



STEP

skills | training | evaluation | performance

Step 2 - Online Curriculum Includes:

1. AMSSM Sports Ultrasound Videos (35 total) = 14.50 CME credits

- Introduction
 1. Introduction to Ultrasound Guided Procedures
 2. Principles of Sports US and Introduction to Scanning Techniques

- Upper Extremities Examinations
 1. Shoulder
 2. Anterior Elbow
 3. Lateral Elbow
 4. Posterior Elbow
 5. Medial Elbow
 6. Volar Wrist
 7. Dorsal Wrist
 8. Ulnar Wrist

- Lower Extremities Examinations
 1. Anterior Hip
 2. Lateral Hip
 3. Posterior Hip
 4. Medial Hip
 5. Anterior Knee
 6. Medial Knee
 7. Lateral Knee
 8. Posterior Knee
 9. Posterior Ankle
 10. Anterior Ankle
 11. Medial Ankle
 12. Lateral Ankle
 13. Plantar Foot

- Sports Ultrasound Pathologies
 1. Shoulder
 2. Elbow
 3. Wrist-Hand
 4. Hip
 5. Knee
 6. Ankle-Foot

- Ultrasound Guided Interventional Procedures
 1. Shoulder
 2. Elbow
 3. Wrist-Hand
 4. Hip
 5. Knee
 6. Ankle-Foot



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2. Neuromuscular Ultrasound Videos (22 total) = 6.25 CME credits

- Introduction
 1. Introduction
 2. Ultrasound Scanning Techniques
- Peripheral Nerve Ultrasound - Upper Extremities
 1. Brachial Plexus
 2. Axilla/Arm
 3. Elbow/Forearm
 4. Wrist/Hand
- Peripheral Nerve Ultrasound - Lower Extremities
 1. Abdomen/Pelvis/Hip/Thigh
 2. Knee/Leg
 3. Foot/Ankle
- Muscle Ultrasound - Head/Neck Muscles and Structures
 1. Neck Anterolateral
 2. Neck Posterior
 3. Head/Oromandibular Muscles and Structures
- Muscle Ultrasound - Upper Limb Muscles and Structures
 1. Shoulder Girdle Muscles
 2. Arm Muscles
 3. Forearm Muscles
 4. Hand
- Muscle Ultrasound - Lower Limb Muscles and Structures
 1. Hip/Thigh Anterior
 2. Hip Posterior
 3. Thigh Posterior
 4. Leg Anterior: Anteromedial/Anterolateral
 5. Leg/Calf Posterior
 6. Foot Volar and Dorsal

3. Ultrasound Coding and Billing Online Lecture = 0.75 CME credits

4. Ultrasound Case Log

- Using a provided template, document at least 25 ultrasound scans where you scanned patients in a practice setting or normal, particularly if you are following an exam protocol for practice
- Your case log will document:
 - The reason/goal for the scan (stating 'for practice' is acceptable)
 - What you scanned
 - What you found
 - Successes or difficulties encountered
 - How difficulties can be resolved