

## STEP Interventional Spasticity Certificate Program Interventional Spasticity Management Applications Course

### Course Agenda

#### Day One

|                       |  |
|-----------------------|--|
| <b>7-8 am</b>         | <b>Registration/Breakfast Available</b>  |
| 8-8:15 am             | Welcome and Introduction   |
| 8:15-8:45 am          | Incidence and Presentation Based on Diagnosis  |
| 8:45-9:15 am          | Focal Interventional Treatment Considerations  |
| 9:15-10:15 am         | Hands-On Skills Training: Session 1  |
| <b>10:15-10:30 am</b> | <b>Break</b>   |
| 10:30-11:30 am        | Hands-On Skills Training: Session 2  |
| 11:30 am-12:30 pm     | Hands-On Skills Training: Session 3  |
| <b>12:30-1:30 pm</b>  | <b>Lunch</b>   |
| 1:30-2 pm             | Case-based Discussion: Diplegic Cerebral Palsy Leading to Lower Extremity Neurolysis |
| 2-3 pm                | Hands-On Skills Training: Session 4  |
| <b>3-3:15 pm</b>      | <b>Break</b>   |
| 3:15-4:15 pm          | Hands-On Skills Training: Session 5  |
| 4:15-5 pm             | Case-based Discussion: Spinal Cord Injury Paraplegia Leading to IBT                  |
| 5-5:15 pm             | Review of the Day – Q&A  |

#### Day Two

|                  |                                     |
|------------------|-------------------------------------|
| <b>7:15-8 am</b> | <b>Breakfast Available</b>          |
| 8-9 am           | Hands-On Skills Training: Session 6 |

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| 9-10 am              | Hands-On Skills Training: Session 7   |
| <b>10-10:15 am</b>   | <b>Break</b>  |
| 10:15-11:15 am       | Hands-On Skills Training: Session 8   |
| 11:15-11:45 am       | Case-based Discussion: Hemiplegic Stroke Leading to Upper Extremity Chemodeneration               |
| 11:45 am-12:15 pm    | Case-based Discussion: Multiple Sclerosis Quadriplegia Leading to Intrathecal Baclofen Disruption |
| <b>12:15-1:15 pm</b> | <b>Lunch</b>  |
| 1:15-3 pm            | Focused Skills Training Sessions  |
| <b>3-3:15 pm</b>     | <b>Break</b>  |
| 3:15-4:45 pm         | Focused Skills Training: Sessions (Continued)   |
| 4:45-5 pm            | Debriefing with Q&A   |

*\*Subject to change*