



PM&R Physicians are Leaders

AAPM&R is your community of 10,000+ PM&R physicians who are helping advance the specialty and each individual physiatrist forward. It's the place for residents, young physiatrists starting their careers, mid-career and experienced physiatrists—leaders and future leaders. We are here for you throughout your physiatry journey, from medical school to retirement. Our community is making a difference in PM&R's bright future and giving back to the specialty.

Continue these efforts by renewing your 2022 AAPM&R membership. We need your support, engagement and leadership for a successful future. Learn more at aapmr.org/2021report and renew today at aapmr.org/renew.

aapm&r

American Academy of
Physical Medicine and Rehabilitation

PHYSIATRISTS ARE BOLDLY Leading the Specialty

PM&R BOLD started as a discussion among the specialty in the summer of 2016. The very first question we asked was, “What do physiatric practice models look like in the future?”

Since then, we developed a collective vision for the specialty, implemented an infrastructure to help us get there and engaged a community of physicians committed to creating a future where physiatrists are recognized as essential medical experts, indispensable leaders and vital early and throughout the continuum of patient care. Together, we are putting our plans into action to make the vision a reality.

Our BOLD Vision for Physiatry:

Physiatrists are the **essential** medical experts in value-based **evaluation, diagnosis and management** of neuromusculoskeletal and disabling conditions.

Physiatrists are **indispensable** leaders in **directing rehabilitation and recovery**, and in preventing injury and disease.

Physiatrists are **vital** in optimizing outcomes and function **early and throughout the continuum of patient care**.

With this vision in place, we brought groups of physiatrists together starting in 2017 to detail how it can transform the different practice areas across the specialty. We have completed this process with **five practice areas** resulting in envisioned futures and strategic plans:

- ✓ Cancer Rehabilitation Medicine
- ✓ Musculoskeletal Care
- ✓ Pain Management and Spine Rehabilitation
- ✓ Pediatric Rehabilitation Medicine
- ✓ Rehabilitation Care Continuum

This takes a vision for the very diverse specialty and brings it to the practical. How does this look in your practice area? What needs to be addressed for this to be possible for physiatrists across the country? The volunteer-driven strategic plans highlight the path toward the future.

To drive this work forward, we built an infrastructure of support. We launched a steering committee made up of members from our Board of Governors and leaders representing each practice area. Beyond this core group, there is coordination across our volunteer committees and efforts.



Deborah Venesy, MD, FAAPMR
2022 AAPM&R President/
2021 BOLD Steering Committee Chair

“What is PM&R BOLD? PM&R BOLD is our strategic plan in motion to advance our specialty by communicating the unique value physiatrists bring to patient care and healthcare broadly. BOLD is how we think about the mission of our Academy. BOLD is how we think about advocacy efforts. BOLD is how we think about driving patient outcomes. BOLD is how we think about our involvement in the evolving healthcare landscape. And BOLD is how we think about our members—navigating the challenges of medicine at this time of incredible need.”

Find More Annual Report Content Online

To read additional updates from 2021 and what we have planned for 2022, visit aapmr.org/2021report. You'll find:

- ✓ 2021 AAPM&R President Dr. Stuart Weinstein's Presidential Address
- ✓ Our 2021 AAPM&R Award Recipients
- ✓ The 2021 Business Meeting Recording
- ✓ The Report of the Executive Director and Chief Executive Officer
- ✓ A Variety of 2021 Annual Assembly Advocacy Sessions
- ✓ And More!



With the steering committee and resources in place, we have been identifying the boulders the specialty faces and working to break those down. In 2021, we have been:

✓ Preparing the Next Generation of PM&R Physicians

- ✓ Worked with our tri-organizational workgroup with the American Board of Physical Medicine and Rehabilitation and the Association of Academic Physiatrists to look at the core curriculum for physiatrists as well as workgroups to dive deep into the core and specialized training for physiatrists entering musculoskeletal care and cancer rehabilitation medicine. This workgroup finalized the curriculum for both areas and in 2022, we will work to socialize these invaluable materials.
- ✓ Worked with the Physiatrist in Training Council and ambassadors to ensure all physiatrists in training have the resources and support they need at the start of their careers.

✓ Addressing Workforce

- ✓ Worked with pediatric rehabilitation medicine volunteers to identify pathways to increase access to subspecialty certified PRM physiatrists.
- ✓ Pushed advocacy efforts forward to alleviate the national physician shortage by creating campaigns to encourage Congress to support the Resident Physician Shortage Reduction Act of 2021, which gradually provides 14,000 new Medicare-supported GME positions.

✓ Positioning PM&R

- ✓ Published the “PM&R BOLD: A closer look at the American Academy of Physical Medicine and Rehabilitation’s strategic initiative to envision – and effectuate – the future of musculoskeletal care” paper in the May issue of the *PM&R Journal*. This paper takes a closer look at the MSK envisioned future to illuminate how and why it was developed, the opportunities it presents for PM&R physicians and the strategic work needed to support the specialty’s progress toward the vision.
- We are working to develop papers in our other practice areas. In early 2022, look for the rehabilitation care continuum paper!

- ✓ Launched the PM&R BOLD Dialogues, a series of conversations that help illustrate the envisioned futures across our five practice areas. We held our first one in October focused on the musculoskeletal paper, and we had a great conversation where Christopher McMullen, MD, FAAPMR and Nina Maisterra, MD, discussed what their partnership between primary care and PM&R is like in their office. Look for additional dialogues in 2022.

- ✓ Worked on a national level to highlight the rehabilitation needs of patients suffering from Long COVID and why PM&R physicians are the team leaders in this area.

- ✓ Established new relationships across medical specialties to bring PM&R into the conversation.

✓ Harnessing Data to Support the Transformation of the Specialty

- ✓ Worked heavily on our AAPM&R Registry, which is the vehicle to expand the impact of physiatric treatment across the care continuum. The Registry provides the opportunity to study and quantify the most effective treatments and outcomes for your patients.
- ✓ Participation in the Registry is essential as it aligns with the shift to value-based care by providing members access to aggregate data to inform reimbursement and payment decisions within their practices/institutions via robust benchmarking and reporting mechanisms.

In the past (almost) two years, we have seen a number of physiatrists working in so many different ways due to the COVID-19 pandemic. You are doing what PM&R naturally does best – leading a multidisciplinary team and sharing your expertise across the care continuum. You are BOLDLY leading the specialty!

PM&R BOLD represents the work of hundreds of volunteers and thousands of physiatrists’ input to determine and actualize the specialty’s future. **Taking an active role in your Academy and your specialty is critical to claiming this future.**

While the Academy can and is tackling some of the larger boulders the specialty faces, each individual member must also look at their own setting and determine how to become an essential medical expert, indispensable leader and vital early and throughout the continuum of patient care. For you, it will start with your practice, your system and your community. We are here to support you in this journey!

Visit aapmr.org/BOLD to learn more about our efforts and how you can get involved.

PHYSIATRISTS ARE Leading Long COVID Rehabilitation



COVID-19 has impacted the world in ways never imagined. 2021 has had its ups and downs and yet, we've had one constant...YOU. Through the opportunities and challenges of the past nearly two years, we have witnessed this PM&R community unite for your patients, communities, families, friends and the specialty. YOU are stepping up and helping lead PM&R in the face of uncertainty and change.

While being virtual for almost two years, AAPM&R has continued to lead the advancement of the specialty and support this special PM&R community.

In March 2021, we called on President Biden and Congress to gear up for the next coronavirus crisis, by preparing and implementing a comprehensive national plan focused on the needs of millions of individuals suffering from the long-term symptoms of COVID-19, also known as Long COVID or Post-Acute Sequelae of SARS-CoV-2 infection (PASC).

Our call to action included:

- ✓ Resources to support necessary rehabilitation care infrastructure to address the needs of individuals with Long COVID, including support for multidisciplinary Long COVID clinics and local health systems.
- ✓ Equitable access to care for all individuals affected by Long COVID, including access to safety-net care such as disability evaluations, protections and benefits.
- ✓ Continued funding for research that advances a fundamental understanding of Long COVID and rapid dissemination of best practices to mitigate its effects.

Since our initial call to action announcement, we have focused on pushing this forward and bringing more voices into the conversation. Our efforts included:

- ✓ **Crafted an advocacy sign-on statement**, which was shared with federal offices to demonstrate the vast support for the Long COVID national crisis plan. We've received more than 80 signatures on the letter.
- ✓ **Created a Multi-Disciplinary PASC Collaborative of experts** who have been hard at work developing clinical guidance to improve quality-of-care, formal education and resources to improve experience-of-care and health equity as well as clinical infrastructure guidance.
 - ✓ 30+ Post COVID clinics from across the country are participants in this collaborative, which includes practitioners from multiple medical specialties and healthcare disciplines, as well as federal representation and patient organization representation.
 - ✓ We worked with this collaborative to publish the first Long COVID guidance statement on fatigue. This statement is published in the September *PM&R* Journal and is intended to help physicians make clinical decisions concerning treatment of PASC.
 - ✓ Connected with the Centers for Disease Control and Prevention (CDC) to have three of our collaborative leaders, Benjamin Abramoff, MD, MS, FAAPMR; Joseph Herrera, DO, FAAPMR and Monica Verduzco-Gutierrez, MD, FAAPMR, present the fatigue guidance statement during their Clinician Outreach and Communication Activity (COCA) call on September 30.
 - ✓ Published two additional guidance statements in December on breathing discomfort and cognitive symptoms.
 - ✓ We're also working with the collaborative on future guidance statements, including cardiac and autonomic issues, neuropsychology and pediatrics. These statements will be published on a rolling basis.



Stuart Weinstein, MD, FAAPMR
2021 AAPM&R President

"PM&R physicians are uniquely qualified to help guide the interdisciplinary effort needed to develop a plan for this Long COVID crisis. Our training and expertise have already prepared us to treat the types of problems that these patients are experiencing. As a specialty, physiatrists are well known as team leaders and problem solvers. We see the whole patient AND understand the entirety of the rehabilitation ecosystem. PM&R physicians are exactly what this crisis needs."

- ✓ **Released the first Long COVID dashboard at pascdashboard.aapmr.org**, which shows how many millions of Americans are estimated to be experiencing Long COVID symptoms by state, county and nationally. The dashboard is an important tool to help estimate and assess the growing population of people with Long COVID and help hospitals, clinics and healthcare professionals across the country prepare and plan for their care.
- ✓ **Created a COVID-19 white paper series available in the *PM&R* Journal**, which highlights the critical role that physiatry has played in the COVID-19 pandemic and clearly identifies how physiatry is well poised to not only respond to this pandemic and to an ever-changing healthcare system, but to lead the way to a better model of healthcare delivery in the future.
- ✓ **Collaborated with Rep. Mike Doyle's (D-PA) office to lead a Congressional letter to President Biden**, urging him to develop and implement a comprehensive national plan to address the needs of individuals with Long COVID.
- ✓ **Met with several organizations**, including the White House Domestic Policy Council, where we advocated for a national plan to help each PASC patient get access to the multidisciplinary care they need to reach their highest levels of recovery, including access to disability benefits. In addition, we provided testimony and comments to federal offices.



In addition to our efforts, we have also seen significant press coverage for PM&R physicians in the news regarding their role as an expert in Long COVID.

Looking ahead, the Specialty Brand Expansion committee led by Andre Panagos, MD, FAAPMR, is working to build on this momentum and propel PM&R forward in increasing its recognition of value in healthcare with key decision makers.



Learn more about our efforts at aapmr.org/longcovid and share our call to action with your colleagues and community.

THANK YOU to our 600+ volunteers who are dedicated to helping move physiatry forward! You are playing an invaluable role in leading the specialty, our Academy and your patients. We can't do this work without you – thank you!



Benjamin Abramoff, MD, MS, FAAPMR
AAPM&R's PASC Collaborative Co-Chair

"The guidance statements are consensus based approaches to the assessment and treatment of PASC. The recommendations attempt to define practices that meet the needs of most patients. Developing these guidance statements was a true team effort and we feel it's a great start in getting information out to physicians everywhere who may be seeing patients with PASC now and in the coming months. We need clinicians across the country to be able to effectively evaluate and manage patients with PASC in order to ensure equitable access to care for each of the millions of people suffering."

Leading PM&R Through Healthcare Changes

Over the years, AAPM&R has worked to influence PM&R's trajectory in healthcare to advance the future of the specialty. In 2021, we have continued to tirelessly advocate on behalf of physiatry to position PM&R physicians as essential leaders across the healthcare continuum. Explore our 2021 priority areas and accomplishments below – and THANK YOU to our member volunteers who helped make these happen!

Positioning Physiatry at the Forefront of Key Health Policy and Reimbursement Debates

- ✔ Successfully campaigned for the American Medical Association's (AMA) Relative Value Scale Update Committee (RUC) to vote to **create a permanent RUC seat for PM&R**, giving us a formal voice in RUC deliberations. Academy member and RPRC chair, Matthew Grierson, MD, FAAPMR was appointed the PM&R RUC member, with alternate member Clarice Sinn, DO, FAAPMR.
- ✔ **Advocated for appropriate coding and reimbursement on behalf of physiatry** at meetings of the AMA Current Procedural Terminology Panel and the AMA RUC.
- ✔ Advanced dialogue in joint meetings with representatives from AMA, the Centers for Medicare & Medicaid Innovation (CMMI) and several other specialty societies regarding payment model improvements.
- ✔ **Promoted the value of PM&R and represented patients' needs** in meetings with officials in numerous federal offices and agencies including the White House Domestic Policy Council, CMS, CDC, FDA, CMMI, CARF, Joint Commission and MedPAC.
- ✔ **Successfully advocated for the passage of two AMA House of Delegates resolutions** regarding Increased Funding, Research and Education for Post Viral Syndromes and Preventing Medicare Advantage Plans from Limiting Care.

Influencing State and Federal Legislative and Regulatory Policy

- ✔ **Successfully expanded the AAPM&R Hill Day** to meet with more than 50 Congressional offices, twice as many as previous in-person meetings, to discuss our Long COVID call to action; reducing physiatry's burden by streamlining prior authorization and improving flexibility in the IRF three-hour rule; and increasing patient access to rehabilitation by supporting telehealth expansion and delaying the implementation of PAC reform.
- ✔ Disseminated AAPM&R's Principles for a Medicare Unified Post-Acute Care Payment System to relevant stakeholders including MedPAC.
- ✔ Successfully advanced the re-introduction of the *Resident Physician Shortage Reduction Act and the Coronavirus Provider Protection Act*.
- ✔ Met with CMS' Chief Medical Officer to discuss quality of care in IRFs and scope of practice concerns, **waiving the 60% rule in IRFs and CMS' proposed post-acute care goals in 2021**.
- ✔ **Submitted more than 60 comment letters** to national organizations on various health policy, scope of practice, quality, regulatory and reimbursement topics including our annual letters to CMS on the proposed Physician Fee Schedule and IRF Prospective Payment System.
- ✔ **Successfully advocated for delayed cuts** to the 2022 Medicare physician payment by advocating for enactment of the *Protecting Medicare and American Farmers from Sequester Cuts Act*. Thank you to the 208 physiatrists who supported our advocacy efforts by participating in a grassroots letter writing campaign to their members of Congress.

Advancing Quality Improvement and Rehabilitation Research Initiatives

- ✔ **Assisted 40 Academy leaders in securing positions** on national technical expert panels, writing groups and quality measure and guideline development panels via our Quality Liaison process.
- ✔ Advanced intersectionality and included people with disabilities in equity issues in rehabilitation research.



Clarice Sinn, DO, FAAPMR
AAPM&R RUC Alternate Member

"This is a historic moment for the field of physiatry. It puts physiatry at the forefront of physician reimbursement. Our colleagues on the RUC see the value physiatrists bring to the table in giving us a permanent RUC seat. It is important for our voices to be heard when discussing values for CPT codes, as it ultimately affects how our members will get reimbursed. We may be a smaller community when compared to other specialties, but our opinions matter!"

Fighting Scope of Practice Battles

- ✔ **Released "Call to Action" campaigns** for members in various states to oppose state legislation seeking to expand the scope of practice for nurse practitioners and physician assistants by eliminating collaborative agreements with practicing physicians. The bills were successfully defeated in New York and Louisiana.
- ✔ **Published a new scope of practice resource**, a "Comparison of U.S. Education and Training for Physiatrists and Other Healthcare Providers" for members to use as a resource in their local advocacy efforts.

Minimizing Barriers to Care and Burdensome Administrative Requirements

- ✔ Successfully supported the re-introduction and advancement of the *Seniors' Timely Access to Care Act*, which would streamline the prior authorization process for outpatient procedures and inpatient care.
- ✔ Advocated to reform prior authorization by addressing the lack of transparency with plans using proprietary guidelines, the flaws of the "peer-to-peer" system and decreasing response time from plans conducting authorizations.
- ✔ Advanced the introduction of the *Improving Access to Medicare Coverage Act*, which would require counting outpatient observation days in hospital beds toward the coverage for SNFs.

Preparing Physiatrists for the Future with Cutting-Edge Resources

- ✔ **Convened a Telehealth Innovations Workgroup** to explore opportunities for physiatrists.
- ✔ Updated several AAPM&R position statements on topics including *Expert Witness Testimony and Fraud and Abuse*.

What Are We Working On in 2022?

- ✔ **Working to reduce physiatrist burden** in all practice settings by advocating for reforms to onerous insurance coverage criteria, prior authorization hassles and to the appropriate use criteria program.
- ✔ Identifying and advocating for physiatry's value in alternative payment models.
- ✔ Introducing, proactively monitoring and actively advocating for state and federal legislation relevant to PM&R physicians and their patients.
- ✔ **Further expanding physiatry's reach** on Capitol Hill through AAPM&R Hill Days.
- ✔ Convening stakeholders to establish consensus definitions for the qualifications of rehabilitation physicians and medical directors in IRFs.
- ✔ Advocating for telehealth reimbursement and developing a white paper addressing telehealth innovations in physiatry and a range of practical telehealth educational resources for members.
- ✔ And much more!



Learn how you can get involved at aapmr.org/advocacy.

AAPM&R's Registry Works to Improve Patient Care

Decision-making demands data – factual evidence that your skills and services are deserving of a patient's patronage, an institution's referral, or a payer's reimbursement. The accurate documentation of rehabilitation through data is an effort that will involve all of physiatry, together, and it starts with AAPM&R's Registry.

Our Registry is a single repository of data that is working to aid the specialty by guiding efforts to reduce burnout, defend scope of practice, demonstrate value and provide data to improve patient care. The Registry's success will come from harnessing traditional EMR data with patient-reported outcomes data.

Participating in AAPM&R's Registry allows you to:

- ✔ Benchmark your practice
- ✔ Improve patient care
- ✔ Manage patient populations
- ✔ Join a community of quality improvement

Our Registry is launching two data collection programs centered on ischemic stroke and low back pain conditions and will expand to other PM&R clinical areas.

We would like to thank the following participating sites for being early adopters of the Registry:



Learn more and get your institution involved at aapmr.org/registry.

Uniting to Lead Initiatives for the Success of PM&R

In 2021, we have worked to create opportunities for you to come together with your PM&R community. We have seen you unite with your peers for support, advice, camaraderie and more. The unity you have shown is so vital to the success of PM&R's future. YOU are the heart of the Academy and working together is how we will continue to advocate for all physiatrists and your patients.

Advancing Diversity and Inclusion

In the past several years, AAPM&R's Board of Governors identified strengths and gaps in our organization and committed to building and strengthening efforts to form a new, unified diversity and inclusion plan. Since then, we have focused on inclusion and continue to do so as we advance forward on our journey. We are working to make positive changes for physiatrists, your patients and the future of the specialty.

- ✓ In April 2021, we **received Association Forum's Welcoming Environment® Organizational Award**, which is given to an association that has demonstrated exemplary outcomes in providing an inclusive and welcoming environment and culture.
- ✓ **We were selected to participate in Equity Matters™**, a joint initiative of the Accreditation Council for Graduate Medical Education and the Council of Medical Specialty Societies, to drive measurable improvements in equity by increasing physician workforce diversity and creating clinical and learning environments that are safe, inclusive and equitable.
 - ✓ As an inaugural participant, AAPM&R serves as one of 42 learning community cohorts charged with addressing DEI challenges and barriers at multiple levels with the end-goal of creating a capstone project that will identify, analyze and provide actionable solutions to address the root causes of inequity in the PM&R specialty.
- ✓ We **continued our critical conversations series**, which is a series of thoughtful, virtual discussions on racial equity, access and inclusion in today's world.
- ✓ We continued to **implement our Principles of Inclusion and Engagement** to ensure that the Academy's strategic focus on diversity and inclusion crosses every area of the organization.

Our 2022 Priorities Include:

- ✓ We will participate in the next Welcoming Environment® survey.
- ✓ The Inclusion and Engagement Committee will lead efforts to create a demographic data dashboard.
- ✓ We are exploring new ways to involve and support members, so stay tuned.



Carla Watson, MD, FAAPMR
AAPM&R's Inclusion and Engagement Committee Chair

"Our Academy has been intentional and persistent in its commitment to diversity, equity and inclusion. Champions begin where average quits. So we continue to persevere in this work."



Our inaugural D&I Committee (2019)



Dr. Watson accepting our Welcoming Environment® Organizational Award in August 2021



AAPM&R volunteers working hard during a committee meeting

Collaboration is What We Do

- ✓ We offer 40+ Member Communities, which allow you to connect with your peers across the country in clinical-, practice- and identity-focused communities. Our Member Communities offer online discussion groups on PhyzForum, virtual meetings and networking throughout the year as well as targeted education during our Annual Assembly, also known as Community Sessions. You can join as many communities as you wish – and you can even create your own. Learn more at aapmr.org/membercommunities.
- ✓ In December 2021, leaders from each Member Community gathered online for the Assembly of Delegates. We hold this event each year to discuss and provide input on a critical topic for the PM&R specialty. Community leaders serve as our diverse focus group to ensure that a variety of membership perspectives are provided. Thank you to these volunteers!
- ✓ We continued hosting our virtual town halls with the Board of Governors, which gave members an opportunity to connect online with the Board to ask questions and share your perspectives, experiences and challenges.

Reimagining Our Future Through Technology and Science

Thank you to all of our attendees for joining us at the 2021 AAPM&R Annual Assembly! Our Assembly is an event like no other. We're the largest gathering of physiatrists and we enjoyed reconnecting with you and celebrating the advances each of you have made. More than 2,500 attendees joined us and took home new PM&R learnings, connected online with friends and colleagues, celebrated Psychiatry Day and reinvigorated their passion for our specialty.

We kicked off the meeting with our pre-Assembly events throughout the early fall with the Medical Student Program, Quiz Bowl, Virtual Town Hall and 30+ Community Sessions. In November, attendees enjoyed non-stop education and virtual networking, including more than 70 clinical and practice symposia, four inspiring plenaries, Job and Fellowship Fair, PM&R Pavilion and even a little magic! Thanks to all of you for sharing your wealth of knowledge and motivating each other to reach new heights.

The Annual Assembly is a success because of you! Our Program Planning Committee, faculty and attendees help make this the best annual meeting for PM&R – thank you!

Save the Date for #AAPMR22

We hope to see you next year for our 2022 Annual Assembly, being held October 20-23 in Baltimore, Maryland and online.

We are now seeking your session proposals and research abstracts for #AAPMR22. Our theme is *Leading the Way*. Explore the opportunities below and share your expertise:

- ✓ Session Proposals—submit by January 19
- ✓ Research Abstracts—submit by March 2



Sarah Hwang, MD, FAAPMR
AAPM&R's Program Planning Committee Chair-Elect

"2021 was the best Annual Assembly to date! The sessions covered many new and timely topics and even explored difficult to treat diagnoses. There was a great mix of seasoned speakers that I always enjoy learning from as well as new speakers that I hope to see again in the future. Although the Annual Assembly was virtual this year, the platform provided unique opportunities for participants to connect, which was truly the highlight of the conference. Looking forward to seeing everyone there next year in Baltimore!"



Visit aapmr.org/assembly for the latest updates.

Vital Education to Support Your Growing Career

AAPM&R is transforming its educational portfolio to best support YOU. Our education, training and resources span a variety of mediums to give you the education you want, how you want it and when you want it. A combination of online education, virtual courses and live events keep you on the cusp of healthcare changes and medical advances, supporting you in your pursuit of ongoing education, and practice and career advancement. From coding resources to hands-on training to leadership development, you can find resources that address all aspects of medical professionalism.

Online Learning Portal

As part of your AAPM&R membership, you can access complimentary and deeply-discounted PM&R education to advance your career and position yourself for success in today's ever-changing healthcare landscape. It's all available in our Online Learning Portal! Log in at onlinelearning.aapmr.org to get started.

Add an Online Education Subscription for 24/7 Access to 80+ Products

When you add an education subscription to your annual membership, you'll receive non-stop access to 80+ products housed in our Online Learning Portal, offering 85+ CME, including instructional videos, podcasts, case studies, focused review courses, webinar recordings and more!

Pricing

- ✔ **AAPM&R Members:** \$150 (or \$50 for resident members). Your subscription lasts through your annual membership cycle. Learn more and order today at aapmr.org/educationsubscription.
- ✔ **Nonmembers:** The online education subscription is not available for nonmembers. A 2022 AAPM&R membership is required to receive access to the subscription. Call us at (847) 737-6000 to join.

Complimentary Webinars

- ✔ **National Grand Rounds:** Our webinar series connects physiatrists of all specializations for stimulating discussions on topics that represent the intellectual, practical and/or spiritual aspects of the specialty.
 - ✔ In 2021, we held webinars on disability in medical education, PM&R's role with combating Long COVID, addressing violence toward physicians treating chronic pain and more.
- ✔ **Education from our Member Communities:** Join your Member Community for education tailored specifically to your community's unique needs and challenges by your community leaders.

Virtual Courses Discounted for Members

- ✔ **Spotlight Series:** These mini conferences focus on targeted clinical or practice topics, to help you navigate and succeed in the changing healthcare environment. Hear from experts during these sessions, which are 2-3 hours in length.
 - ✔ In 2021, we discussed the kinetic chain, disorder of consciousness practice guidelines and negotiation/non-clinical career choices.
- ✔ **Early-Career Course:** This unique event held each spring helps physiatrists in-training and newly graduated physiatrists navigate their career paths. We touch upon topics that aren't typically taught in residency, including resume-building strategies, job search advice, interview techniques, contract negotiations and managing personal finances.
- ✔ **Department Chairs Summit:** These invite-only conferences bring PM&R department chairs and division chiefs together to openly discuss the challenges they face and share strategies for success.

Now Available on iOS and Android!

Download our mobile app, AAPM&R Learn, to access the Online Learning Portal on-the-go.



Kayla Williams, MD
2021-2022 Physiatrist in Training Council Board Member

"AAPM&R is built on the contributions of its members, which means you (yes, you) are necessary to sustain the vitality of the Academy. This is accomplished through volunteering your time and knowledge to advance research, education and brand expansion within the field of PM&R. Your volunteerism expands the capacity for service and impact of AAPM&R while simultaneously providing experiences and skills that will be useful as you continue through your own journey in physiatry. I encourage you to get involved with us. Your collaboration helps to expand the impact of our care, individually and as a field, both now and in the future."

In-Person Education Returning in 2022

Our live events and courses allow for continuous engagement and hands-on learning across subspecialties. Check out our current offerings online and register for what interests you.



Mark your calendars and join your peers for PM&R education at its best. Learn more at aapmr.org/education.

Your Success is Our Specialty

AAPM&R tirelessly works to provide resources to members to ensure your practices and careers are strong—taking care of you while you take care of your patients. In 2021, we continued to prioritize your practice and career advancement to position physiatrists for success in the future.

Tools to Position PM&R in Alignment with Our BOLD Vision

Our Specialty Brand Expansion (SBE) Committee was developed to help plan and coordinate AAPM&R's initiatives to fulfill goals related to advancing awareness, appreciation and value of physiatry with key stakeholders outside of PM&R. In 2021, SBE members have been working to create a "Positioning PM&R in Alignment with the Vision Toolkit" that will help Academy members pitch the value of PM&R in alignment with our BOLD vision to our target audiences—primary care and hospital administrators. Look for this toolkit in early 2022.

Additional Grassroots Marketing Support for Physiatrists

PM&R Knowledge NOW® is a resource for physicians and patients providing an overview of conditions and treatments in the PM&R specialty. Currently offering 300+ topics to explore, this is a valuable resource to demonstrate to other healthcare providers why and when to utilize a physiatrist. You can even use this as a tool to teach residents and medical students! Visit now.aapmr.org to learn more.

Helping Early-Career Physiatrists Lead Their Way to Success

- ✔ Early-career physiatrists face unique challenges as they navigate new work responsibilities and juggle work-life balance. To help with this, we offer the **early-career pathways** as a unique membership option for those graduating from residency and fellowship. With these pathways, early-career members receive a variety of benefits during these transitions and even an opportunity to **earn a complimentary Annual Assembly registration** with continuous membership! Learn more at aapmr.org/earlycareer.
- ✔ We also offer an **annual spring course designed just for early-career physiatrists**. In March 2021, we held this unique virtual course and discussed resume-building strategies, job search advice, interview techniques, contract negotiations and managing personal finances. We also discussed fellowship and non-fellowship career options, as well as private practice, academic and non-clinical career options. In 2022, we will be holding this course again! Stay tuned to aapmr.org/earlycareercourse for details.

Career Resources to Position You for Success

- ✔ **Job and Fellowship Board**—Use this online resource to post your CV, search for positions, or advertise positions that you need to fill. New positions are regularly added!
- ✔ **Job and Fellowship Fair**—Our Job Fair is the ONLY PM&R-specific recruiting event in the country that brings hundreds of physiatrists together! We held the Job Fair virtually in 2021 where attendees enjoyed networking with more than 50 institutions and practices across the country. Mark your calendar for the 2022 Job Fair, held on October 19 in Baltimore, MD and online.



Andre Panagos, MD, FAAPMR
AAPM&R's Specialty Brand Expansion Committee Chair

"I'm excited for the opportunities this toolkit presents to physiatrists. Our goal in creating this is to serve as a resource for members to help show PM&R's expertise. As a specialty, we are investigators, team leaders and problem solvers. We see the whole patient and the whole picture of the rehabilitation ecosystem. As LEADERS of multidisciplinary teams, we want to partner with primary care and optimize the healthcare system. By rolling out this toolkit, we are continuing to position PM&R at the forefront and demonstrate our value."

Inspirational Member Stories from Your Peers

Since 2020, we have spoken to many members who worked on the COVID-19 frontlines, transitioned their practices and created new opportunities for themselves. Several of you have shared your stories with us – thank you! Take a look at some of these members below. Visit aapmr.org/memberstories to read all of these inspiring stories from your peers.



PGY2 Perspective

Alexandre Lavigne, MD



Takeaways from the Frontlines

Daniel Ryan, MD, FAAPMR



PM&R Across the Care Continuum in Action

Pablo Celnik, MD, FAAPMR



From PM&R Consults and EMGs to Treating COVID-19 Patients

Carla Watson, MD, FAAPMR



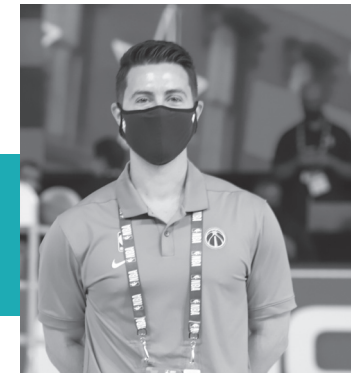
Hitting the Pavement During COVID-19

Michele Arnold, MD, FAAPMR



Representing for Team Physiatry

Melita Moore, MD, FAAPMR



Life in the (NBA) Bubble

Bryan Murtaugh, MD, FAAPMR



How PM&R Answers “What Comes Next?” with COVID-19

Julia Iafrate, DO, CAQSM, FAAPMR



Reflections in a Post-COVID Environment

Tony Lee, MD, FAAPMR



Innovation and Teamwork, the Backbone of Physiatric Care

Joseph Herrera, DO, FAAPMR



Looking to Physiatry’s Next Steps

Amy West, MD, FAAPMR



The Emotional Journey of COVID-19

Jonathan Whiteson, MD, FAAPMR



COVID-19 – Personal and Professional

Kimberly Heckert, MD, FAAPMR

Congratulations to Dr. Heckert as our 2021 Annual Assembly PhyzTalks winner! Thank you for sharing your story with our community! If you missed Dr. Heckert’s PhyzTalk, visit aapmr.org/phyztalks to view it.



If you have a story you’d like to share with your PM&R community, please email us at shareyourstory@aapmr.org. We would love to speak with you!

Visit aapmr.org/memberstories to hear from more of your PM&R colleagues.

“Don’t be afraid to look for and lean into opportunities. We’re proud of being physiatrists. We love our specialty and will defend it to the ends of the Earth ... We must be willing and open to meet the challenges of new opportunities that COVID-19 is presenting to us. I am a firm believer in that if you are being called to do something revolutionary, you’re going to be equipped.”

—Michele Arnold, MD, FAAPMR

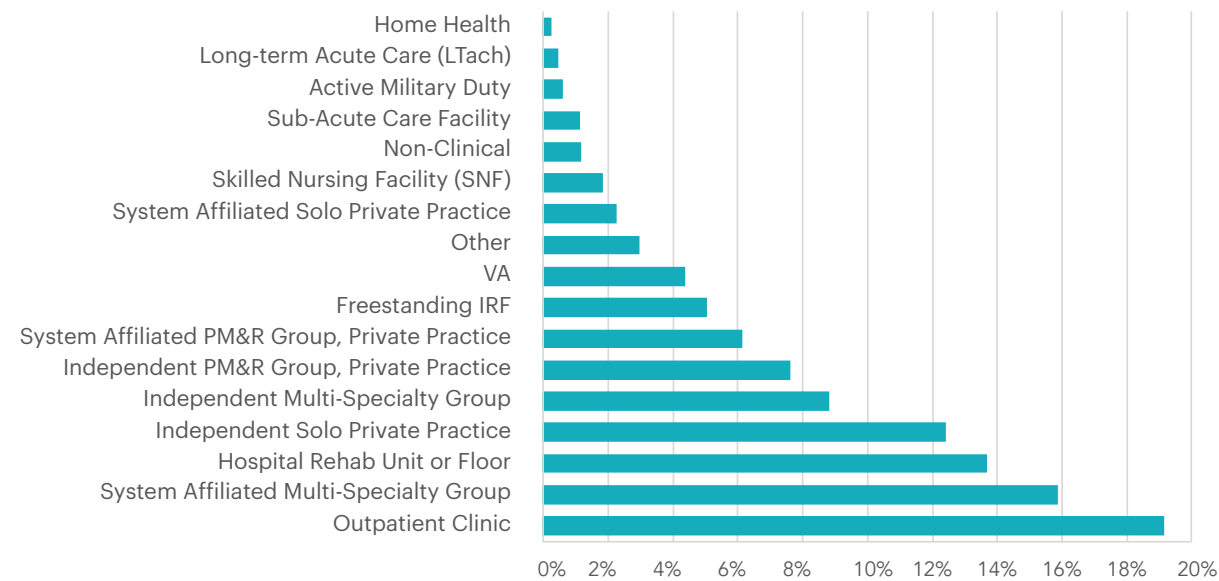
Member Insights

In early 2020 with the support of the AAPM&R Board of Governors, the Inclusion and Engagement Committee committed to understanding our members better and fostering an inclusive environment. Revised and new, optional demographic questions were added to the member profile in 2020, and members were encouraged to update their information.

This is the first summary offering insights into the AAPM&R membership based on self-reported profile information. Data is as of October 2021. Visit aapmr.org/memberinsights for more.

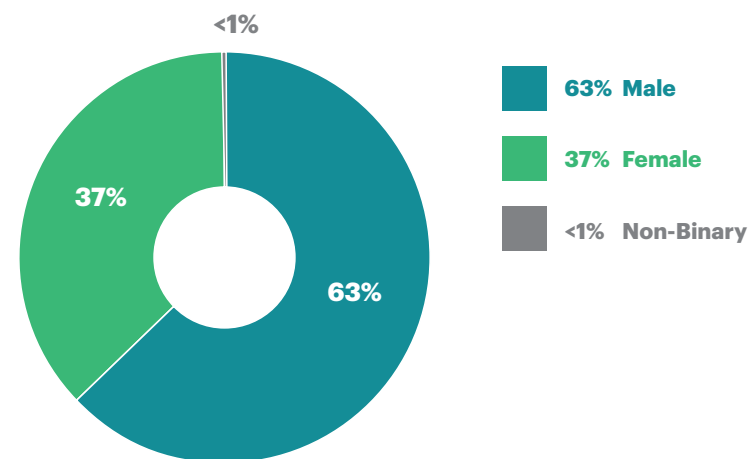
Primary Practice Setting

Of members who reported.



Gender Identity

Of members who reported.

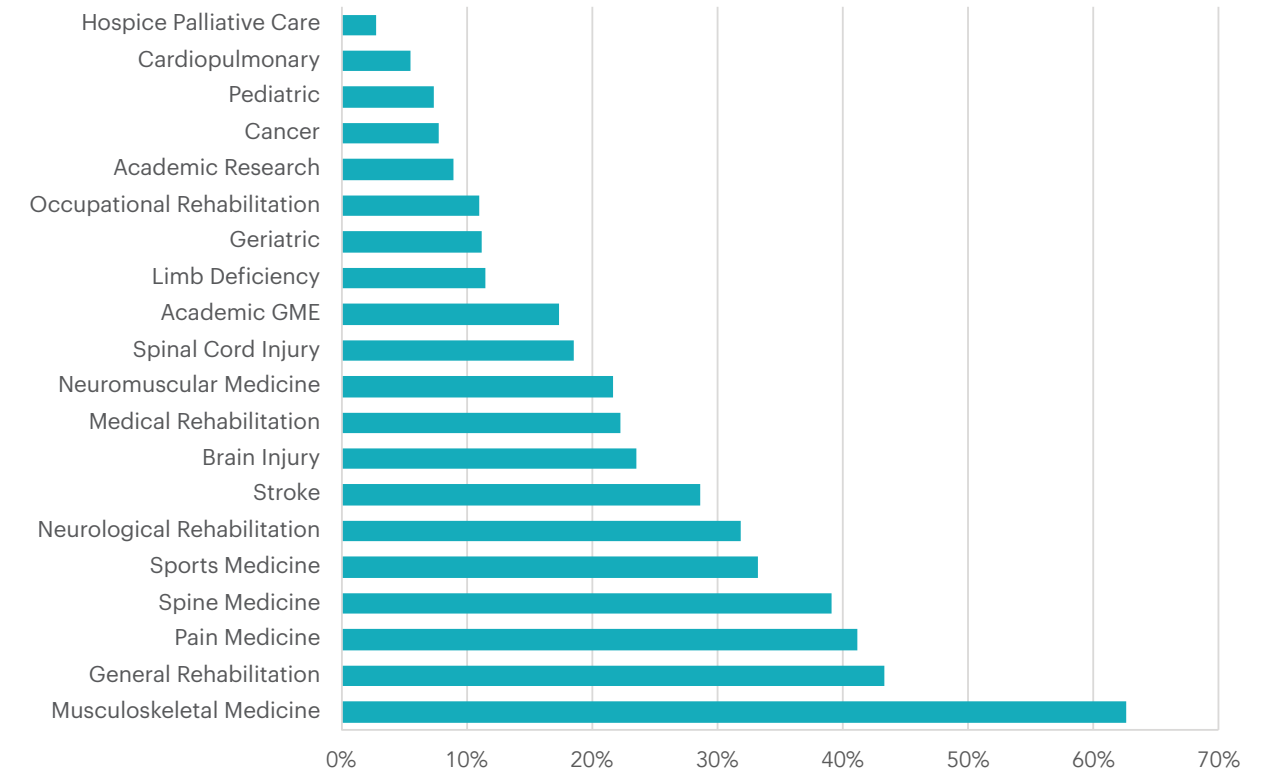


8% of members reported that they consider themselves to be a Gender or Sexual Minority

5% of members reported that they consider themselves to have a disability as defined by the Americans with Disabilities Act

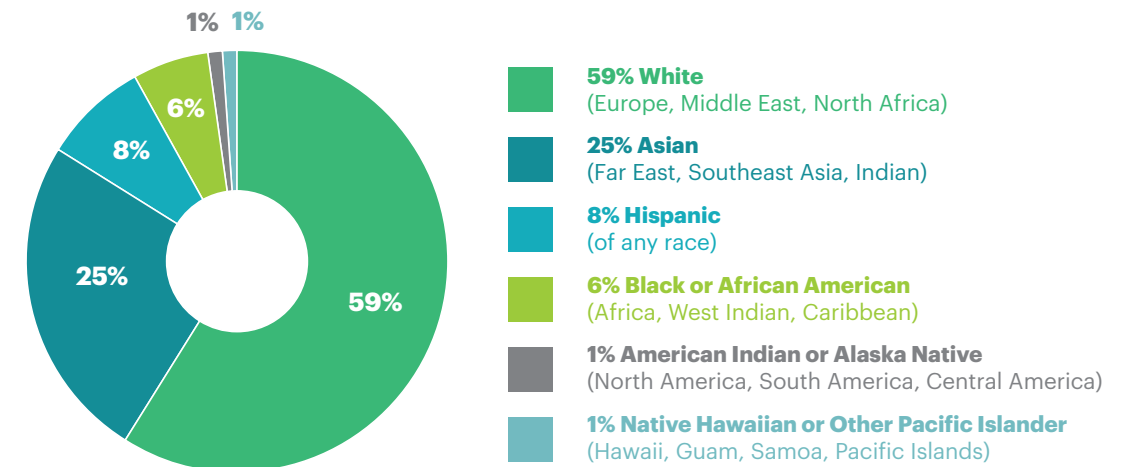
Clinical Practice Area

Of members who reported. Each member can select up to five areas based upon current patient population.



Race & Ethnicity

Of members who reported at least one race/ethnicity value. Members may select as many categories that apply.





American Academy of Physical Medicine and Rehabilitation

9700 W. Bryn Mawr Ave, Ste 200
Rosemont, IL 60018
www.aapmr.org

PHONE 847.737.6000
FAX 847.754.4368
info@aapmr.org

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Please reach out to our Member Services team at (847) 737-6000 or email info@aapmr.org with any questions you have.

Each one of you can make a difference in PM&R's future. It starts with renewing your membership and committing to help lead the specialty toward success. Let's work together to make our BOLD vision a reality and advance the specialty! Visit aapmr.org/membership to get started.

