requirements, **AAPM&R** has developed resources that satisfy the different components of MOC. All Academy tools available to help you meet MOC requirements can be found on **mē**®.

The 4 components to the MOC program and ABPMR’s requirements for each are as follows:

Part I: Professional Standing and Licensure

Hold a current, valid, and unrestricted license to practice medicine.

MOC|2

Note:
mē® resources
offering credits
are noted
throughout this
resource guide.

Part II: Self-Assessment and Lifelong Learning

Diplomates with time-limited certificates issued before 2012 must complete 4 ABPMR-approved self-assessments during their 10-year cycle and complete 300 *AMA PRA Category 1 Credits*™.

Diplomates with time-limited certificates issued in 2012 or later must complete an average of 8 *AMA PRA Category 1 Credits*™ from ABPMR-approved self-assessments each year during their 10-year MOC cycle (averaged over 5 years) and complete 150 *AMA PRA Category 1 Credits*™ in years 1-5 and 150 *AMA PRA Category 1 Credits*™ in years 6-10.

MOC|3

Part III: Cognitive Expertise

Diplomates must successfully complete the ABPMR Primary or Subspecialty MOC Examinations in years 7-10 of their MOC cycle.

MOC|4

Part IV: Practice Performance Assessment

Diplomates with time-limited certificates issued before 2012 must complete 1 ABPMR-approved Practice Improvement Project (PIP) during their 10-year cycle. Diplomates with time-limited certificates issued in 2012 or later must complete 2 ABPMR-approved PIPs during their 10-year cycle—1 in years 1-5 and 1 in years 6-10.

MOC|2 SAE-PS

Part II: Self-Assessment Resources

The Self-Assessment Exam for Practitioners (SAE-P) is an online, interactive tool that helps you identify your knowledge gaps and provides feedback with explanation and references for each question, upon completion. The number of questions in an SAE-P range from 20 to 40 and are available on a wide variety of topics.

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
2017 SAE-P: Spinal Cord Injury Medicine	MOC 2	8	\$115	\$165
2017 SAE-P: Clinical Informatics in Psychiatry	MOC 2	8	\$115	\$165
2017 SAE-P: Spasticity	MOC 2	8	\$115	\$165
2017 SAE-P: Cancer Rehabilitation	MOC 2	8	\$115	\$165
2017 SAE-P: Geriatrics	MOC 2	8	\$115	\$165
2016 SAE-P: Advanced Sports Medicine Concepts and Controversies	MOC 2	8	\$115	\$165
2016 SAE-P: Stroke Rehabilitation	MOC 2	8	\$115	\$165
2015 SAE-P: Current Concepts in Physiatric Pain Management	MOC 2	8	\$115	\$165
2015 SAE-P: Concussion and Mild Traumatic Brain Injury	MOC 2	8	\$115	\$165
2015 SAE-P: Physiatric Applications of Stem Cell Therapies in Regenerative Treatments of Musculoskeletal Conditions	MOC 2	8	\$115	\$165

*AMA PRA Category 1 Credits™

One complimentary SAE-P included with AAPM&R membership renewal!

Fellow and Associate members receive one complimentary SAE-P with AAPM&R membership renewal—earn 8 *AMA PRA Category 1 Credits™* to meet your Part II requirement.

To sort resources by MOC type on me.aapmr.org, click the links below Activity Types in the left sidebar of the **Catalog**.

Activity Types

Case Studies
Journal CME
MOC|2 SAE-PS
MOC|3 Study Tools
MOC|4 PIPs
▼ More

Clinical Topics

Brain Injury Rehabilitation
Not Applicable
Cancer Rehabilitation
Cardiopulmonary Rehabilitation
Complementary - Alternative Medicine
▼ More

MOC|3 Study Tools

Part III: Cognitive Expertise Resources

MOC|3 Online Mock Examination**

The Online Mock Examination features 800+ questions to help psychiatrists prepare for the ABPMR MOC Examination. The study questions cover 12 PM&R topics and provide immediate feedback with answers, comprehensive commentary, and references.

MOC|3 Online Review Courses**

Review topics covered on the ABPMR MOC Examination with AAPM&R's MOC|3 Online Review Courses. Slide presentations are accompanied by a detailed lecture on the topic from an expert within that area. You may take as much time as you wish to review the information presented. All MOC|3 Online Review Courses offer CME credit.

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Stroke Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Spinal Cord Injury Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Electrodiagnosis Online Review Course	MOC 3	1	\$99	\$150
MOC 3 Cardiac and Cancer Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Joint and Connective Tissue Disorders Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Industrial Medicine Online Review Course	MOC 3	1	\$99	\$150
MOC 3 Pediatric Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Prosthetics, Orthotics, and Assistive Devices Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Pain Management Online Review Course	MOC 3	2	\$99	\$150

*AMA PRA Category 1 Credits™

Activity Types

Case Studies
Journal CME
MOC|2 SAE-PS
MOC|3 Study Tools
MOC|4 PIPs
▼ More

Clinical Topics

Brain Injury Rehabilitation
Not Applicable
Cancer Rehabilitation
Cardiopulmonary Rehabilitation
Complementary - Alternative Medicine
▼ More

Member Councils

Central Nervous Systems

← To sort resources by MOC type on me.aapmr.org, click the links below Activity Types in the left sidebar of the **Catalog**.

PIPs are worth up to 20 CME credits and are **FREE** for AAPM&R members!

MOC|4 PIPs

Part IV: Practice Performance Resources

The self-guided Practice Improvement Project (PIP) allows you to assess your knowledge and current implementation of evidence-based treatments in your practice through a systematic chart review, leading to identifying areas for improvement and implementing an improvement plan.

All AAPM&R PIPs have been approved by the ABPMR to meet MOC requirements and AAPM&R will automatically report the completion of a PIP to the ABPMR. Plus, all PIPs offer 20 CME upon completion!

Note: It takes a minimum of 5 weeks to complete a PIP.

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
Low Back Pain Practice Improvement Project (PIP)	MOC 4	20	\$0	\$275
Stroke Rehabilitation Practice Improvement Project (PIP)	MOC 4	20	\$0	\$275
Deep Vein Thrombosis Practice Improvement Project (PIP)	MOC 4	20	\$0	\$275
Osteoporosis Practice Improvement Project (PIP)	MOC 4	20	\$0	\$275

*AMA PRA Category 1 Credits™

Need help navigating your MOC requirements?

Visit www.aapmr.org/education/maintenance-of-certification or click on “View Personal MOC Plan” in the Quick Links on the me.aapmr.org welcome screen to access the Personal MOC Plan and view the requirements set forth by ABPMR for each part of your 10-year MOC cycle.

MOC YEAR	1	2	3	4	5	6	7	8	9	10
	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
LIFELONG LEARNING	SUGGESTED 30	REQUIRED 150 CREDITS					REQUIRED 150 CREDITS			
MOC 2 SELF-ASSESSMENT	SUGGESTED 8		REQUIRED 40 SAE P CREDITS					REQUIRED 40 SAE P CREDITS		
MOC 3 COGNITIVE EXPERTISE		REQUIRED ABPMR PRIMARY EXAM								
		AAPM&R ONLINE REVIEW COURSES AND MOCK EXAM AVAILABLE								
MOC 4 COGNITIVE EXPERTISE	1 PRACTICE IMPROVEMENT PROJECT (PIP) REQUIRED					1 PRACTICE IMPROVEMENT PROJECT (PIP) REQUIRED				

Educational Resources by Member Councils

To help you find the educational resources on me.aapmr.org that align with your interests, the following pages list items by Member Councils. You can also sort resources by:

Activity Types

Clinical Topics

Practice and Career Topics

or enter keywords in the **Search** bar:

I'm looking for

Search

Activity Types

Case Studies
Journal CME
MOC|2 SAE-Ps
MOC|3 Study Tools
MOC|4 PIPs
▼ More

Clinical Topics

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Complementary - Alternative Medicine
▼ More

Member Councils

Central Nervous Systems Rehabilitation
General and Medical Rehabilitation
Musculoskeletal Medicine
Pain Medicine/ Neuromuscular Medicine
Pediatric Rehabilitation/ Developmental Disabilities
▼ More

Practice and Career Topics

Career Development
Coding and Reimbursement
Practice Preparedness
Quality

Central Nervous Systems Rehabilitation

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
2015-2017 Journal CME	Journal CME	1	\$0	\$25
2017 SAE-P: Clinical Informatics in Psychiatry	MOC 2	8	\$115	\$165
2017 SAE-P: Spinal Cord Injury Medicine	MOC 2	8	\$115	\$165
2017 SAE-P: Spasticity	MOC 2	8	\$115	\$165
2016 SAE-P: Stroke Rehabilitation	MOC 2	8	\$115	\$165
2015 SAE-P: Concussion and Mild Traumatic Brain Injury	MOC 2	8	\$115	\$165
Spasticity: Upper Limb Case-based Module	Slide Lecture	1	\$75	\$175
Spasticity: Lower Limb Case-based Module	Slide Lecture	1	\$49	\$149
Dystonia: Case-based Learning Module	Slide Lecture	2	\$75	\$175
Spasticity and Dystonia: Case-based Learning Course 3-MODULE SERIES	Slide Lecture	4	\$159	\$259
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Spinal Cord Injury Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Stroke Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
Brain Injury Medicine Subspecialty Exam Prep	Online Course	3	\$450	\$550

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Central Nervous Systems Rehabilitation resources continued on next page >

Central Nervous Systems Rehabilitation

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
A Team Physician's Approach to Sideline Management AN INTERVIEW WITH STAN HERRING, MD	Video	0	\$0	\$0
Basic Pathophysiology of Concussion AN INTERVIEW WITH SCOTT LAKER, MD	Video	0	\$0	\$0
Imaging Modalities and Concussion Management AN INTERVIEW WITH DR. PETER GONZALEZ	Podcast	0	\$0	\$0
Topics in Youth Concussion Management: Different Population, Different Concerns	Slide Lecture	0	\$15	\$25
The AAPM&R Evidence-Based Medicine Course	Online Course	2	\$0	N/A
REMS Playbook for Opioid Prescribing: Online Interactive Learning Experience	Online Course	3	\$0	\$0

*AMA PRA Category 1 Credits™

General and Medical Rehabilitation

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
Acute Rehab Case 1: Management of a Patient with a Left Ventricular Assist Device in Acute Rehabilitation	Case Studies	1	\$10	\$25
2015-2017 Journal CME	Journal CME	1	\$0	\$25
2017 SAE-P: Clinical Informatics in Physiatry	MOC 2	8	\$115	\$165
2017 SAE-P: Cancer Rehabilitation	MOC 2	8	\$115	\$165
2017 SAE-P: Geriatrics	MOC 2	8	\$115	\$165
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Cardiac and Cancer Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Joint and Connective Tissue Disorders Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Industrial Medicine Online Review Course	MOC 3	1	\$99	\$150
MOC 3 Prosthetics, Orthotics, and Assistive Devices Online Review Course	MOC 3	2	\$99	\$150
The AAPM&R Evidence-Based Medicine Course	Online Course	2	\$0	N/A
REMS Playbook for Opioid Prescribing: Online Interactive Learning Experience	Online Course	3	\$0	\$0
Deep Vein Thrombosis Practice Improvement Project (PIP)	MOC 4	0	\$0	\$275
Osteoporosis Practice Improvement Project (PIP) RENEWED VERSION	MOC 4	0	\$0	\$275
Exercise and Aging Symposium, Part 1: An Encore Presentation from the 2014 Annual Assembly	Video	2	\$0	\$25
Exercise and Aging Symposium, Part 2: An Encore Presentation from the 2014 Annual Assembly	Video	2	\$0	\$25
Rehabilitation of the Painful Tendon	Slide Lecture	0	\$15	\$25

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Interested in Member Councils?

Visit www.aapmr.org/about-aapm-r/councils-groups for more information!

Educational Resources by Member Councils

Musculoskeletal Rehabilitation

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
MSK Case 45: Severe Pelvic Pain and Ambulatory Dysfunction in the Third Trimester of Pregnancy	Case Studies	1	\$10	\$25
MSK Case 46: Right Posterior Thigh Pain	Case Studies	1	\$10	\$25
MSK Case 47: Right Lower Extremity and Ankle Pain	Case Studies	1	\$10	\$25
MSK Case 49: Radiation induced Plexopathy	Case Studies	1	\$10	\$25
MSK Case 50: Posterior Knee Pain with Swelling	Case Studies	1	\$10	\$25
MSK Case 51: Right Shoulder Pain and Numbness in Football Quarterback	Case Studies	1	\$10	\$25
MSK Case 52: Acute Traumatic Right Lower Leg Paralysis in a Young Male Patient	Case Studies	1	\$10	\$25
2015-2017 Journal CME	Journal CME	1	\$0	\$25
2017 SAE-P: Clinical Informatics in Physiatry	MOC 2	8	\$115	\$165
2016 SAE-P: Advanced Sports Medicine Concepts and Controversies	MOC 2	8	\$115	\$165
2015 SAE-P: Physiatric Applications of Stem Cell Therapies in Regenerative Treatments of Musculoskeletal Conditions	MOC 2	8	\$115	\$165
2015 SAE-P: Current Concepts in Physiatric Pain Management	MOC 2	8	\$115	\$165
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Pain Management Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Industrial Medicine Online Review Course	MOC 3	1	\$99	\$150
MOC 3 Joint and Connective Tissue Disorders Online Review Course	MOC 3	2	\$99	\$150
The AAPM&R Evidence-Based Medicine Course	Online Course	2	\$0	N/A
REMS Playbook for Opioid Prescribing: Online Interactive Learning Experience	Online Course	3	\$0	\$0
Exercise and Aging Symposium, Part 1: An Encore Presentation from the 2014 Annual Assembly	Slide Lecture	2	\$0	\$25
Exercise and Aging Symposium, Part 2: An Encore Presentation from the 2014 Annual Assembly	Slide Lecture	2	\$0	\$25
A Team Physician's Approach to Sideline Management AN INTERVIEW WITH STAN HERRING, MD	Video	0	\$0	\$0
Imaging Modalities and Concussion Management AN INTERVIEW WITH DR. PETER GONZALEZ	Podcast	0	\$0	\$0
Basic Pathophysiology of Concussion AN INTERVIEW WITH SCOTT LAKER, MD	Video	0	\$0	\$0

*AMA PRA Category 1 Credits™

Pain Medicine/Neuromuscular Medicine

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
2015-2017 Journal CME	Journal CME	1	\$0	\$25
2017 SAE-P: Clinical Informatics in Physiatry	MOC 2	8	\$115	\$165
2015 SAE-P: Current Concepts in Physiatric Pain Management	MOC 2	8	\$115	\$165
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Pain Management Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Spinal Cord Injury Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Electrodiagnosis Online Review Course	MOC 3	1	\$99	\$150
MOC 3 Joint and Connective Tissue Disorders Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Industrial Medicine Online Review Course	MOC 3	1	\$99	\$150
Low Back Pain Practice Improvement Project (PIP)	MOC 4	0	\$0	\$275
The AAPM&R Evidence-Based Medicine Course	Online Course	2	\$0	N/A
REMS Playbook for Opioid Prescribing: Online Interactive Learning Experience	Online Course	3	\$0	\$0
Interdisciplinary Rehabilitation of the Injured Worker with Chronic Pain	Slide Lecture	1	\$0	\$0
Pain Rehabilitation: Changes in Health Care as an Opportunity for Improving a Continuum of Care	Slide Lecture	1	\$0	\$0
The Assessment of Factors Associated with Delayed Recovery: A Biopsychosocial Paradigm	Slide Lecture	1	\$0	\$0
Interdisciplinary Pain Management & Functional Restoration	Slide Lecture	1	\$0	\$0

*AMA PRA Category 1 Credits™

phyzFORUM

Join your fellow council members for peer-to-peer discussions on the rehabilitated PhyzForum! www.phyzforum.org

Educational Resources by Member Councils

Pediatric Rehabilitation/Developmental Disabilities

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
2015-2017 Journal CME	Journal CME	1	\$0	\$25
2017 SAE-P: Clinical Informatics in Physiatry	MOC 2	8	\$115	\$165
MOC 3 Online Mock Examination	MOC 3	0	\$399	\$799
MOC 3 Pediatric Rehabilitation Online Review Course	MOC 3	2	\$99	\$150
MOC 3 Prosthetics, Orthotics, and Assistive Devices Online Review Course	MOC 3	2	\$99	\$150
Osteoporosis Practice Improvement Project (PIP) RENEWED VERSION	MOC 4	0	\$0	\$275
Spasticity: Upper Limb Case-based Module	Slide Lecture	1	\$75	\$175
Spasticity: Lower Limb Case-based Module	Slide Lecture	1	\$49	\$149
Dystonia: Case-based Learning Module	Slide Lecture	2	\$75	\$175
Spasticity and Dystonia: Case-based Learning Course 3-MODULE SERIES	Slide Lecture	4	\$159	\$259
The AAPM&R Evidence-Based Medicine Course	Online Course	2	\$0	N/A
REMS Playbook for Opioid Prescribing: Online Interactive Learning Experience	Online Course	3	\$0	\$0
Advanced Technology in Rehabilitation 2016 PEDIATRIC FELLOWSHIP WEBINAR RECORDING	Archived Webinar	0	\$25	\$25
Integrating Innovative Technology to Enhance Outcomes for Children with Cerebral Palsy 2013 PEDIATRIC FELLOWSHIP WEBINAR RECORDING	Archived Webinar	0	\$25	\$25
Neonatal Brachial Plexus Injuries: Evaluation and Management Considerations 2013 PEDIATRIC FELLOWSHIP WEBINAR RECORDING	Archived Webinar	0	\$25	\$25
The Science of Spasticity 2013 PEDIATRIC FELLOWSHIP WEBINAR RECORDING	Archived Webinar	0	\$25	\$25
A Team Physician's Approach to Sideline Management AN INTERVIEW WITH STAN HERRING, MD	Video	0	\$0	\$0
Basic Pathophysiology of Concussion AN INTERVIEW WITH SCOTT LAKER, MD	Video	0	\$0	\$0

*AMA PRA Category 1 Credits™

aapm&r
ANNUAL ASSEMBLY 2017

Coming Soon: 2017 Annual Assembly
Rewind! View highly-rated clinical and
practice sessions from #AAPMR2017.

Practice Preparedness Resources

Preparing your practice for these new health care frontiers can be a challenge. That’s why the Academy has developed a wide array of resources to help position you as a leader in health care and transform your practice for success.

To access **Practice Preparedness Resources** on me.aapmr.org, click [Practice Preparedness](#) listed below **Practice and Career Topics** in the left sidebar of the **Catalog**.

Practice Preparedness Resources

RESOURCE NAME	FORMAT	CME CREDITS*	MEMBER PRICE	NONMEMBER PRICE
Optimizing Physician/Health System Alignment: How to Empower Physicians and Administrators to Work Constructively Together in a Changing Health Care Environment	Slide Lecture	1	\$99	\$199
Innovations in Post-Acute Rehabilitation Environments	Slide Lecture	2	\$99	\$199
Practice Efficiency: Using Extenders to Optimize Practice	Slide Lecture	1	\$99	\$199
Focusing on the Health of Your Practice, Vol. 2	Slide Lecture	4	\$249	\$549
How to Diversify Your Practice	Slide Lecture	2	\$149	\$249
Focusing on the Health of Your Practice Bundle	Slide Lecture	3	\$249	\$549
Running A Cash Practice	Slide Lecture	1	\$99	\$199
VBP, MIPS, APMs, and ACOs – Where Do Psychiatrists Fit?	Slide Lecture	1	\$99	\$199
The New Health Care	Slide Lecture	1	\$99	\$199
Medicare Orthotics and Prosthetics: What You Need to Document to Avoid Denials	Archived Webinar	0	\$0	\$25
WIN-WIN-WIN Approaches to Accountable Care: How Psychiatrists, Hospitals, Patients and Payers Can All Benefit from Healthcare Payment and Delivery Reform	Slide Lecture	0	\$0	\$0
Payer Contracts: Assessment, Negotiations and Deal Breakers	Archived Webinar	0	\$99	\$199
Making the Most of Your Early Career: Time and Relationship Management	Archived Webinar	0	\$49	\$149

*AMA PRA Category 1 Credits™

Coming Soon: PM&R Compensation Survey Report and new health policy webinars covering coding questions, the Quality Payment Program, and more!

Activity Types

- Case Studies
- Journal CME
- MOCl2 SAE-Ps
- MOCl3 Study Tools
- MOCl4 PIPs
- ▼ More

Clinical Topics

- Brain Injury Rehabilitation
- Not Applicable
- Cancer Rehabilitation
- Cardiopulmonary Rehabilitation
- Complementary - Alternative Medicine
- ▼ More

Member Councils

- Central Nervous Systems Rehabilitation
- General and Medical Rehabilitation
- Musculoskeletal Medicine
- Pain Medicine/ Neuromuscular Medicine
- Pediatric Rehabilitation/ Developmental Disabilities
- ▼ More

Practice and Career Topics

- Career Development
- Coding and Reimbursement
- Practice Preparedness**
- Quality

Resident Resources

As the primary medical society for PM&R, the Academy is dedicated to serving the needs of physiatrists from day 1 of their careers. Resident physiatrists are the future of PM&R and we have created the following resources to not only assist with certification, but help residents thrive as they pursue excellence in physiatry.

To access **Resident Resources** on me.aapmr.org, click ▾ **More** under **Member Councils**, then click **Residents**.

Activity Types

Case Studies
Journal CME
MOCi2 SAE-Ps
MOCi3 Study Tools
MOCi4 PIPs
▾ More

Clinical Topics

Brain Injury Rehabilitation
Not Applicable
Cancer Rehabilitation
Cardiopulmonary Rehabilitation
Complementary - Alternative Medicine
▾ More

Member Councils

Central Nervous Systems Rehabilitation
General and Medical Rehabilitation
Musculoskeletal Medicine
Pain Medicine/
Neuromuscular Medicine
Pediatric Rehabilitation/
Developmental Disabilities
▾ More

Practice and Career Topics

Career Development
Coding and Reimbursement
Practice Preparedness
Quality

Resident Resources

RESOURCE NAME	FORMAT	MEMBER PRICE	NONMEMBER PRICE
2016 SAE-R: Abridged Exam	Abridged SAE-R	\$0	\$0
2015 SAE-R: Abridged Exam	Abridged SAE-R	\$0	\$0
2014 SAE-R: Abridged Exam	Abridged SAE-R	\$0	\$0
2013 SAE-R: Abridged Exam	Abridged SAE-R	\$0	\$0
Certification Exam Prep Qbank	Question bank	\$249	\$449
Identifying the Right Practice Setting to Meet Your Goals	Video	\$25	\$125
2016 Annual Assembly Rewind for Residents	Audio	\$49	\$149

Checkout PM&R's largest job board, the AAPM&R Job and Fellowship Board at jobboard.aapmr.org!

Find job 🔍

STEP Ultrasound Certificate Program

STEP stands for Skills, Training, Evaluation, and Performance, and is a comprehensive educational program that offers extensive hands-on training, an online curriculum and post-test, and a one-on-one hands-on skills assessment. The program was designed *by* and *for* physiatrists, covering both musculoskeletal and neurologic applications of ultrasound.

What is a Certificate Program and Why is it so Important?

AAPM&R's STEP Ultrasound Certificate Program is focused on providing comprehensive competency-based training in specific skills; it is not a "certification" that is designed only to test knowledge. Participants move through a series of 3 steps, completing various program components to earn a Certificate of Completion.

Successful completion of this high-level, standardized program will build your confidence while clearly demonstrating to your patients, fellow health care professionals, employers, and the medical facilities you work with that you are a competent professional, expertly trained in the field of Ultrasound.

Pathway to Your STEP Ultrasound Certificate



- | | | |
|--|--|--|
| <input type="checkbox"/> Pre-Test | <input type="checkbox"/> Interval Test | <input type="checkbox"/> Online Post-test |
| <input type="checkbox"/> Online Activities | <input type="checkbox"/> Online Activities | <input type="checkbox"/> Hands-on Skills Assessment at the Annual Assembly |
| <input type="checkbox"/> On-site Course at the Annual Assembly | <input type="checkbox"/> On-site Course in Chicago | |

CME and MOC Credit

The STEP program offers up to 56 *AMA PRA Category 1 Credits*™.

- Fundamentals Course offers 17.75 *AMA PRA Category 1 Credits*™
- Interventional Course offers 16.25 *AMA PRA Category 1 Credits*™
- Online Curriculum offers 22 *AMA PRA Category 1 Credits*™

In addition, this program offers up to 34 Maintenance of Certification (MOC®) Part II Self-Assessment credits through the hands-on courses and online curriculum.

Visit www.aapmr.org/step to learn more and register for this exciting opportunity!



My Education (ME)

My Education (ME) is where you will find activities you are enrolled in and the tools you need to claim and manage your continuing medical education (CME) credits.

My Enrollments

My Enrollments is where you will find the educational activities that you have enrolled in and are in the process of completing. Once you have completed the activities, they will appear on the **My Transcript** tab.

My Enrollments

My Transcript

Enter non-AAPM&R Credits

My Transcript

My Transcript is where you can claim CME credit and find data for all educational activities that you have completed with AAPM&R in the last 10 years. The PDF of your transcript is sufficient documentation for proof of credit for a variety of organizations, including American Board of Physical Medicine and Rehabilitation (ABPMR), state licensure, the American Medical Association (AMA), and more.

My Enrollments

My Transcript

Enter non-AAPM&R Credits

To claim CME Credits: Click on [Claim](#). To print your transcript: Click on .

Enter non-AAPM&R Credits

Use this members-only service to stay organized and manage your CME history. This tab allows you to enter and add *AMA PRA Category 1 Credits*™ earned from other organizations to your transcript—making **mē**® your personal CME repository. AAPM&R automatically transfers CME activity data on a weekly basis, including non-AAPM&R credits entered, to the ABPMR. Just click [Add CME Activity](#) to get started.

My Enrollments

My Transcript

Enter non-AAPM&R Credits

Need more help?

Click on [Help](#) in the top right corner of me.aapmr.org or call AAPM&R customer service at (877) 227-6799.