Verbal consent was obtained for the telemedicine visit, and the patient was informed that he/she is able to stop the telemedicine visit at any time.

The patient was informed that this visit is in place of an in-office visit and his/her insurance will be billed as an office visit and any normal copays will apply.

The patient agreed to proceed.

HIPAA consent already on file.

Total time of visit: minutes

Patient has chosen to have a telemedicine visit for his/her symptoms due to risk of COVID19.

**-Constitutional**: Healthy appearing, well developed, alert, in no acute distress

**-Eyes**: Conjunctiva clear, lids unremarkable, sclera anicteric

**-Ears, nose, mouth, and throat**: External inspection head, face, ears and nose identifies normal appearance without obvious deformity

**-Neck**: No asymmetry, no masses, trachea is midline, and normal overall appearance

**-Respiratory**: Respirations are even and unlabored

**-Musculoskeletal**: No cyanosis, clubbing or edema observed

**-Musculoskeletal**: Able to walk without assistance with normal gait pattern.

**-Musculoskeletal**: Inspection of the following identifies no gross deformity, misalignment or asymmetry:

-**head/neck**

**-spine**

**-ribs/pelvis**

**-right upper extremity**

**-left upper extremity**

**-right lower extremity**

**-left lower extremity**.

**-Musculoskeletal**: Assessment of range of motion of the followingidentifies no gross limitations:

-**head/neck**

**-spine**

**-ribs/pelvis**

**-right upper extremity**

**-left upper extremity**

**-right lower extremity**

**-left lower extremity**.

**-Skin**: Head and neck skin with no lesions or rash

**-Neurologic**: Cranial nerves 3-12 grossly intact.

**-Psychiatric**: Judgement and insight intact

The limitations of a telemedicine visit including inability to check reflexes, possibly missing subtle findings on physical examination, alternative options were presented to the patient and the patient elected to proceed with the visit.

We specifically discussed risk factors of COVID-19 including age > 60, heart or lung disease, diabetes, immunosuppression and travel. We also discussed that NSAIDs may mask or worsen COVID19 infection symptoms. Patient was also informed that corticosteroids in any form will decrease immune response and may increase risk of infection.